# DEPARTMENT OF SERVICES FOR CHILDREN, YOUTH AND THEIR FAMILIES

# DIVISION OF FAMILY SERVICES Office of Child Care Licensing Statutory Authority: 29 Delaware Code, Chapter 3, Subchapter III (29 Del.C. Ch. 3, Subch. III) 9 DE Admin. Code 101

# PROPOSED

## PUBLIC NOTICE

#### 101 Rules for Early Care and Education and School-Age Centers

#### SUMMARY

The Office of Child Care Licensing (OCCL) proposes to amend the DELACARE Rules for Early Care and Education and School-Age Centers. A comprehensive review process was held in which all providers were asked to participate as part of the public hearing process for Executive Order 36 and a preliminary draft was created. The preliminary draft was posted on the OCCL website and comments were invited and received. Additional public comments were received from the Provider Advisory Board, from providers and stakeholders during a series of Task Force meetings, as well as written comments from other providers and stakeholders.

The proposed changes provide clarity, reflect changes in laws, align with current best practices, and improve standards of care. The revisions represent a consensus of participants including licensed providers and subject experts, and are based on best practice, a review of regulations promulgated by other States, research on subjects related to early care and education and school-age center care, internal OCCL review and discussion, and identified issues and services within existing programs within Delaware.

#### COMMENTS

Regulations published here are numbered in administrative code format. To facilitate the comparison of this new document to the current regulations and the location of information in the current regulations, in many instances a current rule number still appears in this document in parentheses regardless of whether the text has been edited or remains the same. (Example: Rules 102-104). Some current regulations have been eliminated and new information and regulations added. These referencing rule numbers will be eliminated in the next publication of these regulations in the *Register*.

Interested parties wishing to offer comments on the proposed regulations or submit written suggestions, data, briefs, or other materials concerning the proposed regulations must submit same to Elizabeth Timm, Office of Child Care Licensing, 1825 Faulkland Road, Wilmington, Delaware 19805 or by fax to 302-633-5112 by the close of business on July 31, 2014. Comments may also be offered at public meetings to be held in each county. Participants may attend any meeting. While the meetings begin at 6:00 p.m., participants may arrive at any time prior to the close of the meetings at 7:45 p.m. Time allotted to each speaker will be limited. The meetings will be held as follows:

New Castle County:	Tuesday, June 24, 2014, 6:00 – 7:45 p.m. Paul J. Sweeney Public Safety Building (also known as New Castle County Public Safety Building) 3601 N. DuPont Highway, New Castle, DE 19720
Sussex County:	Wednesday, July 9, 2014, 6:00 – 7:45 p.m. Thurman Adams State Service Center (also known as Georgetown State Service Center) 546 South Bedford Street, Georgetown, DE 19947
Kent County:	<b>Wednesday, July 16, 2014, 6:00 – 7:45 p.m.</b> DelDOT Administration Building, Farmington Room 800 Bay Road, Dover, DE 19903

### ADOPTION OF PROPOSED REGULATIONS

The action concerning the determination of whether to adopt the proposed regulations will be based upon staff analysis and the consideration of the comments and written materials filed by other interested persons.

# SUMMARY OF PROPOSED CHANGES

This listing of proposed changes to the regulations is intended as a guide and is not an all-inclusive listing of the changes made throughout the document.

- The words "requirement" or "rule" have been changed to "regulation," the terminology used in Administrative Code;
- Regulations have been reorganized;
- Wording has been simplified;
- Redundant regulations have been eliminated;
- · Definitions have been expanded;
- Informational regulations have been removed (and will be placed in a separate Guidance Manual);
- Charts suitable for positing by the provider have been created for simplicity and clarity of information;
- · Licensees are not required to supplement meals and snacks provided by families;
- Staff qualifications: acceptable education requirements and definition of qualifying experience have been broadened;
- · For several positions, the amount of experience required has been decreased; and
- A qualified intern may be alone with children in specific named situations.

#### **101 Day Care Centers**

#### INTRODUCTION

#### 1.0 Legal Base

The legal base for these licensing rules is in the Delaware Code, Title 31, Welfare, Part I, In General, Chapter 3, Child Welfare, Subchapter III, The Delaware Child Care Act, Subsections 341-345 and Title 29, State Government, Part VIII, Departments of Government, Chapter 90, Department Of Services For Children, Youth And Their Families, Subsection 9003 (7).

# 2.0 Purpose

The overall purpose of these rules is the protection and promotion of the health, safety, well-being, and positive development of children who receive services in early care and education and school age centers. These rules reflect the baseline or minimum standards that shall be expected in Delaware's licensed early care and education and school age centers. All licensed centers shall have the option to exceed the rules or standards set by the Office of Child Care Licensing.

### PART I. GENERAL PROVISIONS

### 3.0 Definition of Regulated Service

- 3.1 Early Care and Education and School Age Centers provide care, education, protection, supervision or guidance for thirteen (13) or more children, including children who are related to the operator. Service is provided on a regular basis for periods of less than twenty four (24) hours per day, unattended by parent or guardian, and for compensation. This definition shall include but is not limited to full and part time day care, child care, early care, early care and education, early childhood education, preschool, nursery school, extended care, extended day care, extended child care, independently operated kindergartens, before and/or after school care, school age center, school age care, out of school care, school's out care, school vacation/ holiday care and summer child care.
- 3.2 Early care and education and school-age Centers located at public or private schools that are operated by an agency or individual other than the public or private school entity shall be required to be licensed under these rules.
- 3.3 The following facilities that operate for less than twenty-four (24) hours per day shall be exempt from licensure under these rules:
  - 3.3.1 Camps permitted or exempted by the Division of Public Health;
  - 3.3.2 Summer schools or classes specifically for religious instruction conducted by religious institutions during summer months;

- 3.3.3 Programs established in connection with a religious institution, a business, or recreation center, in which children are provided care for brief periods of time, while parents/guardians are on the premises, are readily accessible at all times on an on-call basis and are able to resume control of the child immediately;
- 3.3.4 Programs that offer activities for children over the age of six (6) who attend at their own discretion on an "open door" basis, where there is no compensation, and where there is no agreement, written or implied, between the program and the parent(s)/guardian(s) for the program to assume responsibility for the care of the child;
- 3.3.5 Programs that offer care on an ad hoc, sporadic and isolated basis in order to meet an emergency or special need, or
- 3.3.6 Any public or private school that provides regular and thorough instruction through at least the sixth (6<sup>th</sup>) grade in the subjects prescribed for the schools of the State, in a manner suitable to children of the same age and stage of advancement, and that reports to the State Board of Education pursuant to Delaware Code, Title 14, Chapter 27, Subchapter I, Subsection 2704. This exclusion shall include all programs operated by such schools and shall also include preschool education programs for handicapped persons as defined by Delaware Code, Title 14, Chapter 31, Subchapter I, Subsection 3101 (4).
- 3.4 The rules are divided into three (3) parts:

Part I - General Provisions;

Part II - Night Care; and

Part III - School-Age Center

- 3.5 To be licensed as an Early Care and Education and School-Age Center, the General Provisions of Part I shall be met. In addition, Centers shall also meet the following rules before providing Night Care or operating a School-Age Center:
  - 3.5.1 To provide Night Care, an Early Care and Education Center shall also meet Part II rules;
  - 3.5.2 To operate a School-Age Center, a Center shall also meet Part III rules.

#### 4.0 Definition of Terms

"Administrative appeal hearing" means the process that entitles an applicant or licensee the opportunity to appeal the Division's decision to deny or revoke a license.

"Adult" means a person who has reached his or her eighteenth (18th) birthday.

"Applicant" means an individual, agency, corporation or partnership applying for a license that is obtained from the Office of Child Care Licensing.

"Center" means the licensed early care and education and/or school-age center.

"Certified Child Care Health Consultant" means an independent contractor who has completed the National Training Institute for Child Care Health Consultant Training and is trained to assist early care and education and school age centers with health and safety issues.

"Child" means a person who has not reached the age of eighteen (18) years.

**"Child Abuse"** means any physical injury to a child by those responsible for the care, custody and control of the child, through unjustified force as defined in Delaware Code, Title 11, Chapter 4, Subsection 468, emotional abuse, torture, criminally negligent treatment, sexual abuse, exploitation, maltreatment or mistreatment as defined in Delaware Code, Title 16, Chapter 9, Subchapter I, Subsection 902.

"Child-Neglect" means the failure to provide, by those responsible for the care, custody and control of the child, the proper or necessary: education as required by law; nutrition; or medical, surgical or any other care necessary for the child's well being as defined in Delaware Code, Title 16, Chapter 9, Subchapter I, Subsection 902.

"Child Sex Abuse" means any sexual offense or child exploitation as defined in Delaware Code, Title 11, Chapter 85, Subchapter IV, Subsection 8550.

"Child with Disabilities" means a child who has been diagnosed by a qualified professional as having a physical, intellectual, emotional, developmental or chronic medical conditions(s) or impairments(s) which would require modifications(s) in the regular program of activities for that child at a Center or as defined by applicable Federal and State Laws.

"Clock Hour(s)" means the actual number of hours or time a participant spends attending the instructional portion of a training designed to develop or enhance early care and education or school age care competencies.

"Comprehensive Professional Development System" means an organized entity within an appropriate Department within the State of Delaware that promotes and coordinates systems and activities to advance the development of the early care and education and school-age care workforce. "Delaware First" has been the name under which a comprehensive professional development system was established for early care and education and school-age care professionals in Delaware.

**"Complaint"** means an accusation that a Center is not in compliance with the licensing rule(s) or the licensing law(s). Complaints may be written or oral and may be anonymous.

"Corrective Action Plan" means the citing of the relevant rule(s) of non-compliance, a statement of the nature of the non-compliance, the action required to return to compliance and the date by which that compliance shall be attained.

"Delaware First" means the comprehensive professional development system for early care and education and school-age care professionals in Delaware.

"Department" means the Department of Services for Children, Youth and Their Families.

**"Denial"** means the process of refusing to grant a license after receipt of an original or renewal application. This constitutes refusal of official permission to operate.

"Direct Child Care" means the providing of care, education, protection, supervision or guidance of children.

"Direct Observation" (of children or staff members) means that staff are physically present in the same room or area with children or other staff members, are visually monitoring the interactions of children and/or staff, and are alert to any problems that may occur.

"Direct Voice Contact" means a licensee is required to speak directly with a Licensing Specialist from the Office of Child Care Licensing through a phone call or face-to-face contact. When direct voice contact is required, leaving a voice mail message is not acceptable.

"Division" means the Division of Family Services within the Department.

"Early Care and Education" means the care, education, protection, supervision or guidance of children beginning at birth.

"Early Childhood Administrator" means a staff member with direct responsibility for the Center's total program of services provided to children and their families, and including, when applicable, the administrative aspects. The Early Childhood Administrator approves curriculum, and when also serving as the Early Childhood Curriculum Coordinator, develops and evaluates curriculum, and implements and/or monitors implementation of curriculum and daily activities for children at the Center. The Early Childhood Administrator supervises the Early Childhood Curriculum Coordinator, and when necessary, Early Childhood Teachers and meets the qualifications specified in Rules 24.5.1 and when applicable, 24.6, 24.7,24.9.1, and 24.9.2.

**"Early Childhood Assistant Teacher"** means a staff member who works under the supervision of at least an Early Childhood Teacher and performs direct child care functions and related duties and assists in the implementation of curriculum. The Early Childhood Assistant Teacher meets the qualifications specified in Rule 24.11.1 and when applicable, 24.11.2.

"Early Childhood Caregiver" means a staff member who was formerly a Caregiver at a particular Center licensed before the effective date of these rules or transfers only to a Center licensed before the effective date of these rule that is directly affiliated with the original Center and has qualified for this position at that same Center, and who works under the supervision of at least an Early Childhood Teacher and performs direct child care functions and related duties and assists in the implementation of curriculum. The Early Childhood Caregiver meets the qualifications specified in Rule 24.12.1.

"Early Childhood Curriculum Coordinator" means a staff member who works under the supervision of the Early Childhood Administrator and is immediately responsible for the direct care, supervision, guidance and education of children at a Center. The Early Childhood Curriculum Coordinator develops and evaluates curriculum, and implements and/or monitors implementation of curriculum and daily activities for children at the Center. The Early Childhood Curriculum Coordinator may supervise Early Childhood Teachers, Early Childhood Assistant Teachers, Early Childhood Caregivers, Early Childhood Interns, Volunteers and Substitutes and meets the qualifications specified in Rules 24.8.1 and when applicable, 24.9.1 and 24.9.2.

"Early Childhood Intern" means a staff member who works under the supervision of an Early Childhood Teacher and the direct observation of at least an Early Childhood Assistant Teacher or Early Childhood Caregiver and performs direct child care functions and related duties and meets the qualifications specified in Rules 24.13.1 and when applicable, 24.13.2.

"Early Childhood Teacher" means a staff member who works under the supervision of an Early Childhood Administrator or Early Childhood Curriculum Coordinator and is immediately responsible for the direct care, supervision, guidance and education of children at a Center. The Early Childhood Teacher implements the curriculum and daily activities for a group(s) of children. The Early Childhood Teacher may supervise Early Childhood Assistant Teachers, Early Childhood Caregivers, Early Childhood Interns, Volunteers and Substitutes and meet the gualifications specified in Rule 24.10.1. **"Family"** means biological or adoptive father or mother, but may be interpreted broadly to include any person, whether related to the child by blood or not, who resides with the child, takes part in the child's family life and also may have responsibility for, or legal custody of the child.

"Field Trip" means an excursion trip or program activity off the Center property.

**"Governing Body"** means the person or group of persons with ultimate responsibility for and authority over the operation of a Center, as for example, an owner(s) or Board of Directors.

"Group Size" means the maximum number of children assigned to a specific staff member or group of staff members, occupying an individual classroom or well-defined physical space within a large room.

"Health Care Provider" means a professional who practices medicine with or without supervision and is sanctioned by an established licensing body. The most common types of health care providers include physicians, advance practice nurses (nurse practitioners), and physician assistants.

"Individualized Educational Program" (IEP) means a written statement of a child's educational program which identifies the services for a child with disabilities or special needs so that he or she may grow and learn during the school year. To develop an IEP, the local education agency officials and others involved in the child's educational program meet to discuss education related goals.

"Individualized Family Service Plan" (IFSP) means a document written at least once each year by the parent(s)/guardian(s) and personnel serving infants/toddlers with disabilities or special needs.

"Infant" means a child who is less than one (1) year old.

"Informal Hearing" means a meeting between the Division and the licensee when a temporary suspension order has been issued.

"Institutional Abuse" means when a person responsible for a child's care in an out-of-home setting jeopardizes the well being of a child that results or may result in physical or emotional injury.

"License" means the Office of Child Care Licensing's granting of authority through a written certification to a licensee at the Center's location to operate under applicable State Law(s).

"Licensee" means the entity legally responsible for a licensed Center.

"Licensing Specialist" means the individual in the employment of the Department of Services for Children, Youth and their Families, Division of Family Services, Office of Child Care Licensing and is responsible for performing regulatory and enforcement activities in the licensure of early care and education and school-age centers.

"Meal" means breakfast, lunch or dinner.

"Night Care" means care for any child between the hours of 8:00 P.M. and 6:00 A.M. when the period includes any portion of the child's normal sleeping hours.

"Office of Child Care Licensing" means the organization within the Department authorized under Delaware Code, Title 31, Chapter 3, Subchapter III, to promulgate and enforce rules, regulations and standards for the conduct of child care, including the licensing thereof, and the development and implementation of policies and procedures.

"Owner" means the person(s), firm, partnership, association, organization, corporation or governmental entity with legal and/or fiscal responsibility for and authority over the operation of the Center.

"Parent(s)/guardian(s)" means a birth or adoptive parent, legal guardian or any other person having responsibility for, or legal custody of, a child.

**"Preschool-Age Child"** means a child three (3) through five (5) years of age who is not yet attending a public or private kindergarten program. If a child is older than five (5) years of age and is not yet attending a public or private kindergarten program, that child shall be considered in the preschool age group until attending either kindergarten or first grade which ever comes first.

"Professional Development" means the continuous pursuit of essential knowledge and skills to develop or enhance generally accepted competencies in the early care and education and school-age care field.

"Regularly or on a regular basis" means early care and education and school-age care services which are available and provided at a Center on more than one (1) day in any one (1) week.

"Revocation" means the process of rescinding a license during the effective dates of a license. This constitutes revocation of official permission to operate.

"Secretary" means the Secretary of the Department of Services for Children, Youth and Their Families.

"School-Age Administrator" means a staff member of a School-Age Center with direct or supervisory responsibility School-Age for the Center's total program of services provided to children and their families, and including, when applicable, the administrative aspects. The School-Age Administrator approves curriculum and also, when not assigning such duties to a School-Age Site Coordinator, develops and evaluates curriculum, and implements and/or monitors implementation of curriculum and daily activities for children at the School-

Age Center. The School-Age Administrator supervises School-Age Site Coordinators and when necessary, School-Age Site Assistants and School-Age Interns, and meets the qualification specified in Rules 89.2.1 and 89.2.2.

"School-Age Care" means care, education, protection, supervision or guidance for school-age children in any of the following circumstances: before and/or after school; during school holidays; and/or summer months.

"School-Age Center" means a Center that exclusively provides care for school-age children.

"School-Age Child" means a child five (5) years of age or older or who is attending kindergarten or higher grade. A child shall be considered school-age for staff /child ratio purposes beginning the first day attending either kindergarten or first grade which ever comes first.

"School-Age Intern" means a staff member of a School-Age Center who works under the supervision of at least a School-Age Site Coordinator, or School-Age Site Assistant who is designated as responsible for the School-Age Center, and under the direct observation of at least a School-Age Site Assistant and performs direct child care functions and related duties and meets the qualifications specified in Rules 89.5.1 and when applicable, 89.5.2.

"School-Age Site Assistant" means a staff member of a School-Age Center who works under the supervision of at least a School-Age Site Coordinator and performs direct child care functions and related duties and assists in the implementation of curriculum. The School-Age Site Assistant who is designated as responsible for the School-Age Center may supervise School-Age Interns, Volunteers and Substitutes and meets the qualifications specified in Rule 89.4.1.

"School-Age Site Coordinator" means a staff member of a School-Age Center who works under the supervision of the School-Age Administrator and is immediately responsible for the day to day operations of the School-Age Center, direct care, supervision, guidance and education of the children. The School-Age Site Coordinator implements curriculum and daily activities for children at the School-Age Center. Also, when assigned such duties, the School-Age Site Coordinator develops and evaluates curriculum, and monitors implementation of curriculum. The School-Age Site Coordinator may supervise School-Age Site Assistants, School-Age Interns, Volunteers and Substitutes and meets the qualifications specified in Rules 89.3.1 and, when applicable, 89.3.2.

"Snack" means supplemental food served between meals.

"Staff or Staff Member" means any full or part time employee of a Center including substitutes or volunteers.

"Substitute" means a paid staff member who is temporarily filling in for a position during the absence of a permanent staff member and works under the supervision of at least an Early Childhood Teacher, School-Age Site Coordinator, or School-Age Site Assistant who is designated as responsible for the School-Age Center, and when necessary, under the direct observation of at least an Early Childhood Assistant Teacher, Early Childhood Caregiver, or School-Age Site Assistant.

"Supervision" (of children) means the appropriate number of staff members are physically present in the area or room where children are being cared for and are providing watchful oversight and timely attention to the children's actions and needs.

**"Supervision"** (of staff) means performing monitoring and evaluation functions of assigned staff which includes the observation of interactions of assigned staff with children and families, staff's adherence to the Delacare: Rules for Early Care and Education and School-Age Centers, and the Center's policies and procedures. When performing monitoring functions, supervisory staff shall be physically present in the same room or area as assigned staff and directly observe staff to monitor on-going interaction with children.

"Suspension Order" means a notice issued by the Office of Child Care Licensing that the license to operate a Center has been suspended.

"Toddler" means a child who is one (1) to three (3) years of age.

"Training" means successful participation in an organized professional development activity that is approved or accepted by the Office of Child Care Licensing as designed to develop or enhance the early care and education or school-age care competencies.

"Variance" means the nontransferable written authorization issued by the Division to use alternative means which meet the intent of the specific licensing rule(s) and is based on the need(s) or circumstance(s) of the Center.

"Volunteer" means any person who provides an unpaid service or support to a Center. Volunteers shall be under the supervision of at least an Early Childhood Teacher, School-Age Site Coordinator, or School-Age Site Assistant who is designated as responsible for the School-Age Center and, when necessary, under the direct observation of at least an Early Childhood Assistant Teacher, Early Childhood Caregiver, or School-Age Site Assistant. "Working Day(s)" means any weekday Monday through Friday but not including the weekend (Saturday and Sunday) and a State of Delaware legal holiday that falls on a weekday.

# 5.0 Licensing Process and Procedures

5.1 License Required To Operate

An agency, corporation, partnership or individual shall not operate or maintain a Center unless issued a license to do so by the Office of Child Care Licensing.

- 5.2 Authority to Inspect
  - 5.2.1 An applicant or licensee shall allow access to the premises by any authorized representative of the Office of Child Care Licensing, of another State agency, or any local building, fire or health agency for the purposes of determining compliance with applicable provisions of these rules. On site inspections may be conducted without prior notice.
  - 5.2.2 An applicant or licensee shall permit any authorized representative of the Office of Child Care Licensing access to information, files and records relevant to determining compliance with applicable provisions of these rules and to interview any staff member, or child.
- 5.3 Issuance of License
  - 5.3.1 To qualify for a license, an applicant or licensee shall demonstrate to the satisfaction of the Office of Child Care Licensing that the Center is in full or substantial compliance with applicable provisions of these rules.
  - 5.3.2 A license shall be issued only to the Center for which application is made and for the address of the Center's actual site.
- 5.4 Posting of License

A licensee shall post its current license to operate a Center in a place conspicuous to the public.

- 5.5 License for Each Center Site Location
  - 5.5.1 A separate application shall be made for each Center site location.
  - 5.5.2 A Center that operates in two (2) or more buildings at the same site location shall have the option of applying for a single license for all buildings at the site location, or for a separate license for each building at the site location.
  - 5.5.3 An agency or individual who operates an early care and education and/or school-age Center at a public or private school but is not employed by the school shall be required to apply for a license for each Center site location.
  - 5.5.4 A license shall not be transferable, assignable or subject to sale.
- 5.6 Nullification of License
  - 5.6.1 When a Center is sold, leased or discontinued or the operation has moved to a new location or the license has been revoked, the current license shall immediately become null and void.
- 5.7 Complaint Procedure

An investigation by the Office of Child Care Licensing shall be made if a complaint is received regarding these rules, *Delacare: Rules for Early Care and Education and School-Age Centers*. The Office of Child Care Licensing shall notify the licensee that a complaint is being investigated. The results of the Office of Child Care Licensing's investigation shall be reported in writing to the Center investigated. If the complaint is substantiated or if any other violations are found as a result of the investigation, the licensee shall be required to abate the violations and come into full or substantial compliance with State Law and the rules and regulations promulgated by the Office of Child Care Licensing.

- 5.7.1 Complaints relating specifically to laws, rules, or regulations of other governmental entities shall be referred to the appropriate entity for investigation. At the time of the referral the Office of Child Care Licensing shall request a report on the investigation findings.
- 5.7.2 An investigation by the Department of Services for Children, Youth and their Families, Division of Family Services, Office of Children's Services, Institutional Abuse Investigation Unit shall be made if a complaint is received regarding the abuse or neglect of a child at the Center by a staff member.

# 6.0 Types of Licenses

- 6.1 Annual License
  - 6.1.1 An annual license is issued when the Office of Child Care Licensing determines that a licensee is in full or substantial compliance with applicable provisions of these rules.
- 6.2 An annual license is effective for one (1) year from the date of issuance, unless it is:
  - 6.2.1 Modified to a provisional license;

- 6.2.2 Revoked;
- 6.2.3 Surrendered prior to the expiration date; or
- 6.2.4 Suspended.
- 6.3 Provisional License
  - 6.3.1 A provisional license may be issued when the Office of Child Care Licensing determines that:
    - 6.3.1.1 There is no serious risk to the health, safety and well-being of the children ; and
    - 6.3.1.2 A licensee has submitted to the Office of Child Care Licensing and the Office of Child Care Licensing has approved a written corrective action plan.
  - 6.3.2 A provisional license may be replaced with an annual license when the Office of Child Care Licensing determines that a licensee has corrected all violations in advance of the expiration date of the provisional license and has come into full or substantial compliance with applicable provisions of these rules.
  - 6.3.3 A request to replace a provisional license and to issue an annual license shall be made in writing by the licensee. If the request is approved, an annual license shall be issued.

# 7.0 Procedures for Initial Licensure

- 7.1 An applicant shall apply for a license on a form provided and in a manner prescribed by the Office of Child Care Licensing.
- 7.2 Upon receipt of a completed application, an Office of Child Care Licensing representative shall:
  - 7.2.1 Review the application, confer with the applicant, and inspect the premises to determine whether the applicant has fully or substantially complied with applicable provisions of these rules;
  - 7.2.2 Make a recommendation to the Office of Child Care Licensing regarding the issuance of a license. If a license is granted, it shall be an initial provisional license issued for six (6) months. An annual license shall be issued if when the licensee fully or substantially meets the applicable provisions of these rules; or
  - 7.2.3 If an initial license to operate is denied, notify the applicant in writing of the reason(s) for denial and set forth the applicant's rights to an appeal from the decision.
- 7.3 The expiration date of the first annual license and each subsequent renewal of an annual license shall be at one (1) year intervals from the initial date of issuance.

### 8.0 Procedures for License Renewal

- 8.1 A licensee shall submit a written request to the Office of Child Care Licensing to seek a license renewal application form at least ninety (90) calendar days before the expiration date of the Center's license.
- 8.2 A licensee shall submit a completed application for a license renewal to the Office of Child Care Licensing at least sixty (60) calendar days before expiration of Center's current license.
- 8.3 When a licensee makes timely and sufficient application for renewal of an annual license, the existing license shall not expire until the Office of Child Care Licensing makes a decision on the renewal application.
- 8.4 A provisional license may be renewed when the Office of Child Care Licensing determines that a licensee has demonstrated good faith efforts to achieve compliance but requires additional time to achieve full compliance with applicable provisions of these rules.

# 9.0 Terms of a License

- 9.1 The license shall contain and display the following:
  - 9.1.1 Status of the license: annual, provisional or extension;
  - 9.1.2 Effective date of the license;
  - 9.1.3 Expiration date of the license;
  - 9.1.4 The maximum number of children who may be served at one (1) time; and
  - 9.1.5 The applicable type of regulated service for which authorization to operate has been granted.
- 9.2 A licensee shall operate a Center within the terms of its license.

# 10.0 Changes Affecting License

- 10.1 The Office of Child Care Licensing shall determine whether to modify a current license or to require the licensee to submit an application for a new license when any of the following changes occur:
  - 10.1.1 A planned reduction, addition or substantial change in the indoor or outdoor spaces of the Center.
  - 10.1.2 A change in the name of the Center;
  - 10.1.3 A change in the applicable type of regulated services authorized as defined in these rules.

### 10.1.4 A change in Center capacity.

#### 11.0 Order to Suspend a License

If the health, safety or well-being of children in care is in serious or imminent danger, the Office of Child Care Licensing may immediately suspend the license upon issuance of a written suspension order. The order shall state the reason(s) for the suspension. Within ten (10) working days of the issuance of the suspension order, the Division Director, or designee shall hold an informal hearing with the licensee or the licensee's representative.

# 12.0 Denial and Revocation

- 12.1 The Division may deny or revoke a license for good cause, including but not limited to the following:
  - 12.1.1 Failure to comply with applicable provisions of State Law(s) or of these rules;
  - 12.1.2 Violation of the terms or conditions of a its license;
  - 12.1.3 Fraud or misrepresentation in obtaining a license or in the subsequent operation of the facility;
  - 12.1.4 Refusal to furnish the Department with files, reports or records as required by the law;
  - 12.1.5 Refusal to permit an authorized representative of the Department to gain admission to the Center during operating hours;
  - 12.1.6 Engaging in any activity, policy, practice or staff member conduct that adversely affects or is deemed by the Division to be detrimental to the education, health, safety or well-being of children; or-
  - 12.1.7 Conduct that otherwise demonstrates unfitness by the owner, administrator or any staff member to operate a Center.

### 13.0 Appeal

- 13.1 If the Division denies or revokes a license to operate, the Division shall notify the licensee in writing at least ten (10) working days prior to taking such action, and specify the licensee's entitlement to appeal the decision and request an administrative appeal hearing. The Division shall notify the licensee in writing of the findings of its investigation and of the reasons for denial or revocation, before taking such action.
- 13.2 If a written or verbal request for an administrative appeal hearing is received by the Division within the ten (10) working days of the date the notice of denial or revocation was mailed, the Division shall ensure that an administrative appeal hearing is held within thirty (30) working days from the date the request for an administrative appeal hearing is received, unless for good cause, the Hearing Officer grants postponement.
- 13.3 The administrative appeal hearing shall be conducted by a Hearing Officer who has had no previous involvement in the matter prompting the administrative appeal hearing.
- 13.4 If a licensee requests an administrative appeal hearing in a timely manner, its existing license shall remain in effect until an official written decision has been rendered subsequent to the administrative appeal hearing; except that the Office of Child Care Licensing shall have the authority to suspend the license immediately whenever the health, safety or well-being of children in care is in serious or imminent danger.
- 13.5 If a licensee does not make a timely request for an administrative appeal hearing to appeal the decision in accordance with Rule 13.2 or does not request an administrative appeal hearing, the action to deny or revoke a license shall take effect thirty (30) working days after the issuance of the notice. However, if the health, safety or well-being of children in care is in serious or imminent danger, denial or revocation shall be effective immediately upon the issuance of a written notice by the Division.

### 14.0 Rule Variance

- 14.1 Upon the written request of an applicant or licensee, the Division may grant a variance from any of these rules if the applicant or licensee has documented to the satisfaction of the Division that the intent of the specific rule shall be satisfactorily achieved in a manner other than that prescribed by the rule.
- 14.2 The Division shall render its decision on the request in writing, including the conditions for which the variance is granted, and shall send a signed copy of the decision to the applicant or licensee. A copy of the decision shall be maintained on file by the Division and the licensee.
- 14.3 The variance may be time-limited or may remain in effect for as long as the licensee continues to maintain the health, care, safety, protection, supervision, and needed services of children.
- 14.4 The Division shall monitor the licensee's compliance with the variance. If the licensee fails to comply with the variance, the Division shall initiate necessary enforcement action.

# 15.0 Notification to the Office of Child Care Licensing

- 15.1 A licensee shall notify the Office of Child Care Licensing in writing at least ninety (90) consecutive calendar days before any of the following changes occur:
  - 15.1.1 A change of ownership or sponsorship;
  - 15.1.2 A change of location;
  - 15.1.3 A change in the name of the facility or program;
  - 15.1.4 A change in the applicable type of regulated service being provided;
  - 15.1.5 A change in licensed capacity; or
  - 15.1.6 The anticipated closing of the facility or program.
- 15.2 A licensee shall notify the Office of Child Care Licensing within five (5) working days of the resignation or termination of the Early Childhood or School-Age Administrator.
- 15.3 A licensee shall notify the Office of Child Care Licensing within one (1) working day by direct voice contact during the Office of Child Care Licensing's working hours if any of the following occur:
  - 15.3.1 Any fire; flood ; or any serious damage due to any other natural or man-made disaster(s) that impact the ability to operate safely;
  - 15.3.2 Injury of a child while in the care of a Center requiring inpatient or outpatient treatment. The direct voice contact shall be followed by a written report on a form provided by the Office of Child Care Licensing;
  - 15.3.3 Suspected abuse or neglect of a child while at the Center including immediately calling the 24-Hour Child Abuse/Neglect Hotline (currently listed as 1-800-292-9582) to report the abuse or neglect; or
  - 15.3.4 Any known conviction(s) of a staff member including those which prohibit continued employment at the Center, see Rules 20.2.6 20.2.8
- 15.4 A licensee shall immediately notify the Office of Child Care Licensing by direct voice contact during the Office of Child Care Licensing's working hours of the death of a child while in care. If a death occurs after such working hours, the licensee shall immediately call the 24-hour Child Abuse/Neglect Hotline (currently listed as 1-800-292-9582).

# 16.0 Governing Body

- 16.1 A licensee shall have an identifiable owner and/or functioning governing body with responsibility for and authority over the operation of the Center. The owner or governing body shall designate a person to function as the Early Childhood or School-Age Administrator of the Center.
  - 16.1.1 A licensee of a privately-owned Center shall have documents identifying the name(s) and address(es) of owner(s).
  - 16.1.2 A corporation, partnership or association shall have documents, when applicable, identifying all members of the governing body; their addresses; their terms of membership; officers of the governing body; and terms of office of all officers.
  - 16.1.3 A licensee shall have a procedure for informing all parents/guardians of children attending the Center of the identities of governing body members.
- 16.2 The owner or governing body of a Center shall ensure that the licensee complies with all applicable local, State and Federal Laws and regulations.
- 16.3 A licensee shall have an organized system of business and management and sufficient staff, space and equipment to fulfill the following functions:
  - 16.3.1 Administrative functions;
  - 16.3.2 Fiscal functions;
  - 16.3.3 Clerical functions;
  - 16.3.4 Cleaning and maintenance functions;
  - 16.3.5 Food services functions;
  - 16.3.6 Direct child care functions; and
  - 16.3.7 Supervisory functions.

# 17.0 Insurance Coverage

A licensee shall secure and maintain on file written documentation of motor vehicle, fire and comprehensive general liability insurance, as required by State Law(s).

# 18.0 Records

- 18.1 A licensee shall maintain files and records applicable to licensing.
- 18.2 A licensee shall keep daily attendance records for children, identifying the hours of children's attendance each day.
  - 18.2.1 A licensee shall establish a system for taking attendance when the children arrive and depart the Center and periodically throughout each day to ensure the whereabouts of children in attendance at any given time.
- 18.3 A licensee shall keep a written record of the daily schedule of all staff members, including their position titles, and their exact hours worked throughout the hours of operation at the Center.
- 18.4 A licensee shall have an on-site file for each child including:
  - 18.4.1 The child's name, home address and home telephone number;
  - 18.4.2 Emergency telephone numbers for the parent(s)/guardian(s) and other designated person while the child is in care;
  - 18.4.3 Name and telephone number of the child's health care provider;
  - 18.4.4 Identifying information for all persons authorized to pick the child up from the Center;
  - 18.4.5 Date of admission;
  - 18.4.6 The hours a child is scheduled to attend the Center;
  - 18.4.7 A statement of any special problems, medical, developmental, or educational needs of the child including allergies, existing illnesses or injuries, previous serious illnesses or injuries and any prescribed medication including those for emergency situations;
  - 18.4.8 If provided by the parent(s)/guardian(s), for a child who has been identified as a having disability or special need, copies of IEP IFSP, Section 504 plan and records of the child's progress in meeting developmental and educational goals, including copies of assessments and referrals to special services;
  - 18.4.9 Written authorization from the parent(s)/guardian(s) for emergency medical care;
  - 18.4.10 Transportation permission, if appropriate;
  - 18.4.11 Health information as required by Rule 61.1;
  - 18.4.12 Injury and illness records including copies of reports submitted to the Office of Child Care Licensing as required by Rule 15.3.2 and 15.3.3 and copies of reports required by Rule 65.1;
  - 18.4.13 Administration of medication records of a child;
  - 18.4.14 If provided by the parent(s)/guardian(s), court orders on custody and visitation arrangements; and
  - 18.4.15 The original copy of The Parents Right to Know Act form signed by the parent(s)/guardian(s).
- 18.5 A licensee shall have a procedure to ensure that all information supplied by parents/guardians is continuously updated and available to staff member(s) responsible for a particular child on a need-to-know basis .

# 19.0 Personnel Files

- 19.1 A licensee shall have a personnel file for each staff member. The personnel file shall include:
  - 19.1.1 Name, date of birth, home address and telephone number;
  - 19.1.2 Date of employment or volunteer start date;
  - 19.1.3 Initial application form;
  - 19.1.4 Reference letters;
  - 19.1.5 Release of employment history form, Service Letters obtained and/or pertinent documentation;
  - 19.1.6 Documents attesting to professional development plans and qualifications;
  - 19.1.7 Written records of required medical examinations and tuberculosis testing;
  - 19.1.8 A statement signed by the staff member stating the staff member's status relative to conviction, current indictment or involvement in any criminal activity involving violence against a person, child abuse or neglect; possession, sale or distribution of illegal drugs; sexual misconduct; gross irresponsibility or disregard for the safety of others; or serious violations of accepted standards of honesty or ethical behavior; or any case of child abuse or neglect substantiated by the Division of Family Services or the respective responsibile entity in any other state or country;
  - 19.1.9 Verification of fingerprinting form;
  - 19.1.10 Release form and verification of adult abuse registry check;
  - 19.1.11 If transporting children, a copy of a current driver's license;
  - 19.1.12 Copy of job description;

- 19.1.13 Documentation of receiving information on child abuse and neglect reporting procedures; Orientation form that includes written documentatin that the information as required per Rule 25.0 was initially and periodically reviewed;
- 19.1.14 Record of attendance for training regarding annual training hours and/or meeting qualifications; and
- 19.1.15 Date of termination.

#### Human Resources

# 20.0 Personnel Policies

# 20.1 General.

- 20.1.1 licensee shall have written personnel policies and practices and make them available to all staff and prospective staff.
  - 20.1.1.1 These policies shall include, as appropriate, procedures for hiring, discipline, dismissal, suspension and lay-off of staff in accordance with applicable laws.
  - 20.1.1.2 A statement signed by the staff member on the orientation form shall confirm that the particular staff member has reviewed the relevant personnel policies and practices and has had the opportunity to ask questions and receive clarification.
- 20.1.2 A licensee shall have written job descriptions for every job position at the Center.
- 20.2 General Qualifications
  - 20.2.1 A licensee shall have on file for each staff member at least two (2) letters of reference from two (2) adults who are familiar with the staff member but who are not related to the staff member. These references shall verify that the staff member is of good character and reputation, respects and understands children, and is sensitive to meeting their needs.
  - 20.2.2 A licensee shall ensure that each staff member has an understanding of and respect for children and their needs and for a child's family and culture. For those staff members assigned to direct child care duties, this includes, but is not limited to meeting children's physical needs such as feeding and diapering, supervising children's activities, supporting children's physical, intellectual, social and emotional growth, dealing with emergencies in a calm manner, and carrying out methods of positive behavior management as stipulated in these rules and within the responsibilities of their particular position.
  - 20.2.3 A licensee shall require a staff member to sign a release of employment history form and obtain Service Letters from the staff member's current or most recent previous employer. In addition, if the staff member was employed in a health care facility and/or child care facility within the past five (5) years, the licensee shall also obtain a service letter from such employer(s).
    - 20.2.3.1 Volunteers who will be alone with children shall be required to provide service letters regardless of time spent at the Center providing unpaid services; or
    - 20.2.3.2 Volunteers who are not alone with children and are providing unpaid services of less than five (5) days or forty (40) hours a year shall not be required to provide service letters.
  - 20.2.4 A licensee shall require staff members to be fingerprinted for child care by the Delaware State Police as soon as they are hired or schedule an appointment to be fingerprinted no later than the fifth working day. Staff members shall be required to provide the fingerprint verification form to the licensee as proof of being fingerprinted.
    - 20.2.4.1 Volunteers who will be alone with children shall be required to have background checks regardless of time spent at the Center providing unpaid services; or
    - 20.2.4.2 Volunteers who are not alone with children and are providing unpaid services of less than five (5) days or forty (40) hours a year shall not be required to have background checks.
  - 20.2.5 A licensee shall request the results of an adult abuse registry check through the Department of Health and Social Services for applicable staff members as soon as they are hired or no later than the fifth working day.
  - 20.2.6 A licensee shall not employ or retain any person as a staff member with:
    - 20.2.6.1 Any conviction, current indictment or substantial evidence of involvement in any criminal activity involving: violence against a person; child abuse or neglect; possession, sale or distribution of illegal drugs; sexual misconduct; gross irresponsibility or disregard for the safety of others; or serious violations of accepted standards of honesty or ethical behavior;
      - 20.2.6.1.1The licensee may, at its own discretion, make exceptions to the above rule when it is documented that the health and safety of children would not be endangered except as

prohibited by the Child Protection Registry Law as defined in Delaware Code, Title 16, Chapter 9, Subchapter II, Subsection 923.

- 20.2.7 The licensee shall not employ or retain in any capacity any person whose child or children are removed from his/her custody because of abuse or neglect.
- 20.2.8 A licensee shall not employ or retain in any capacity any person convicted of any offense defined as child sex abuse in Delaware Code, Title 11, Chapter 85, Subchapter IV, Subsection 8550.
- 20.2.9 A licensee shall inform staff members that alcohol or other drug use that adversely affects essential job functions is unacceptable and the prohibition of unlawful use, possession, manufacture, distribution of controlled substances or alcoholic beverages in the workplace.

#### 21.0 Health Requirements

- 21.1 A licensee shall have for every staff member:
  - 21.1.1 Written report from a health care provider of a health appraisal attesting to the health of the staff member, including the ability to perform essential job functions as described in **Rule #134**, completed within one (1) year prior to the date of employment and on file with the Center within the first month of employment;
  - 21.1.2 Written evidence on file with the Center within the first month of employment of freedom from communicable tuberculosis verified within one (1) year prior to the date of initial employment at the Center, with further testing required every fifth year of employment; and
  - 21.1.3 Written evidence of follow-up of any known health problem of the staff member affecting or potentially affecting his/her ability to care for children.

# 22.0 Child Abuse and Neglect

- 22.1 A licensee shall provide each staff member of the Center written instruction governing the reporting provision of the Delaware child abuse and neglect law(s) and regulations, Center policies and procedures for reporting and documenting suspected abuse and neglect, and maintain on file written documentation of their receipt of this information.
- 22.2 A licensee shall not discourage, inhibit, penalize or otherwise impede any staff member from reporting any suspected or alleged incident of child abuse or neglect.
- 22.3 A licensee shall develop, adopt, follow and maintain on file written policies and procedures for handling any incident of suspected child abuse or neglect which occurs while a child is in the Center's care. The policies and procedures shall contain provisions specifying that:
  - 22.3.1 The licensee shall immediately report the suspected abuse or neglect as required by Law;
  - 22.3.2 The licensee immediately shall take remedial action to protect children from harm;
  - 22.3.3 The licensee shall take long-term corrective action to eliminate the factors or circumstances that may have caused or may have otherwise resulted in a continuing risk of abuse or neglect to children if the abuse or neglect occurred at the Center by a staff member;
  - 22.3.4 Any staff member alleged to have perpetrated an incident of child abuse or neglect shall not have direct contact with any child, or be reassigned to other duties that do not involve contact with children until the investigation of the incident is has been completed; and
  - 22.3.5 The licensee shall take disciplinary action against any staff member who committed an act of child abuse or neglect.

# 23.0 Owner of a Center

- 23.1 The Owner of a Center shall be considered staff and actively involved if present at the Center during regular hours of operation for seven (7) or more hours per week and is required to follow all rules concerning a staff member of the Center.
- 23.2 The Owner of a Center shall only count toward staff/child ratios if fully qualified as at least an Early Childhood Assistant Teacher, Early Childhood Caregiver or School-Age Site Assistant if left alone with children or as at least an Early Childhood Intern or School-Age Intern if not left alone with children.
- 23.3 Inactive Owners of a Center or those working less than seven (7) hours per week shall not be considered staff nor assume any direct child care duties and assign day-to-day operational responsibilities to an Early Childhood or School-Age Administrator.

#### 24.0 Staff Qualifications

- 24.1 For a Center licensed before the effective date of these rules, the licensee shall ensure that a staff member who is already in a particular position or a new hire at that Center:
  - 24.1.1 Has four (4) calendar years from the effective date or no later than January 1, 2011 to meet the qualifications of an Early Childhood Administrator, Early Childhood Curriculum Coordinator or Early Childhood Teacher.
  - 24.1.2 Has two (2) calendar years from the effective date or no later than January 1, 2009 to meet the qualifications of an Early Childhood Assistant Teacher, Early Childhood Caregiver or Early Childhood Intern.
  - 24.1.3 Is eligible for the time-limited periods to qualify for a particular position provided that person remains at that Center or transfers only to a Center licensed before the effective date of these rules and is directly affiliated with the original Center. A Center directly affiliated with the original Center shall mean that the staff member is still employed by the same parent organization/company and at least retains all years of service when transferred.
  - 24.1.4 Has a written professional development plan kept in that staff member's personnel file that documents the particular position desired, the goals to achieve that position, the progress made toward the position at least a yearly basis, and the target date for goal completion when working toward qualifying for a particular position during the time-limited period.
- 24.2 A licensee shall ensure that each staff member at a Center submits written documentation to the Office of Child Care Licensing that shows how a staff member is fully qualified for a particular position. The documentation shall consist of copies of training certificates, transcripts, diploma(s), or staff training records. Upon approval from the Office of Child Care Licensing, the licensee shall ensure that the letter of approval for each qualified staff member is filed in that staff member's personnel file.
- 24.3 A licensee shall ensure that a staff member qualifying for a particular position in a Center may, when applicable, use college/university credits based on specific topic areas/titles, substitutions for college/university credits, or other training that is demonstrated to be equivalent to a particular qualification in these rules all as approved or accepted by the Office of Child Care Licensing.
- 24.4 A licensee shall ensure that a person appointed to a position at a Center that becomes newly licensed subsequent to the effective date shall meet the qualifications of these rules for that position.
- 24.5 Early Childhood Administrator
  - 24.5.1 A licensee shall ensure that the Early Childhood Administrator of the Center is at least twenty-one (21) years of age and meets one (1) of the following qualifications:
    - 24.5.1.1 At least an Associate Degree from an accredited college or university in [or in] a field related to child development, early childhood education, psychology, social work, special education, elementary education, nursing, human services or business administration including at least fifteen (15) college/university credits in course content covering at least three (3) of the following topic areas child development, developmental curriculum planning, positive behavior management, health and safety, nutrition, family/community and professionalism ; and twenty-four (24) months of experience working with children preschool age or younger in a group setting; or
    - 24.5.1.2 At least a Bachelor degree from an accredited college or university including at least fifteen (15) college/university credits in course content covering at least three (3) of the following topic areas child development; developmental curriculum planning, positive behavior management, health and safety, nutrition, family/community and professionalism ; and twenty-four (24) months of experience working with children preschool age or younger in a group setting.
- 24.6 An Early Childhood Administrator, who before the effective date of these rules was known as the Program Director at a particular Center and qualified for that position with a Bachelor or Associate degree and twelve (12) college/university credits in child development or early childhood education, shall be able to apply those particular college/university credits to the credit requirement of Rule 24.5.1 provided that person remains at that Center or transfers only to a Center licensed before the effective date of these rules and is directly affiliated with the original Center.
- 24.7 A licensee shall ensure that the Early Childhood Administrator who manages the Center's administrative duties such as human resources/personnel and fiscal has at least three (3) college/university credits or forty-five (45) clock hours of training in administration which may be included in the total number of college/university credits required for the position unless such duties are not the responsibility of the Early Childhood Administrator.
  - 24.7.1 A written plan approved by the Office of Child Care Licensing shall be required if such duties are not the responsibility of the Early Childhood Administrator. The written plan shall identify the person/entity performing these duties, and the qualifying factors regarding the person/entity. Any changes involving the

person/entity performing these duties shall require a new plan approved by the Office of Child Care Licensing.

- 24.8 An Early Childhood Administrator, who before the effective date of these rules was known as the Program Director at a particular Center shall be able to serve as the Early Childhood Administrator provided that person remains at that original Center or transfers only to a Center licensed before the effective date of these rules is directly affiliated with the original Center, and meets all of the following qualifications:
  - 24.8.1 Has three (3) college/university credits, or forty-five (45) clock hours of training in administration related to operating a Center;
  - 24.8.2 Meets at least one (1) of the qualifications of an Early Childhood Teacher as stated in Rule 24.10.1;
    - 24.8.2.1 For Rule 24.11.1.4, the nine (9) college/university credits may be in early childhood education or child development; and
  - 24.8.3 Has an Early Childhood Curriculum Coordinator on staff that meets the qualifications of that position with at least an Associate degree as stated in Rule 24.9.1.2.
- 24.9 Early Childhood Curriculum Coordinator
  - 24.9.1 A licensee shall ensure that an Early Childhood Curriculum Coordinator is at least twenty (20) years of age and meets one (1) of the following qualifications:
    - 24.9.1.1 At least a high school degree or its equivalent and successful completion of fifteen (15) college/ university credits in child development or early childhood education of which six (6) college/ university credits shall be in early childhood curriculum development and planning and thirty-six (36) months of experience working with children preschool age or younger in group setting;
    - 24.9.1.2 At least an Associate degree from an accredited college or university in or in a field related to child development, psychology, social work, special education, nursing or human services, including at least fifteen (15) college/university credits in child development or early childhood education and twenty-four (24) months of experience working with children preschool age or younger in a group setting;
    - 24.9.1.3 At least an Associate degree from an accredited college or university in early childhood education and twelve (12) months of experience working with children preschool age or younger in a group setting; or
    - 24.9.1.4 At least a Bachelor degree from a college or university including at least fifteen (15) college/ university credits in child development or early childhood education and twelve (12) months of experience working with children preschool age or younger in a group setting; or
- 24.10 Early Childhood Administrator or Early Childhood Curriculum Coordinator Specialized Training
  - 24.10.1 A licensee shall ensure that either the Early Childhood Administrator or Early Childhood Curriculum Coordinator has successfully completed three (3) college/university credits, which may be included in the total number of college/university credits required for the position, or forty-five (45) clock hours of training in infant and/ or toddler development and curriculum if the Center serves infants and/or toddlers.
  - 24.10.2 A licensee shall ensure that either the Early Childhood Administrator or Early Childhood Curriculum Coordinator has successfully completed fifteen (15) clock hours of training in school-age care if the Center serves school-age children. The clock hours may be translated from college/university credits and included in the total number of college/university credits required for the position.
- 24.11 Early Childhood Teacher
  - 24.11.1 A licensee shall ensure that a an Early Childhood Teacher is at least eighteen (18) years of age and meets one (1) of the following qualifications:
    - 24.11.1.1 At least a high school degree or its equivalent and successful completion of both "Training for Early Care and Education 1 and 2" and twelve (12) months of experience working with children preschool age or younger in a group setting;
    - 24.11.1.2 At least a high school degree or its equivalent and a valid Child Development Associate Credential that is current and has not expired and twelve (12) months of experience working with children preschool age or younger in a group setting;
    - 24.11.1.3 At least a high school degree or its equivalent and successful completion of the Delaware Department of Labor's Early Childhood Apprenticeship Program and twelve (12) months of experience working with children preschool age or younger in a group setting;
    - 24.11.1.4 At least a high school degree or its equivalent and successful completion of nine (9) college/ university credits - three (3) in child development, three (3) in early childhood education and three (3) in positive behavior management and twelve (12) months of experience working with children preschool age or younger in a group setting;

- 24.11.1.4.1Forty-five (45) clock hours in positive behavior management may substitute for three (3) college/university credits.
- 24.11.1.5 At least a high school degree with successful completion of a vocational/technical high school three (3) year program in early childhood education approved by Delaware's Department of Education and twelve (12) months of experience working with children preschool age or younger in a group setting;
- 24.11.1.6 At least a high school degree or its equivalent and successful completion of the course work toward a Montessori Infant and Toddler Full/Associate Credential or a Montessori Early Childhood Full/Associate Credential from a MACTE approved training program and twelve (12) months of experience working with children preschool age or younger in a group setting;
- 24.11.1.7 At least a high school degree or its equivalent and successful completion of a one (1) year early childhood diploma program from a two (2) year college and twelve (12) months of experience working with children preschool age or younger in a group setting;
- 24.11.1.8 At least an Associate degree from an accredited college or university with six (6) college/university credits in child development or early childhood education and three (3) months of supervised student teaching or twelve (12) months of experience working with children preschool age or younger in a group setting; or
- 24.11.1.9 At least a Bachelor degree from an accredited college or university including at least six (6) college/university credits of child development or early childhood education and three (3) months of supervised student teaching or twelve (12) months of experience working with children preschool age or younger in a group setting.
- 24.12 Early Childhood Assistant Teacher
  - 24.12.1 A licensee shall ensure that an Early Childhood Assistant Teacher is at least eighteen (18) years of age and meets one (1) of the following qualifications:
    - 24.12.1.1 At least a high school degree or its equivalent and successful completion of "Training for Early Care and Education 1" and six (6) months of experience working with children preschool age or younger in a group setting;
    - 24.12.1.2 At least a high school degree with successful completion of that traditional high school's career pathway program in early childhood as recognized by the Office of Child Care Licensing and six (6) months of experience working with children preschool age or younger in a group setting ; or
    - 24.12.1.3 At least a high school degree or its equivalent and successful completion of six (6) college/ university credits - three (3) in child development and three (3) in early childhood education and six (6) months of experience working with children preschool age or younger in a group setting.
  - 24.12.2 A staff member who, before the effective date of these rules, was in the position formerly known as a Caregiver at a particular Center shall have one (1) of the following opportunities to qualify for the position of Early Childhood Assistant Teacher. These opportunities shall be time-limited to two (2) calendar years from the effective date of these rules as stated in Rule 24.1.2
    - 24.12.2.1 Demonstrate through the development of a portfolio that prior training and experience is equivalent to the information taught in "Training for Early Care and Education 1". Success completion of this option shall be receiving a grade of seventy-five percent (75%) or better and is recognized as equivalent to completing "Training for Early Care and Education 1" and is applicable toward advancing to higher positions in any Center.
    - 24.12.2.2 Pass a test recognized by the Office of Child Care Licensing as equivalent to the information taught in "Training for Early Care and Education 1". Successful completion of this option shall be receiving a grade of seventy-five percent (75%) or better and is recognized as equivalent to completing "Training for Early Care and Education 1" and is applicable toward advancing to higher positions in any Center.

### 24.13 Early Childhood Caregiver

- 24.13.1 A licensee shall ensure that an Early Childhood Caregiver is at least eighteen (18) years of age, and before the effective date of these rules, was in the position formerly known as a Caregiver at a particular Center licensed before the effective date of these rules. Successful completion of the training required for this position is time-limited to two (2) calendar years from the effective date of these rules as stated in Rule 24.1.2. The position of Early Childhood Caregiver is acceptable provided that person remains at that Center or transfers only to a Center licensed before the effective date of these rules and is directly affiliated with the original Center. The Early Childhood Caregiver shall meet the following qualification:
  - 24.13.1.1 Demonstrates successful completion of a total of sixty (60) clock hours of training based on the early care and education core topic areas and divided into each of the following: Child

Development (fifteen (15) clock hours), Developmental Curriculum Planning (twelve (12) clock hours), Positive Behavior Management (twelve (12) clock hours), Health (three (3) clock hours), Safety (three (3) clock hours), Nutrition (three (3) clock hours), Family/Community (six (6) clock hours), and Professionalism (six (6) clock hours). Such clock hours taken prior to the effective date of these rules or during the time-limited period shall count toward this position.

# 24.14 Early Childhood Intern

- 24.14.1 A licensee shall ensure that an Early Childhood Intern is at least sixteen (16) years of age and meets one (1) of the following qualifications:
  - 24.14.1.1 At least successful completion of either *Delaware First's* "Introduction to Child Care" or "Child Development" completed within twelve (12) months of employment; or
  - 24.14.1.2 At least successful completion of three (3) college/university credits in either child development or early childhood education;
    - 24.14.1.2.1 Fifteen (15) year olds may be hired only if they are attending a vocational/technical high school three (3) year program in early childhood education or a traditional high school's career pathway program in early childhood. Documentation proving enrollment in such programs shall be on file at the Center.
- 24.14.2 A licensee shall ensure that an Early Childhood Intern under the age of eighteen (18) does not provide direct child care to children who are close in age. Such an Early Childhood Intern shall be at least four (4) years older than any child in his or her direct care.

# 24.15 Staffing

- 24.15.1 A licensee shall ensure that the Center has at least one (1) staff member who meets the qualifications for the position of Early Childhood Administrator.
- 24.15.2 A licensee shall ensure that the Center has at least one (1) staff member who meets the qualifications for the position of Early Childhood Curriculum Coordinator.
- 24.15.3 An Early Childhood Administrator shall also be able to serve as the Early Childhood Curriculum Coordinator if the following circumstances have been met:
  - 24.15.3.1 The Early Childhood Administrator meets the qualifications with at least an Associate degree as stated in Rule 24.5.1.1; and
  - 24.15.3.2 The Center has a capacity of sixty (60) or fewer children; or
  - 24.15.3.3 The licensee shall ensure through a written plan approved by the Office of Child Care Licensing that the Center's administrative duties such as human resources/personnel and fiscal are not the responsibility of the Early Childhood Administrator. The written plan shall identify the person/entity performing these duties, and the qualifying factors regarding the person/entity. Changes involving the person/entity performing these duties shall require a new plan approved by the Office of Child Care Licensing.
- 24.15.4 A licensee shall ensure that a staff member who meets the qualifications for the position of an Early Childhood Administrator or Early Childhood Curriculum Coordinator is at the Center at least seventy-five percent (75%) of the hours of operation.
  - 24.15.4.1 If an Early Childhood Administrator is responsible for two (2) or more Centers, each with capacities of sixty (60) or fewer children, a staff member who meets the qualifications for the position of an Early Childhood Administrator or Early Childhood Curriculum Coordinator shall be at each Center at least fifty percent (50%) of the hours of operation.
- 24.15.5 A licensee shall follow a one (1) to four (4) ratio of Early Childhood Teachers to Early Childhood Assistant Teachers, Early Childhood Caregivers and Early Childhood Interns as indicated in the table below:

Early Childhood Teacher(s)	Total # of Early Childhood Assistants, Caregivers and Interns
1	<del>1 to 4</del>
2	<del>5 to 8</del>
3	<del>9 to 12</del>
4	<del>13 to 16</del>
5	<del>17 to 20</del>
6	<del>21 to 24</del>
7	<del>25 to 28</del>
8	<del>29 to 32</del>

Total # of Early Childhood Assistants, Carogivors and Interns
<del>33 to 36</del>
<del>37 to 40</del>

(and continue as needed)

- 24.15.5.1 The ratio of Early Childhood Teachers to Early Childhood Assistant Teachers, Early Childhood Caregivers, and Early Childhood Interns shall be based on the number of staff as needed to comply with staff/child ratios as stated in Rule 29.1. A licensee may choose to use more staff than required without needing to increase the number of Early Childhood Teachers. Part-time staff members working in the positions of Early Childhood Assistant Teachers, Early Childhood Caregivers, and Early Childhood Interns may be grouped as one (1) Full Time Equivalent (FTE) when their combined part-time work schedules add up to the equivalent of a full time staff person at the Center.
- 24.16 Direct Child Care Duties
  - 24.16.1 A licensee shall ensure that staff charged with caring for children is are not given other duties which would interfere with providing care to children.
- 24.17 Substitute and Volunteer Staff
  - 24.17.1 A licensee shall have substitute staff that are at least sixteen (16) years of age, including documentation of their qualifications to fill a particular positions during the absences of permanent staff. A substitute that is temporarily filling in for a position in which he or she is not fully qualified shall be allowed to count toward child/staff ratios if supervised by at least an Early Childhood Teacher, School-Age Site Coordinator, or School-Age Site Assistant who is designated as responsible for the School-Age Center and under the direct observation of at least an Early Childhood Assistant Teacher, Early Childhood Caregivers, or School-Age Site Assistant at all times. 24.17.1.1When it is known beforehand that a position will be temporarily available for two (2) or more months continuously, the person or persons substituting in that position shall be fully qualified for the position throughout the whole time period.
  - 24.17.2 A licensee shall ensure that volunteers are at least sixteen (16) years of age and counted for the purposes of staff/child ratios only when it is documented that they are fully qualified for the particular position in which they are volunteering and present at the Center for seven (7) or more hours a week.
  - 24.17.3 A licensee shall ensure that volunteers present less than seven (7) hours a week are not counted toward staff/child ratios and be under the supervision of at least an Early Childhood Teacher, School-Age Site Coordinator, or School-Age Site Assistant who is designated as responsible for the School-Age Center and under the direct observation of at least an Early Childhood Assistant Teacher, Early Childhood Caregiver, or School-Age Site Assistant at all times and not be alone with the children at any time.
  - 24.17.4 A licensee shall ensure that a substitute or volunteer may be fifteen (15) years old only if they are attending a vocational/technical high school three (3) year program in early childhood education or a traditional high school's career pathway program in early childhood. Documentation proving enrollment and attendance in such programs shall be on file at the Center.

### 25.0 Orientation

- 25.1 A licensee shall document that all staff members have been given an orientation training session with the opportunity to ask questions and receive clarification at the beginning of employment at the Center and periodic updates as information is revised on the following:
  - 25.1.1 Emergency and evacuation procedures;
  - 25.1.2 Center policies on positive behavior management, routine and emergency health care including health exclusions, child accident and injury procedures, administration of medication, child care, goals and program for children, recordkeeping, family involvement, safety and sanitation procedures, nutrition and food safety, transporting children, if applicable, and release of children;
  - 25.1.3 Center personnel and administrative policies;
  - 25.1.4 Child abuse and neglect law and reporting requirements and Center procedures to report abuse and neglect;
  - 25.1.5 Recognition of the symptoms of childhood illnesses, including reportable communicable diseases, child abuse, sexual abuse and neglect;
  - 25.1.6 Information on any other Federal or State Laws or regulations applicable to children and families in care including non-discrimination; and

25.1.7 Applicable licensing rules and the location of a copy of the complete rules shall be made available at the Center for staff review whenever requested.

### 26.0 Annual Training

- 26.1 A licensee shall document that all staff, including an actively involved Owner and the Early Childhood or School-Age Administrator, participate in annual training Staff members providing direct child care and working twenty-five (25) or more hours per week shall participate in eighteen (18) clock hours of training annually, and those working less than twenty-five (25) hours per week shall participate in nine (9) clock hours of training annually. Staff members not providing direct child care shall participate in three (3) clock hours of training annually. Only owners, substitutes, or volunteers that work or volunteer less than seven (7) hours per week shall be exempt from the annual training requirements.
  - 26.1.1 For staff members providing direct child care, all training shall be within topics or core areas associated with improving quality in early care and education and school-age care . Topics shall include the following core areas: Child Development; Developmental Curriculum Planning; Understanding Children's Behavior; Health and Safety ;]Nutrition; Family/Community ; Professionalism; and Administration.
  - 26.1.2 For staff members not providing direct child care such as those assigned only to clerical janitorial and food service duties, training shall be in topics specific to the job functions of their particular position.
  - 26.1.3 Training in CPR, First Aid and Administration of Medication shall not count toward a staff member's annual training requirement even when required for a particular position.
- 26.2 A licensee shall ensure that staff members complete annual training during the time period beginning at the start date and ending at the expiration date of the Center's license.

#### 27.0 Annual Professional Development Plan

- 27.1 A licensee shall ensure that each year all staff members complete individual Professional Development Plans which includes input from the staff member and is approved by the Early Childhood or School-Age Administrator. The Professional Development Plans shall at least include written documentation of the following:
  - 27.1.1 Current qualifications;
  - 27.1.2 Annual goal(s) for the individual staff member's professional development;
  - 27.1.3 Progress made toward the goal(s);
  - 27.1.4 All training completed by the staff member during that particular year including copies of training certificates and/or proof of successful completion of the training; and
  - 27.1.5 How listed training is related to goals.
- 27.2 A licensee shall ensure that the individual Professional Development Plans are available for review by the Office of Child Care Licensing as a part of the Center's annual licensure renewal process.

#### 28.0 First Aid and CPR Training

- 28.1 A licensee shall document that staff in all positions except Early Childhood and School-Age Interns have proof of completing a First Aid course every three (3) years and receive current certification in cardiopulmonary resuscitation (CPR).
  - 28.1.1 Staff who are assigned to care for children eight (8) years of age and younger shall have proof of completing a First Aid course applicable to infants and/or children and receive current certification in CPR for infants and/or children.
  - 28.1.2 Staff who are assigned to care for children nine (9) years of age and older shall have proof of completing a First Aid course applicable to children and adults and receive current certification in CPR for adults.
- 28.2 A licensee shall ensure that staff members in positions requiring First Aid and CPR complete First Aid and CPR training within six (6) months from the date of hire.
- 28.3 A licensee shall ensure that staff of a Center licensed before the effective date of these rules shall have six (6) months from the effective date of these rules to complete First Aid and CPR training.
- 28.4 A licensee shall ensure that at least one (1) staff member with First Aid and CPR training applicable to the ages of all children at the Center is present during all hours of operation when children are in attendance including the beginning and end of the day and during off-site activities such as outings or field trips.

29.1 A licensee shall follow the following minimum staff/child ratios and maximum group sizes for each age group listed during normal daily activities at the Center as indicated in the table below:

Age of Child	Minimum Staff/Child Ratio	Maximum Group Size
Infant Under 1 Year	<del>1:4</del>	8
Young Toddler 1 to 2 Years	<del>1: 6</del>	<del>12</del>
Older Toddler 2 to 3 Years	<del>1:8</del>	<del>16</del>
Young Preschool Child 3 to 4- Years	<del>1:10</del>	<del>20</del>
Older Preschool Child 4 to 5 Years or older (Or not yet in K* or first grade which ever comes first)	<del>1:12</del>	<del>2</del> 4
School-Age Child 5 Years or older (Or at least in K* or first grade which ever comes first)	<del>1: 15</del>	<del>30</del>

#### \* K - Kindergarten

- 29.1.1 A Center licensed before the effective date of these rules shall have four (4) calendar years from the effective date or no later than January 1, 2011 to achieve compliance with staff/child ratios and maximum group sizes requirements.
- 29.2 A licensee shall ensure that a Center develops a plan to accomplish maximum group size requirements. The plan shall be approved by the Office of Child Care Licensing and address the maximum number of children assigned to a specific staff member or group of staff members, occupying an individual classroom or well-defined physical space within a large room. The approved plan shall be implemented to achieve maximum group size requirements at the Center.
- 29.3 A licensee shall maintain the full staff/child ratio for infants at all times.
- 29.4 A licensee shall ensure that for mixed age groups, the staff/child ratio and group size requirements are that for the age of the youngest child present.
- 29.5 A licensee shall ensure that the curriculum goals and program of daily activities for each group of children is implemented by an assigned staff member in the position of Early Childhood Teacher, School Age Site Coordinator, Early Childhood Assistant Teacher, School Age Site Assistant, or Early Childhood Caregiver with approval and monitoring by either the Early Childhood Administrator, School Age Administrator or Early Childhood Curriculum Coordinator, or School Age Site Coordinator when assigned such duty.
- 29.6 A licensee shall assign staff to each group of children to meet staff/child ratios.
  - 29.6.1 Only staff members who are qualified, physically present, and working with children shall be counted for the purposes of staff/child ratios.
- 29.7 A licensee shall ensure that for children one (1) year and older, during nap times when children are sleeping, at least one-half (1/2) of the normal staff/child ratios as required by Rule 29.1 are physically present with each group of children and directly observing the children.
- 29.8 A licensee shall provide supervision of children at all times.
- 29.9 A licensee shall have at least two (2) staff present when seven (7) or more children one (1) year and older are present.
  - 29.9.1 The licensee shall have emergency procedures providing immediate access to emergency service and additional staff when only one (1) staff member is present with children at the Center.
  - 29.9.2 When only one (1) staff member is present with children, that staff member shall have no other responsibilities than direct child care during that time.

29.10 A licensee shall ensure that during times when children are normally arriving at the beginning of the day and leaving at the end of the day, the segregation of age groups for children one (1) year and older will not be required but that there is an organized approach to the supervision of and accountability for children and staff/ child ratios are still maintained.

#### 30.0 Staff Communication

30.1 A licensee shall have an organized system of documented communication among staff to ensure that any staff member assuming responsibility for a child or children as, for example, during shift changes, is informed of any significant information, problem, need or special circumstance involving the child or children.

#### **Physical Environment And Safety**

### 31.0 General

- 31.1 A licensee shall ensure that every building, or part thereof that is used as a Center, is constructed, used, furnished, maintained and equipped in compliance with all applicable requirements established by Federal, State, local and municipal regulatory bodies.
  - 31.1.1 The licensee shall have written certification of compliance from the appropriate regulatory bodies governing zoning, building construction and safety, sanitation and fire safety.

#### 32.0 Usable Space

- 32.1 A licensee shall maintain all areas of the facility in a clean, safe condition free from hazards to the health and safety of children.
- 32.2 A licensee shall ensure that all structures, fences, equipment and grounds are maintained so as to be free from any hazard to health and safety.
- 32.3 A licensee shall ensure that grounds drain either naturally or through installed drainage systems so that there is no standing drainage water on the premises.
- 32.4 A licensee shall ensure that garbage and rubbish are stored securely in non-combustible, covered containers in separate areas inaccessible to children and is removed on a regular basis but not less than once every week.
  - 32.4.1 Outdoor containers, other than dumpsters, shall be cleaned after each collection.
  - 32.4.2 Indoor trash containers shall be emptied daily and kept clean.
- 32.5 A licensee shall ensure that trash collection receptacles are stored in designated areas away from the children's play areas.
- 32.6 A licensee shall ensure that all areas accessible to the Center determined to be unsafe including steep grades, cliffs, open pits, swimming pools, high voltage boosters, propane gas tanks, streets or roads, driveways, railroad tracks, or parking lots, are fenced off or have natural barriers to protect children.

### 33.0 Outdoor Area

- 33.1 A licensee shall maintain or have access to an outdoor play area with at least seventy-five (75) square feet for each child for the maximum number of children who will use the playground at one (1) time.
  - 33.1.1 The outdoor play area shall be large enough to accommodate at least one fourth (1/4) of the licensed capacity of the facility at any one (1) time .
- 33.2 A licensee of a Center licensed before the effective date of these rules shall maintain or have access to an outdoor play area with at least fifty (50) square feet for each child for the maximum number of children who will use the playground at one (1) time.
  - 33.2.1 The outdoor play area shall be large enough to accommodate at least one fourth (1/4) of the licensed capacity of the facility at any one (1) time.
  - 33.2.2 If the capacity of a Center licensed before the effective date of these rules changes for any reason, the licensee shall be required to ensure that the outdoor play area is in compliance with Rule 33.1.
- 33.3 A licensee shall ensure that the outdoor play area is situated adjacent to or within close proximity to the Center and available to the children
  - 33.3.1 The play area shall be accessible by a safe route.
- 33.4 A licensee shall ensure that outdoor play areas are fenced.

- 33.4.1 Fencing shall be sturdy, safe and reinforced at intervals so as to give support, constructed to discourage climbing and not prevent observation of children by staff.
- 33.4.2 Fencing shall be a minimum of four (4) feet in height with openings no larger than three and one-half (3<sup>1</sup>/<sub>2</sub>) inches.
- 33.4.3 Gates shall be equipped with self-closing and positive self-latching closure mechanisms. The latch or securing device shall be high enough or of a type such that small children cannot open it.
- 33.4.4 Fenced areas shall have at least two (2) exits, with at least one (1) being remote from the building.
- 33.5 For a Center licensed before the effective date of these rules, the existing fencing shall be acceptable as long as it is safe, free from hazards and in good repair. When the fencing is replaced, the new fencing shall fully comply with Rule 33.4.
- 33.6 For a Center licensed before the effective date of these rules that has no existing fencing, that Center shall have two (2) years from the effective date or no later than January 1, 2009 to install fencing fully in compliance with Rule 33.4.
- 33.7 A licensee shall ensure that the protective surface of the outdoor play area beneath and in the fall zones of climbing equipment, slides, swings and similar equipment is of approved resilient material which absorbs falls.
  - 33.7.1 The fall zones shall be between six (6) to twelve (12) inches deep as determined by the height of the highest climbing surface of the equipment and consist of wood chips, mulch, engineered wood fibers, sand, pea gravel, safety-tested shredded or unitary rubber or rubber like materials, or rubber mate; or
    - 33.7.2.1 The use of shredded tires shall be permitted if the licensee obtains a guarantee from the supplier that the materials are free from steel wires or other contaminants and follows specific instructions from the supplier to determine the appropriate depth.
    - 33.7.2.2 All materials used for protective surfaces shall be of a size that prevents choking.
  - 33.7.2 The materials used in the fall zone shall follow the instructions as listed in the most recent publication of the United States Consumer Product Safety Commission's (CPSC) Handbook for Public Playground Safety regarding critical heights of tested materials (see CPSC website at http://www.cpsc.gov/cpscpub/pubs/325.pdf Table Critical Heights (in feet) of Tested Materials (currently on page 5 of the CPSC document); or
  - 33.7.3 The materials used in the fall zone shall follow the specific instructions as documented form the supplier to determine the appropriate depth or thickness.
  - 33.7.4 Protective surfaces shall extend at least six (6) feet in all directions from play equipment. For swings, the protective surfacing shall extend, in back and front, twice the height of the suspending bar.
- 33.8 A licensee shall ensure that all surfaces of the outdoor play area are made up of materials that do not present a safety or choking hazard. Only pea gravel shall be acceptable as cover for the outdoor play area if using a gravel or stone-like surfacing.
- 33.9 For a Center licensed before the effective date of these rules, that Center shall have two (2) years or no later than January 1, 2009 to replace small gravel or small stones with pea gravel or with another surface as approved by the Office of Child Care Licensing.
- 33.10 A licensee shall ensure that the outdoor play area has equipment for vigorous play and large muscle activity with attention to the needs of the diversity of children served and their abilities to participate and is free of hazards.
  - 33.10.1 Staff shall inspect the outdoor play area before children begin to play to ensure there are no hazards present and play equipment is safe for use.
- 33.11 A licensee shall ensure that outdoor play equipment is securely anchored unless portable by design, in good repair and placed with regard for safe use.
  - 33.11.1 Outdoor sandboxes or play areas containing sand shall be maintained in a safe and sanitary manner.
  - 33.11.2 Separate outdoor sandboxes shall be covered when not in use.
- 33.12 A licensee shall ensure that the outdoor play area has a shaded rest area for children.
- 33.13 When a licensee can demonstrate that the outdoor space rule cannot be met, the licensee shall provide, in addition to the indoor play space required by Rule 36.1, a minimum of 700 square feet of open, accessible indoor play space for large muscle activity.
  - 33.13.1 The indoor space shall be at the site of the Center.
  - 33.13.2 The licensee shall have a written plan which specifies how large muscle activity will be provided.
  - 33.13.3 The licensee shall have a written plan to ensure some opportunities for safe outdoor activities in accordance with Rules 47.1, 72.6 and 72.9.
  - 33.13.4 When using public areas, staff shall inspect the area before children begin to play to ensure there are no hazards present and play equipment is safe for use.

- 33.14 For a Center licensed before the effective date of these rules, the indoor space as indicated in Rule 33.13.1 may be at a nearby facility that was previously used and approved by the Office of Child Care Licensing unless the capacity of the Center increases or the physical plant of the Center changes allowing room for an indoor play space.
- 33.15 A licensee shall ensure that a roof top or elevated play space above the first floor is protected by a nonclimbable, secure and hazard-free barrier that is at least seven (7) feet in height.

#### 34.0 Riding Toys

- 34.1 A licensee shall ensure that bicycles, tricycles, scooters, and other riding toys are the size appropriate for a child, in good condition and free of sharp edges or protrusions that may injure a child.
- 34.2 A licensee shall ensure that all children wear approved safety helmets while riding bicycles with wheels of twenty (20) or more inches in diameter.
  - 34.2.1 Children shall not share helmets unless helmets are made with a nonporous interior lining and easily cleanable straps. All interior and exterior surfaces of the helmet shall be wiped clean between users.
  - 34.2.2 Helmets shall be removed before allowing children to use playground equipment.

#### 35.0 Access To Space By Children

35.1 A licensee shall ensure that interior space designated for the use of children is available to children when the Center is in operation and is arranged to allow each child adequate space for free movement and active play.

#### 36.0 Indoor Area

- 36.1 A licensee shall ensure that a Center has at least thirty-five (35) square feet for each child. Measurements shall be from wall to wall on the inside.
  - 36.1.1 Toilet rooms, kitchen areas, isolation areas, offices, storage spaces, hallways, furnace rooms and other areas not used by children for sleep or play on a routine basis shall not be counted in computing required square footage.
- 36.2 A multi-purpose room shall be allowed to count toward the indoor square footage of a Center when the room is routinely available for usage every day the Center is open.
- 36.3 A licensee shall ensure that the floors of all rooms in a Center have a surface which is safe and cleanable.

### 37.0 Sleeping Accommodations

- 37.1 A licensee shall ensure that each child, except school-age children who do not sleep at the Center, has clean, age-appropriate individual rest equipment such as a crib, playpen, cot, bed or mat and bedding.
  - 37.1.1 A child's rest equipment shall be labeled with the child's name and used only by the child while attending the program.
  - 37.1.2 Mattresses and sleeping equipment shall be covered with non-absorbent, cleanable coverings.
  - 37.1.3 Cots, beds, mats and mattresses, and crib mattresses shall be cleaned and sanitized at least weekly and when soiled or wet.
  - 37.1.4 Rest equipment and bedding shall be cleaned and sanitized prior to being assigned to another child.
  - 37.1.5 Each child under eighteen (18)months of age and/or not walking shall sleep in a crib or playpen. A child who is between twelve (12) and eighteen (18) months of age and is walking may sleep on a cot, bed, or mat and bedding with written permission from the child's parent(s)/guardian(s).
- 37.2 A licensee shall ensure that sleeping mats are stored so that there is no contact with the sleeping surface of another mat or disinfected after each use.
- 37.3 A licensee shall ensure that cribs are not stacked while in use.
  - 37.3.1 Cribs and playpens shall have slats so placed as to allow gaps of no larger than two and three eighths (2-3/8) inches.
  - 37.3.2 Cribs and playpens shall have top rails at least twenty (20) inches above the mattress with the mattress set at its lowest position and side rail locked in its highest position.
  - 37.3.3 Any latches on cribs or playpens shall be safe and secured.
  - 37.3.4 Crib mattresses shall be firm and tight-fitting.
  - 37.3.5 Soft surfaces such as soft mattresses, pillows, sofas and waterbeds shall be prohibited as infant sleeping surfaces.

- 37.3.6 All pillows, bumper pads, quilts, comforters, sheepskin, stuffed toys, and any other soft products shall be removed from cribs while an infant is in the crib.
- 37.3.7 Toys or objects hung over an infant in a crib shall be held securely and be of a size and weight that would not injure an infant if the toy or object accidentally falls or if the infant pulls on the object.
- 37.4 A licensee shall ensure that seasonably appropriate top and bottom coverings, such as sheets and blankets, are provided for each child.
  - 37.4.1 Sheets and blankets or other bedding shall be cleaned at least weekly and when soiled or wet.
- 37.5 A licensee shall ensure that rest equipment is placed at least one and one-half (1 ½) feet apart while in use with children sleeping in alternating body positions aligning their head to the feet of the child next to them.
- 37.6 A licensee shall ensure that rest equipment is maintained in a safe condition.

#### 38.0 Area for Children Who Become III

- 38.1 A licensee shall ensure that a Center has a separate area where children who are exhibiting illnesses/ symptoms requiring exclusion from the Center are cared for until they can be removed from the Center or are diagnosed as posing no risk to themselves or others.
  - 38.1.1 The separate area shall be furnished with rest equipment provided with clean bedding.
  - 38.1.2 This area shall not be located in the kitchen or toilet areas.
  - 38.1.3 All items used by an ill child, including rest equipment, bedding, utensils and toys shall be cleaned and disinfected prior to being used by another child.
  - 38.1.4 While in this area, staff shall ensure that the child is supervised and the child's individual needs for rest, comfort, food, drink and activity are met until the child can be picked up by a parent/guardian or suitably cared for elsewhere.

#### 39.0 Toilet Facilities

- 39.1 A licensee shall ensure that a Center has enclosed toilet rooms inside the building on the same floor as inside play area(s).
  - 39.1.1 Toilet rooms shall have no locks within the children's reach.
- 39.2 A licensee shall ensure that a Center serving children over twenty-four (24) months of age has at least the number of child-sized or standard toilets and sinks in the following ratios:
  - 39.2.1 One (1) to ten (10) child-sized toilets for children over twenty-four (24) months through preschool age;
  - 39.2.2 One (1) to fifteen (15) standard toilets for school-age children and staff;
  - 39.2.3 At least one (1) sink shall be in the toilet room; and
  - 39.2.4 Staff shall be counted in determining the number of toilets and sinks if the Center does not provide separate toilet facilities for staff.
- 39.3 For a Center licensed before the effective date of these rules, the existing number of toilets and sinks shall be acceptable as long as the conditions of the original Environmental Health plan approval continue to be met.
  - 39.3.1 If the capacity or physical plant of a Center licensed before the effective date of these rules changes for any reason, the licensee shall be required to ensure that the toilets and sinks are in compliance with Rule 39.2.
- 39.4 A licensee shall ensure that a Center serving only children under twenty-four (24) months of age has at least one (1) toilet and sink when fewer than twenty (20) children are served and at least two (2) toilets and sinks when more than twenty (20) children are served.
- 39.5 A licensee shall ensure that potty chairs are not be substituted for toilets and, if used, are placed in the toilet room.
  - 39.5.1 Potty chairs, when used, shall be cleaned and sanitized after each use in accordance with Rules # 40.1 and 40.2.
  - 39.5.2 A licensee shall ensure that toilet rooms in a Center has at least one (1) operable window or mechanical ventilation.
  - 39.5.3 A licensee shall provide soap, toilet paper and single service towels or hand drying device in the toilet room(s) and make them accessible to the children.
  - 39.5.4 A licensee shall ensure that all surfaces in a toilet room are smooth, cleanable and non-absorbent.
  - 39.5.5 A licensee shall ensure that toilet room(s) in a Center are maintained in a sanitary condition and cleaned daily or more frequently if needed.

# 40.0 Sanitation

- 40.1 A licensee shall ensure that areas and equipment specified in Rules 40.2 and 40.3 are washed with soap and water and disinfected as required.
  - 40.1.1 The disinfectant solution shall either be a self-made solution consisting of one-fourth (1/4) cup of household bleach to each gallon of water (one (1) tablespoon per quart), which is prepared daily, labeled, placed in a bottle that is sealed with a cap and stored out of the reach of children or a commercially prepared disinfectant which indicates it kills bacteria, viruses and parasites and used in accordance with label instructions.
- 40.2 A licensee shall ensure that staff wash and disinfect the following equipment items or surfaces after each use:
  - 40.2.1 Potty chairs which have first been emptied into a toilet;
  - 40.2.2 Sinks and faucets used for handwashing after the sink is used for rinsing a potty chair;
  - 40.2.3 Diapering surfaces, as required in Rule 43.4;
  - 40.2.4 Food preparation and eating surfaces such as counters, tables, and high chair trays;
  - 40.2.5 Toys mouthed by children;
  - 40.2.6 Mops used for cleaning;
  - 40.2.7 Bibs; and
  - 40.2.8 Thermometers.
- 40.3 A licensee shall ensure that staff wash and disinfect the following equipment items or surfaces at least daily:
  - 40.3.1 Toilet and toilet seats;
  - 40.3.2 Sinks and faucets;
  - 40.3.3 Diaper pails and lids;
  - 40.3.4 Drinking fountains;
  - 40.3.5 Water table and water play equipment;
  - 40.3.6 Play tables;
  - 40.3.7 Mats that are not stored separately as specified in Rule 37.2 and
  - 40.3.8 Smooth surfaced non-porous floors.

### 41.0 Handwashing

- 41.1 A licensee shall ensure that staff and children wash their hands regardless of glove usage with soap and running water and use single service towels for drying hands:
  - 41.1.1 Before and after eating or handling food;
  - 41.1.2 Before and after giving medications;
  - 41.1.3 Before and after caring for a child who may be sick;
  - 41.1.4 Before and after using a water-play table with other children;
  - 41.1.5 After toileting or diapering;
  - 41.1.6 After coming into contact with blood, fecal matter, urine, vomit, nasal secretions or other body secretions;
  - 41.1.7 After handling animals or their equipment or after coming into contact with an animal's body secretions;
  - 41.1.8 After playing in a sandbox;
  - 41.1.9 After outdoor play;
  - 41.1.10 After cleaning; and
  - 41.1.11 After taking out the garbage.
- 41.2 A Center shall ensure that staff use disposable rubber or plastic gloves when cleaning surfaces or equipment contaminated with blood or vomit.

# 42.0 Standard Precautions

- 42.1 A licensee shall employ standard precautions for protection from disease and infection. Spills of body fluids (i.e. urine, feces, blood, saliva, nasal discharge, eye discharge, and injury or tissue discharges) shall be cleaned up immediately, as follows:
  - 42.1.1 For spills of vomit, urine, and feces on any surface including the floors, walls, bathrooms, tabletops, toys, and diaper-changing tables shall be cleaned with soap and water and disinfected;
  - 42.1.2 For spills of blood or blood-containing body fluids and injury and tissue discharges, the area shall be cleaned with soap and water and disinfected. Non-porous gloves shall be used in these situations;

- 42.1.3 Staff involved in cleaning contaminated surfaces shall avoid exposure of open skin sores or mucous membranes to blood or blood containing body fluids and injury or tissue discharges by using non-porous gloves to protect hands when cleaning contaminated surfaces;
- 42.1.4 Blood-contaminated material and diapers shall be disposed of in a sealed plastic bag with a secure tie; and
- 42.1.5 Mops shall be cleaned, rinsed, disinfected, wrung dry and hung to dry.

# 43.0 Diapering

- 43.1 A licensee shall ensure that the diapers and other clothing of children are changed when wet or soiled.
  - 43.1.1 The licensee shall have an established procedure for checking diapers at least hourly including visually inspecting children's diapers at least every two (2) hours.
  - 43.1.2 The licensee shall ensure that a supply of clean diapers and extra clothing are available for each child either by providing them directly or requiring the parent(s)/guardian(s) to provide.
  - 43.1.3 Soiled clothing shall be placed in a sealed plastic container or bag and labeled with the child's name and returned to the child's parent(s)/guardians at the end of the day.
- 43.2 A licensee shall ensure that a Center has a diaper changing area with a clean, washable and non-absorbent surface.
  - 43.2.1 There shall be a separate hand-washing sink within five (5) feet of the changing area.
  - 43.2.2 The diaper changing area shall not be located in the kitchen area.
  - 43.2.3 Disposable covers for the diaper changing area shall be used for each diaper change.
- 43.3 A licensee shall ensure that used disposable diapers are placed in a foot-activated container that is used exclusively for diapers and lined with a leak-proof or impervious liner.
  - 43.3.1 Such diapers shall be removed from the Center daily or more frequently if needed to prevent accumulation of odors, and placed in a closed container that is outside the building and used for trash collection.
  - 43.3.2 The container shall be sanitized daily.
  - 43.3.3 The container shall be within arms reach of the diaper changing area and inaccessible to children.
  - 43.3.4 Diaper containers that require a hand to push the used diaper through a narrow opening or have exterior surfaces that must be touched with a hand or the used diaper itself shall be prohibited.
- 43.4 A licensee shall have an established procedure for changing diapers to include at least the following steps:
  - 43.4.1 The licensee shall ensure that staff members use a diaper changing area in accordance with Rule 43.2;
  - 43.4.2 The licensee shall ensure that staff members wash and dry each child during each diaper change with an individual disposable sanitary wipe or single service washcloth;
  - 43.4.3 The diaper changing area shall be cleaned and sanitized with a disinfectant solution after each use in accordance with Rules 40.1 and 40.2;
  - 43.4.4 The licensee shall ensure that disposable diapers and disposable covers are disposed of in accordance with Rule 43.3;
  - 43.4.5 The licensee shall ensure that soiled non-disposable diapers are not emptied or rinsed and placed in a sealed plastic container labeled with the child's name and returned to the child's parent(s)/guardians at the end of the day;
  - 43.4.6 A licensee shall ensure that staff members changing children's diapers wash their hands and the hands of the child with soap and water immediately after each diaper change; and
  - 43.4.7 This procedure shall be posted in the diaper changing area.

### 44.0 Food Safety

- 44.1 A licensee shall contact the Division of Public Health prior to opening to determine whether the Center requires a Food Establishment permit.
  - 44.1.1 A licensee of a Center licensed before the effective date of these rules shall have thirty (30) days from the effective date to contact the Division of Public Health to determine whether the Center requires a Food Establishment permit.
  - 44.1.2 A licensee shall provide the Office of Child Care Licensing documentation from the Division of Public Health that states the date the Center contacted the Division of Public Health and shows the designation of Food Establishment permit required or no Food Establishment permit required,
- 44.2 A licensee of a Center that conducts a food operation which does not require a Food Establishment permit shall not change that type of food operation to one which requires a Food Establishment permit, except as approved by the Division of Public Health.

- 44.3 A licensee shall ensure that a kitchen or food preparation area is provided with the necessary operable equipment to prepare, store, serve and clean-up of all meals and snacks for children and staff.
  - 44.3.1 The Center shall have a hand-washing sink in the food preparation area, separate from the sink used for food preparation and dishwashing.
- 44.4 A licensee shall ensure that floors, walls and counter surfaces in which any food comes in contact with are easily cleanable and impervious to water to the level of splash.
- 44.5 A licensee shall ensure that a Center has refrigeration to keep perishable food cold (forty (40) degrees F. or colder).
  - 44.5.1 There shall be a working thermometer in all refrigerators.
  - 44.5.2 A Center where children eat lunches prepared at home shall provide adequate refrigerated storage for such lunches.
- 44.6 251.A licensee of a Center shall ensure that all single service dinnerware or utensils provided for meals or snacks are discarded immediately after use.
- 44.7 A licensee shall ensure that all food in a Center is clean, wholesome, free from spoilage and adulteration, correctly labeled and safe for human consumption.
- 44.8 A licensee shall ensure that storage areas for food in a Center are cleanable and free of food particles, dust and dirt.
  - 44.8.1 All food items shall be stored in closed or sealed containers which are labeled.
  - 44.8.2 All food items shall be stored off the floor.
  - 44.8.3 Food items shall be stored separately from cleaning materials.
- 44.9 A licensee shall ensure that the kitchen or food preparation area is constructed and supervised to prevent access by children unless staff is conducting a specific educational activity within the kitchen or food preparation area. Staff shall organize and supervise such educational activities to ensure the safety of all children participating.

#### 45.0 Storage of Personal Belongings

45.1 A licensee shall provide children with individual storage space for personal belongings so that clothing or bedding used by a child does not come into contact with that used by other children.

#### 46.0 Doors, Windows and Climate Control

- 46.1 A licensee shall provide insect screening for all exterior doors and operable windows when such doors and windows are used for ventilation, provided that all requirements for fire safety have been met. This screening shall be in good repair.
- 46.2 A licensee shall ensure that unless mechanical ventilation is provided, a Center has window area equal, at a minimum, to four and one-half percent (4 1/2%) of the floor area of the Center. Half (1/2) of such window area shall be operable.
- 46.3 A licensee shall ensure that all floor or window fans in a Center are inaccessible to children and bear the safety certification mark of a recognized testing laboratory such as UL (Underwriters Laboratories) or ETL (Electrotechnical Laboratory).
- 46.4 A licensee shall ensure that all closets and bathrooms are provided with doors that can be readily opened from both sides.
- 46.5 A licensee shall ensure that all heating and cooling equipment is safely shielded to prevent the injury of children.
  - 46.5.1 All heating and cooling equipment shall be inspected annually by a heating/air conditioning contractor who verify in writing that the equipment is properly installed, cleaned and maintained to operate efficiently and effectively without emitting harmful chemical or microbiological substances.
  - 46.5.2 Portable space heaters shall be prohibited.
- 46.6 A licensee shall take precautions to ensure that heating elements including hot water pipes and radiators are insulated and installed in a manner that ensures the safety of children.
- 46.7 A licensee shall ensure that room temperatures in rooms used by the children are maintained at a minimum temperature of sixty-five (65) degrees F. and a maximum of eighty-five (85) degrees F. at floor level unless there is conflict with Federal and State energy Laws.
  - 46.7.1 A Center shall be required to temporarily close if the minimum or maximum room temperatures cannot be maintained.

46.8 For a Center licensed after the effective date of these rules, a licensee shall ensure that air conditioning is used in rooms occupied by children to keep rooms comfortable as per Rule 46.7 during the hot weather.

# 47.0 Outdoor Climate

47.1 A licensee shall be aware of extreme weather conditions such as air quality or wind chill factor that could affect the well being or health of children and limit outside playing time when such extreme weather conditions exist.

# 48.0 Lighting

- 48.1 A licensee shall ensure that a Center has sufficient natural and artificial lighting to allow for the supervision of the children and provide illumination of at least thirty (30) foot candles at floor level in areas where children's activities occur.
- 48.2 A licensee shall ensure that parking areas, pedestrian walkways, or other exterior portions of the premises subject to use by occupants after dark are illuminated.

### 49.0 Water and Sewage

- 49.1 A licensee shall ensure that the temperature level of the water from all water taps accessible to children in care in a Center not exceed 120 degrees F.
  - 49.1.1 A licensee shall ensure that the water supply and the sewage disposal in a Center are approved by the Division of Public Health and the Department of Natural Resources and Environmental Control, respectively.
    - 49.1.1.1 All sinks shall be designed to supply hot and cold water, under pressure, at all times to meet the needs of children in care.
    - 49.1.1.2 All plumbing shall comply with the State or local plumbing code.
- 49.2 A licensee shall ensure that drinking water is always available to children and supplied to them upon their request.

#### 50.0 Hazardous Finishes and Surfaces

- 50.1 A licensee shall ensure that the Center not utilize any rough surface or finish where such surface or finish may present a hazard to children in care.
- 50.2 A licensee shall ensure that the Center not have any building components, equipment, furnishing, or decorations surfaced with or containing hazardous materials such as asbestos, deteriorated lead-based paint, or lead-based paint present on accessible, friction or impact surfaces.
- 50.3 A licensee shall maintain evidence that the Center has been tested for and found to be free of lead-based paint hazards when conditions warrant such testing and/or testing is required.

### 51.0 Emergency Planning

- 51.1 A licensee shall have a written emergency plan describing procedures for both natural and man-made disasters for such situations as a fire, flood, earthquake, extreme weather conditions, power failure or utility disruptions, chemical or toxic spills, bomb threat, or terrorist attack.
  - 51.1.1 The emergency plan shall include procedures for training staff about disaster preparedness, staff's specific responsibilities during a disaster, accounting for all children and staff, relocation process (if appropriate), and contacting appropriate emergency response agencies and parents/guardians.
- 51.2 A licensee shall have a written evacuation plan of the Center posted in each room the children use.
  - 51.2.1 Monthly evacuation drills shall be practiced from all exit locations at varied times of the day and during varied activities including nap time. Each drill shall be documented and include information on the date and time of day of the drill, the number of children and staff members who participated, and the total amount of time necessary to evacuate the Center.
- 51.3 A licensee shall develop a written plan for procedures in the event that children and staff must remain at the Center for an extended period due to a natural or man-made disaster.
  - 51.3.1 This plan shall include a list of emergency supplies for the care of children and procedures for feeding children and staff during the extended stay at the Center.

### 52.0 Firearms

52.1 A licensee shall ensure that firearms and/or ammunition not be within the Center's premises at any time.

# 53.0 Pets

- 53.1 Licensee shall ensure that any pets kept by or located in the Center are certified by a licensed veterinarian as not being carriers of illness that would be a hazard to children, are free from disease and vaccinated as prescribed by law or as recommended by a licensed veterinarian.
  - 53.1.1 Animals in the Center shall be housed in protected containers and away from food preparation, storage and serving areas and toilet facilities.
  - 53.1.2 Animals shall be handled by children only under close staff supervision.
  - 53.1.3 Animals shall be cared for in a safe and sanitary manner.
  - 53.1.4 Animals such as ferrets, turtles, iguanas, lizards or other reptiles, psittacine birds (birds of the parrot family), or any other animals that are known to be carriers of illnesses shall not be kept at the Center.

### 54.0 First Aid Kits

- 54.1 A licensee shall have, in locations readily accessible to staff, but not to children, first aid kits containing, but not limited to the following:
  - 54.1.1 Disposable nonporous gloves;
  - 54.1.2 Scissors;
  - 54.1.3 Tweezers
  - 54.1.4 A non-glass thermometer to measure a child's temperature;
  - 54.1.5 Bandage tape;
  - 54.1.6 Sterile gauze pads;
  - 54.1.7 Flexible roller gauze;
  - 54.1.8 Triangular bandages;
  - 54.1.9 Safety pins;
  - 54.1.10 Eye dressing;
  - 54.1.11 Pen/pencil and note pad;
  - 54.1.12 Instant cold pack;
  - 54.1.13 Current American Academy of Pediatrics (AAP) standard first aid chart or equivalent first aid guide;
  - 54.1.14 CPR Barrier device;
  - 54.1.15 Small plastic or metal splints; and
  - 54.1.16 Non-medicated adhesive strip bandages, plastic bags for cloths, gauze, and other materials used in handling blood.
- 54.2 A licensee shall ensure that a first aid kit is taken along with children when on field trips and other group visits outside the Center that contains all items listed in Rule 54.1 and also include:
  - 54.2.1 Water;
  - 54.2.2 Liquid soap;
  - 54.2.3 Any emergency medications needed for a child with special needs; and
  - 54.2.4 List of emergency phone numbers, parents'/guardians' home and work phone numbers, and the Poison Control Center phone number.

### 55.0 Telephones

- 55.1 A licensee shall ensure that a Center has a working, listed telephone.
- 55.2 A licensee shall post the following emergency telephone numbers by a telephone accessible to all staff:
  - 55.2.1 911: Providing access to ambulance or emergency medical services, police and fire departments;
  - 55.2.2 Poison Control Center; and
  - 55.2.3 Child Abuse Reporting Number.

#### <del>55.3</del>

- 55.3.1 Telephone numbers where parents/guardians can be reached; and
- 55.3.2 Telephone numbers of the physicians health care provider designated by parents/guardians;.
- 55.4 A licensee shall ensure that an operating phone is available to make emergency calls while on field trips or any excursion, including walks, outside of the Center.

- 56.1 A licensee shall ensure that all containers of poisonous, toxic, or hazardous materials kept in a Center are prominently and distinctly marked or labeled for easy identification as to contents and used only in such manner and under such conditions as will not contaminate food or constitute a hazard to the children in care or to staff.
  - 56.1.1 The storage of flammable liquids and gases shall not be permitted in the Center except as allowed by the Office of the Fire Marshal.
  - 56.1.2 All poisonous or toxic materials except materials required for routine cleaning and maintenance shall be locked in secure storage spaces and accessible only to authorized staff.
  - 56.1.3 Materials required for routine cleaning and maintenance shall be stored and used in a safe manner.
- 56.2 A licensee shall ensure that porches, and elevated walkways or surfaces in a Center, of more than two (2) feet in height have hazard-free barriers to prevent falls.
- 56.3 A licensee shall ensure that every exit, exit access and exit discharge in a Center are continuously maintained free of obstruction.
- 56.4 A licensee shall ensure that glass door panels and windows within thirty-six (36) inches of the floor have safety guards such as rails or mesh or be of safety-grade glass or polymer and equipped with a vision strip.
- 56.5 A licensee shall utilize approved products and procedures to ensure that the Center is protected from insect infestation and the products and procedures do not present a hazard to children.
- 56.6 A licensee shall ensure that all buildings used by a Center are rodent free.
- 56.7 A licensee shall ensure that children in care of a Center not swim in areas posted as being unsafe. An individual with current water safety instructor training or senior lifesaving training from the American Red Cross or its equivalent shall be on duty when the children in care are swimming.
  - 56.7.1 In-grounds pools shall comply with the Division of Public Health requirements concerning swimming and wading pools.
  - 56.7.2 Portable wading pools shall be prohibited.
  - 56.7.3 Permanent or built-in swimming and wading pools that are left filled when not in use shall be inaccessible to children when not being used by the children.
- 56.8 A licensee shall ensure that stairways, inside and outside, over four (4) steps, have handrails at a maximum height of thirty-eight (38) inches.
- 56.9 A licensee shall ensure that approved safety gates at stairways are provided if infants and toddlers are in care and are placed in the areas where the infants and toddlers are located within the Center.
  - 56.9.1 Gates shall have latching devices that adults, but not children, can open easily in an emergency.
  - 56.9.2 Pressure or accordion gates shall not be used.
- 56.10 A licensee shall ensure that a Center has child-proof receptacle covers for all electrical outlets not in use and accessible to children or has electrical outlets that are of the child-resistant ground-fault circuit-interrupter (GCFI) type.

### 57.0 Transportation

- 57.1 A licensee of a Center which provides transportation for children shall ensure that the vehicle and operator of a vehicle used to transport children are in compliance with all applicable Federal, State and local laws.
  - 57.1.1 The driver shall not transport more persons, including children and adults, than the capacity of the vehicle.
  - 57.1.2 A vehicle with a rated capacity, as defined by the manufacturer, to carry more than ten (10) passengers in addition to the driver and was newly purchased or newly leased after July 1, 1998 shall meet State and Federal specifications and safety standards applicable to school buses.
- 57.2 A licensee shall ensure that each child is secured in an individual safety restraint system appropriate to the age, weight and height of the child at all times while the vehicle, other than a school bus, is in motion. All safety restraints shall be federally approved and so labeled according to the current applicable Federal Motor Vehicle Safety Standard. Child safety restraints shall be installed and used in accordance with the manufacturer's and vehicle's instruction and maintained in a safe working condition and free of any recall.

A child preschool age or younger shall be only transported on a school bus that is properly equipped for child safety restraints unless written permission is received from the parent(s)/guardian(s) of that child allowing the child to be transported on a school bus unrestrained. The Center shall explain to parent(s)/guardian(s) in the Center's written transportation policy that while child safety restraints on school buses for children preschool age or younger are not currently required by State Law, the National Highway Traffic Safety Administration recommends that children in this age group always be transported in school buses properly equipped for child restraints.

57.3 A licensee shall develop a written transportation policy that includes:

- 57.3.1 How and where the children shall be transported;
- 57.3.2 Safe driver criteria such as needing a valid driver's license and having a safe driving record; and
- 57.3.3 Physical conditions that would impair the ability to drive wherein a driver shall not operate a vehicle.
- 57.4 A licensee shall inform parents/guardians of the Center's transportation policy and obtain written permission from parents/guardians for any transportation provided by the Center. This permission shall specify any special need or problem of the a child which might require special attention during transportation. The operator or attendant of the vehicle shall be given a copy of this information with directions on handling any special need or problem. This permission shall also identify who is operating each vehicle.
- 57.5 A licensee shall ensure that any operator of a vehicle transporting children for a Center is at least twenty-one (21) years of age.
  - 57.5.1 The operator shall have a valid driver's license that authorizes the driver to operate the vehicle being driven.
- 57.6 A licensee shall ensure that an operable phone is in all vehicles transporting children.
- 57.7 A licensee shall ensure that all doors on vehicles are locked whenever the vehicle is in motion.
- 57.8 A licensee shall ensure that children are never left unattended in a vehicle used by the Center to transport children.
- 57.9 A licensee shall not transport children in the open back of a truck.
- 57.10 A licensee shall ensure that children are loaded and unloaded at the curbside of the vehicle or in a protected parking area or driveway.
- 57.11 A licensee shall ensure that a vehicle used to transport children has an operable heater capable of maintaining a temperature of at least fifty (50) degrees F. in the vehicle.
- 57.12 A licensee shall ensure that a vehicle is air-conditioned when the vehicle's interior temperature exceeds eightyfive (85) degrees F. and providing fresh air through open windows cannot reduce the temperature.
- 57.13 A licensee shall ensure that each vehicle used to transport children is equipped with an operable dry chemical fire extinguisher approved by the Underwriter's Laboratory.

#### 58.0 Field Trips

- 58.1 A licensee shall provide staff or adult supervision of children during trips off the Center's premises to ensure safety.
  - 58.1.1 Parents/guardians volunteering to accompany the children shall be allowed to count toward the staff/child ratios for field trip or routine program outing purposes only if not accompanied by other children of any age who are not enrolled at the Center.
  - 58.1.2 Volunteering parents/guardians shall be supervised by a staff member who is at least an Early Childhood Assistant Teacher, Early Childhood Caregiver or School-Age Site Assistant at all times and not be alone with the children at any time including the transportation of children.
- 58.2 A licensee shall ensure that during routine program outings that do not require the use of vehicles and are in close proximity to the Center, a licensee maintains staff/child ratios in accordance with Rule 29.1 with a minimum of two (2) staff members present at all times.
- 58.3 A licensee shall ensure that during field trips that require the use of vehicles, the staff/child ratios are according to the table below:

Age of Youngest Child	in Maximum Number of Children to be Supervised By
Group	At Least One (1) Early Childhood Assistant Teacher,
	Early Childhood Caregiver or School-Age Site
	Assistant

Less than 2 years	<u>_2</u>
2 years through 4 years	-4
5 years and older	8

- 58.3.1 Staff shall have a list of the children present and check the roll frequently to ensure all children are accounted for at all times.
- 58.3.2 Staff shall have access to medical consent forms and emergency contact information for all children.
- 58.3.3 Staff shall have a traveling first aid kit available in accordance with Rule 54.2.

- 58.3.4 Children shall have tags or other means of providing the Center's telephone number.
- 58.3.5 Staff shall have a plan for transportation of children in the event of an emergency.
- 58.3.6 Staff shall document that a roll check was conducted both before departing from the field trip site and again when returning to the Center.
- 58.4 A licensee shall ensure that staff and/or volunteering parents/guardians comply with Transportation Rule 57.0 when transporting children on field trips.

#### **Health Care**

#### 59.0 Health Consultation

- 59.1 A licensee shall have specific arrangements with a health care provider who will agree to provide consultation on both routine and emergency health care for children.
  - 59.1.1 The above rule shall be excepted when the licensee employs a Registered Nurse licensed in Delaware to provide health services or arrangements have been made with a certified child care health consultant who is also a Registered Nurse licensed in Delaware.

#### 60.0 Health Care Plan

- 60.1 A licensee shall have a written plan for the routine and emergency health care of children including procedures to be followed in case of illness and plans for accessing emergency services. Each staff member shall receive a copy of this plan and be trained in its implementation during staff orientation. Parents/guardians shall be given a copy of this plan at the time of enrollment. The plan shall be approved by the health care provider or certified child care health consultant who is also a Registered Nurse licensed in Delaware and include:
  - 60.1.1 Procedures to be followed in case of illness or emergency, including method of transportation and notification of parents/guardians;
  - 60.1.2 Procedures to be followed in case of illness or emergency, when parents/guardians cannot be reached;
  - 60.1.3 The Center's policy regarding the administration of medication; and
  - 60.1.4 A plan for the management of communicable disease including the following:
    - 60.1.4.1 The list of symptoms of illness for which a child will be excluded from the Center or separated from the group if symptoms occur after the child has been admitted for the day as specified in Rule 63.1;
    - 60.1.4.2 The list of reportable communicable diseases for which a child will not be admitted to the Center without a written statement from a health care provider as specified in Rule 63.2; and
    - 60.1.4.3 Assurance that the parent(s)/guardian(s) whose child may have been exposed to a reportable communicable disease shall receive written notice of the outbreak of such disease at the Center.

#### 61.0 Health Appraisal

- 61.1 A licensee shall ensure that within one (1) month following admission, the licensee has on file an ageappropriate health appraisal conducted within the last twelve (12) months prior to admission for each child in attendance unless required by Law to be admitted without a health appraisal such as specified in the McKinney-Vento Homeless Assistance Act or any applicable local, State and Federal Laws and regulations. Health appraisals shall be certified by a health care provider and updated yearly or in accordance with the recommended schedule for routine health supervision of the American Academy of Pediatrics. The health appraisal shall include:
  - 61.1.1 A health history;
  - 61.1.2 A physical examination;
  - 61.1.3 Growth and development;
  - 61.1.4 Recommendations regarding required medication, restrictions or modifications of the child's activities, diet or care;
  - 61.1.5 Medical information pertinent to treatment in case of emergency;
  - 61.1.6 Documentation of the results of any recommended or required screening or testing such as for blood-lead or tuberculosis; and
  - 61.1.7 Documentation of the immunization status, with a listing of day, month and year of administration for each immunization required by the Division of Public Health as specified in the Appendix, Recommended

Childhood and Adolescent Immunization Schedules. For current information, the licensee shall contact the Division of Public Health or refer to the CDC website – http://www.cdc.gov/nip/recs/child-schedule.htm.

- 61.1.7.1 The licensee shall not permit a child to be admitted to the Center without written documentation from a health care provider or Division of Public Health that the child who is not age-appropriately vaccinated according to the most recent directive from the Division of Public Health unless required by Law to be admitted without immunization(s) such as specified in the McKinney-Vento Homeless Assistance Act or any applicable local, State and Federal Laws and regulations.
- 61.1.7.2 If a child has not received immunizations as required for the child's age, the licensee shall require a written plan for updating the immunizations within a reasonable time frame to be submitted to the Early Childhood or School-Age Administrator within fourteen (14) days of the child's admission or as required by Law such as specified in the McKinney-Vento Homeless Assistance Act or any applicable local, State and Federal Laws and regulations.
- 61.1.7.3 If the additional required immunizations are not completed within the time frame specified in the written plan, the child shall be excluded from the Center until the immunizations have been obtained and written documentation of such has been submitted to the Early Childhood or School-Age Administrator.
- 61.2 A licensee shall ensure that for school-age children, a copy of the health appraisal required by the child's school is also on file at the Center.
- 61.3 A licensee shall ensure that a child whose parent(s)/guardian(s) objects to immunizations on a religious basis or whose health care provider certifies that such immunization may be detrimental to the child's health will be exempt from the immunization requirement provided that the parent(s)/guardian(s) submits to the Early Childhood or School-Age Administrator a notarized statement explaining the exemption is in compliance with State Law.

#### 62.0 Health Observation on Arrival

A licensee shall ensure that each child is observed on arrival by a staff member trained in recognizing common signs of communicable disease, physical injury or other evidences of ill health.

#### 63.0 Health Exclusion

- 63.1 A licensee shall not permit a child who has symptoms of illness specified below to be admitted to the Center or remain at the Center unless written documentation from a health care provider, or verbal with written follow-up, states the child has been diagnosed and poses no serious health risk to the child or to other children. The symptoms of illness for possible exclusion shall include, but not be limited to any of the following:
  - 63.1.1 Temperature: infants four (4) months old and younger, equivalent to 100 degrees or greater even if there has not been a change in behavior;
  - 63.1.2 Temperature: children older than four (4) months, equivalent to 101 degrees or greater; accompanied by behavior changes or other signs or symptoms of illness until medical evaluation indicates inclusion in the facility. Oral temperature shall not be taken on children younger than four (4) years (or younger than three (3) years if a digital thermometer is used). Rectal temperature shall be taken only by a licensed health care professional;-
  - 63.1.3 Symptoms and signs of possible severe illness (such as unusual lethargy, uncontrolled coughing, inexplicable irritability, persistent crying, difficult breathing, wheezing, or other unusual signs) until medical evaluation allows inclusion;
  - 63.1.4 Uncontrolled diarrhea, that is, increased number of stools, increased stool water, and/or decreased form that is not contained by the diaper until diarrhea stops;
  - 63.1.5 Blood in stools not explainable by dietary change, medication, or hard stools;
  - 63.1.6 Vomiting illness (two (2) or more episodes of vomiting in the previous twenty-four (24) hours) until vomiting resolves or until a health care provider determines the cause of the vomiting is not contagious and the child is not in danger of dehydration;
  - 63.1.7 Persistent abdominal pain (continues more than two (2) hours) or intermittent pain associated with fever or other signs or symptoms;
  - 63.1.8 Mouth sores with drooling, unless a health care provider determines that condition is noninfectious;
  - 63.1.9 Rash with fever or behavior change, until a health care provider determines that these symptoms do not indicate a communicable disease;
  - 63.1.10 Purulent conjunctivitis (defined as pink or red conjunctiva with white or yellow eye discharge), until after twenty-four (24) hours after antibiotic treatment has been initiated;

- 63.1.11 Scabies, until twenty-four (24) hours after treatment has been initiated;
- 63.1.12Pediculosis (head lice), until twenty-four (24) hours after treatment has been initiated;
- 63.1.13 Tuberculosis, until a health care provider states that the child is on appropriate therapy and can attend care;
- 63.1.14 Impetigo, until twenty-four (24) hours after treatment has been initiated;
- 63.1.15 Strep throat or other streptococcal infection, until twenty-four (24) hours after initial antibiotic treatment and cessation of fever;
- 63.1.16 Varicella-Zoster (Chicken pox), until all sores have dried and crusted (usually six (6) days);
- 63.1.17 Shingles, only if sores cannot be covered by clothing or a dressing; if not exclude until sores have crusted and are dry;
- 63.1.18 Pertussis, until five (5) days of antibiotic treatment;
- 63.1.19 Mumps, until nine (9) days after onset of parotid gland swelling;
- 63.1.20 Hepatitis A virus, until one (1) week after onset of illness, jaundice or as directed by the health department when passive immunoprophylaxis (currently, immune serum globulin) has been administered to appropriate children and staff;
- 63.1.21 Measles, until five (5) days after onset of rash;
- 63.1.22 Rubella, until six (6) days after onset of rash;
- 63.1.23 Herpetic gingivostomatitis (cold sores), if the child is too young to have control of oral secretions; or
- 63.1.24 Unspecified illness if it limits the child's comfortable participation in activities or if it results in a need for greater care than can be provided without comprising the health and safety of other children.
- 63.2 A licensee shall ensure that the child may return to the Center when the symptoms are no longer present or a health care provider indicates the child poses no serious health risk to the child or to other children.
- 63.3 A licensee shall not permit a child with a reportable communicable disease, as specifiedby the Division of Public Health, to be admitted to or remain at the Center, unless:
  - 63.3.1 Written documentation from the child's health care provider states the child has been evaluated and presents no risk to the child or to others;
  - 63.3.2 The licensee has reported the illness to the Division of Public Health and has been advised the child presents no health risk to others.; or
  - 63.3.3 If there is conflict in the opinions of the health care provider and the Division of Public Health regarding the exclusion of a child, the licensee shall follow the instructions of the Division of Public Health.
- 63.4 A licensee shall report any reportable communicable disease to the Division of Public Health in accordance with Division of Public Health procedures. For current information on reportable communicable diseases and reporting procedures, the licensee shall contact the Division of Public Health or refer to the website http://www.dhss.delaware.gov/dhss/dph/dpc/rptdisease.html.
- 63.5 A licensee shall ensure that when a child has been diagnosed as having a reportable vaccine-preventable communicable disease, all children who have not been immunized against the disease are excluded from the Center in accordance with Division of Public Health procedures.
- 63.6 A licensee shall ensure that if a child who has already been admitted to a Center manifests any of the illnesses or symptoms specified in Rules 63.1 and 36.2 above, the licensee will remove the child from the group of well children to a separate area as specified in Rule 38.1 until:
  - 63.6.1 The child can be picked up by the parent(s)/guardian(s) or suitably cared for elsewhere; or
  - 63.6.2 A health care provider indicates verbally or in writing that the illness/symptoms pose(s) no serious health risk to the child or to other children.
- 63.7 A licensee shall ensure that while a child is cared for in the separate room/area, the child is supervised and the child's individual needs for rest, comfort, food, drink and activity are met.

# 64.0 Administration of Medication

- 64.1 A licensee shall ensure that only trained staff members authorized in accordance with State Law, or health care providers, nurses or other qualified medical health personnel administer medication to children in a Center.
- 64.2 A licensee shall ensure that medication is not administered to a child by a trained staff member unless the licensee has received written permission from the child's parent(s)/guardian(s) for each medication to be administered.
- 64.3 A licensee shall ensure that the parent(s)/guardian(s) of a child provide the following information for each medication given:
  - 64.3.1 The name of the child;

- 64.3.2 The child's date of birth;
- 64.3.3 Medication allergies;
- 64.3.4 Doctor's name and phone number;
- 64.3.5 Pharmacy and phone number;
- 64.3.6 Name of medication;
- 64.3.7 Dosage (amount given);
- 64.3.8 Time (when given);
- 64.3.9 Route of administration (oral; eye, nose or throat drops; topical; or vaginal or rectal suppositories);
- 64.3.10 Expiration date;
- 64.3.11 Start date;
- 64.3.12 End date;
- 64.3.13 Reason for medication; and
- 64.3.14 Any special directions.
- 64.4 A licensee shall ensure that all prescription medication is in its original container, properly labeled, has not expired, and is authorized by the child's health care provider.
  - 64.4.1 Medication shall only be given to the child whose name appears on the prescription.
- 64.5 A licensee shall ensure that all non-prescription medication is in its original container, properly labeled with directions for its administration, has not expired, and is labeled with the child's name.
  - 64.5.1 Any deviations from the label instructions shall be in writing from the child's health care provider.
- 64.6 A licensee shall not allow the administration of prescription or non-prescription medication that has expired and will immediately contact the parent/guardian of a child whose medication has expired to inform that parent/guardian of the situation.
- 64.7 A licensee shall ensure that all medication in the Center is stored so as to be secure and inaccessible to children.
  - 64.7.1 Medication requiring refrigeration shall be kept in closed containers separate from food.
- 64.8 A licensee shall ensure that unused medication is returned to the parent(s)/guardian(s) when no longer needed by a the child.
- 64.9 A licensee shall keep a record of the administration of medication to children including medication dosage, time administered, by whom administered, and any adverse effects observed.
- 64.10 A licensee shall ensure that when a child is receiving medication, the trained staff members note in the records of that child and advise the parent(s)/guardian(s) of the occurrence of any health problems, such as diarrhea, vomiting, continuous hunger, refusal to eat, nosebleeds, skin rash or high temperature.

# 65.0 Child Accident and Injury

- 65.1 A licensee shall ensure that when an accident or injury occurs to a child during the hours of care, that the Center's staff take the emergency action to protect the child from further harm and notify the child's parent(s)/ guardian(s).
  - 65.1.1 The licensee shall maintain an injury report for each incident in the child's file or a central log for the Center and report to the Office of Child Care Licensing an accident or injury which results in death or inpatient or outpatient treatment as required in Rule 15.3.2 and 15.3.3. An injury report or central log entry shall include name of child, date, description of injury, how it occurred and first aid or medical care required.
  - 65.1.2 Whenever an injury report or a central log entry is necessary, the licensee shall notify the child's parent(s)/ guardian(s) to report the specifics of each incident. The licensee shall maintain a record of when the parent(s)/guardian(s) was notified or of attempts to notify the parent(s)/guardian(s).

# 66.0 Adult Health

- 66.1 A licensee shall ensure that a staff member does not provide personal care to or have direct contact with children during normal working activities when that staff member is known to have a communicable or other reportable disease which is readily contagious to others, whether the person has symptoms or is a carrier of such disease.
  - 66.1.1 A staff member shall not be involved in food preparation or serving, if so indicated by the symptoms or illness. The Division of Public Health shall be notified of the reportable communicable disease and consulted to determine the most appropriate action, including exclusion.

### 67.0 Food and Nutrition

# 67.1 General

67.1.1 A licensee shall have a written policy concerning food service including:

- 67.1.1.1 A description of all food services provided;
- 67.1.1.2 Times of snacks and meals;
- 67.1.1.3 Procedures related to food allergies, religious dietary requirements and other special needs;
- 67.1.1.4 If applicable, nutritional information and guidelines concerning the content of meals to be provided by parents/guardians;
- 67.1.1.5 If applicable, procedures to prevent spoilage of food brought from home;
- 67.1.1.6 If applicable, a procedure to be followed by Center staff if food brought from home fails to meet nutritional requirements as specified by Rules 67.2.1 67.2.3; and
- 67.1.1.7 This policy shall be provided to all parents/guardians at enrollment.
- 67.1.2 A licensee shall ensure that staff responsible for food service has knowledge of nutrition, sanitary food preparation, storage and clean-up and adhere to the Center's policy on food service.
  - 67.1.2.1 Staff responsibilities for food service activities shall not reduce staff/child ratios nor be allowed to interfere in other ways with the Center's program or supervision of children while performing food service activities.
- 67.1.3 A licensee shall ensure that the Center has an annual review of a two (2) week menu sample by the Office of Child Care Licensing. Consultation and technical assistance shall be used as needed to correct any problem(s) identified by this annual review and/or during licensing or complaint investigations.
- 67.1.4 A licensee shall ensure that menus are planned in advance, are dated and are posted in a prominent place. Menus noting actual food served shall be retained by the Center for thirty (30) days. Any changes made in actual food served on a particular date are to shall be documented on the menu for on or before that date.
  - 67.1.4.1 A supply of food and water shall be kept in stock for emergency situations that require an extended stay at the Center or cause a power outage. Non-perishable foods, bottled water and any equipment necessary to serve or prepare foods without the use of electricity shall be included in the supply.
- 67.1.5 A licensee shall ensure that meals and snacks are provided by a Center except when one (1) of the following circumstances occur:
  - 67.1.5.1A written statement has been signed by a parent/guardian and kept on file indicating that the parent/guardian has chosen to provide food for the child;
  - 67.1.5.2The licensee makes it known to all parents/guardians at the time of application for enrollment that meals are to be provided by parents/guardians and informs parents/guardians of the importance of sending meals that meet the nutritional requirements as specified in Rules 67.2.1 – 67.2.3 and the Appendix, CACFP Meal Pattern Requirements for Infants and CACFP Meal Pattern Requirement for Children; or
  - 67.1.5.3The Center has a field trip or a specific activity requiring special meal arrangements.
- 67.1.6 A licensee shall ensure that nutritious and appropriately-timed meals and snacks meeting nutritional requirements are served in accordance with the following schedule which indicates number of hours child is present at the Center:
  - 67.1.6.1 2 hours 4 hours 1 snack;
  - 67.1.6.2 4 hours 6 hours 1 meal and 1 snack;
  - 67.1.6.3 7 hours 11 hours 2 meals and 1 snack/or 2 snacks and 1 meal based on time of child's arrival; or-
  - 67.1.6.4 12 hours or more 3 meals and 2 snacks.
- 67.1.7 A licensee shall ensure that meals and snacks are provided in accordance to the current USDA/Child and Adult Care Food Program meal pattern requirements which are adjusted accordingly by the age of the infant and child as specified in Appendix, CACFP Meal Pattern Requirements for Infants and CACFP Meal Pattern Requirement for Children.
  - 67.1.7.1 The licensee shall have supplemental foods from all basic food groups to serve children if meals provided by parents/guardians fail to meet nutritional requirements as specified in Rules 67.2.1 67.2.3.
- 67.1.8 A licensee shall provide food based on the basic food groups as follows:
  - 67.1.8.1 Milk: fluid pasteurized cow's milk;

- 67.1.8.1.1 Children one (1) year to two (2) years shall have whole pasteurized cow's milk when not on formula or breast milk;
- 67.1.8.2 Proteins: meat, fish, poultry, eggs, yogurt, cheese, peanut butter, dried beans, peas, and nuts;
- 67.1.8.3 Fruits and vegetables: include a variety of fresh vegetables and fruits; and
- 67.1.8.4 Grains: Whole grain and enriched products such as breads, cereals, pastas, crackers and rice.
- 67.1.9 A licensee shall ensure that when fruit juice is served, 100%-unsweetened juice is used, and not a fruit drink.
- 67.1.10 A licensee shall ensure that children are encouraged but not forced to eat.
- 67.1.11 A licensee shall provide for the introduction of a variety of food textures and, finger foods and a cup in the training of self-feeding and nutrition education.
- 67.1.12 A licensee shall ensure that powdered milk is not be used as a substitute for fluid milk for drinking purposes but may be used in cooking.
- 67.1.13 A licensee shall ensure that special, therapeutic diets are served by Center staff only upon written instructions by a health care provider.
- 67.1.14 A licensee shall ensure that if the parent(s)/guardian(s) requests any modification of basic meal patterns (see Appendix, CACFP Meal Pattern Requirements for Infants and CACFP Meal Pattern Requirement for Children) due to a child's medical need(s) such as food allergies or food intolerance, the parent(s)/ guardian(s) provide the Center with written documentation from the child's health care provider permitting the modification.
- 67.1.15 A licensee shall ensure that if the parent(s)/guardian(s) requests any modification of basic meal patterns (see Appendix, CACFP Meal Pattern Requirements for Infants and CACFP Meal Pattern Requirement for Children) due to a family's food preferences or religious beliefs, the parent(s)/guardian(s) provide the Center with written documentation specifying which foods are unacceptable and the food substitutions allowed within the same food group.
- 67.1.16 A licensee shall ensure that every effort will be made to accommodate the needs of the child who is being breast-fed, including allowing the mother to breastfeed her child at a designated place at the Center.
- 67.1.17 A licensee shall ensure that each individual child has his or her own utensils fork, spoon, knife, dish, cup, or bottle as appropriate to the age of the child to eat with or be feed with. Such equipment shall not be shared with another child during feeding.
- 67.2 Toddlers And Older Children
  - 67.2.1 A licensee shall ensure that a breakfast served has at least one (1) item each from the milk (A), fruits and vegetables (C) and grain (D) food groups as described in Rule 67.1.8.
  - 67.2.2 A licensee shall ensure that a lunch or dinner served has one (1) item from each of the milk (A), protein (B) and grain (D) food groups and two (2) items from the fruit and vegetable (C) food groups as described in Rule 67.1.8.
  - 67.2.3 A licensee shall ensure that a snack served has at least one (1) item from two (2) of the food groups as described in Rule 67.1.8
    - 67.2.3.1 A licensee shall, at a minimum, provide a snack(s) meeting nutritional requirements, even if parents/guardians provide meals.
    - 67.2.3.2 If milk or fruit juice is not included with a snack, water shall also be served with that snack.
  - 67.2.4 A licensee shall ensure that the use of a bottle is discouraged for children after one (1) year of age, and instead, teach and encourage the use of a cup.

67.3 Infants

- 67.3.1 A licensee shall provide meals for infants according to the following guidelines except as noted following the procedures of Rules 67.1.14 and 67.1.15:
  - 67.3.1.1 A written statement specifying food including specific formula or breast milk, and a feeding schedule shall be obtained from the parent(s)/guardian(s) for each infant at least on a monthly basis or as needed;
    - 67.3.1.1.1Mixing formula with cereal, fruit juice or any other foods in a bottle shall be considered a modification of a basic meal pattern and require written documentation from an infant's health care provider permitting the modification;
  - 67.3.1.2 Foods shall be served on demand or during a span of time consistent with the infant's eating habits;
  - 67.3.1.3 Introduction to all new foods shall be made only with the parent(s)'/guardian(s)' permission. New foods shall be introduced one at a time on a gradual basis with the intent of ensuring health and nutritional well being;

- 67.3.1.4 For infants four (4) to seven (7) months of age, semi-solid foods may be introduced as requested by parent(s)/guardian(s) and shall be required once an infant is eight (8) months of age;
- 67.3.1.5 Foods for infants shall be of a texture and consistency that promotes safe and optimal consumption;
- 67.3.1.6 Baby food for each infant shall be served from a dish unless the entire contents of the jar will be served;
- 67.3.1.7 Bottles and nipples maintained by Center staff shall be washed and sanitized before use;
- 67.3.1.8 Formula provided by parents/guardians or by the Center shall come in a factory-sealed container;
- 67.3.1.9 Each infant's bottle shall be individually labeled with the infant's name and refrigerated immediately after preparation by Center staff or upon arrival if prepared by a parent/guardian;
- 67.3.1.10 Unused bottles shall also be dated as to when prepared if not returned to the parent(s)/guardian(s) at the end of each day;
- 67.3.1.11 Cow's milk shall not be served to infants;
- 67.3.1.12 Breast milk shall be fed only to that mother's own infant;
- 67.3.1.13 Frozen breast milk shall be thawed under running cold water or in the refrigerator;
- 67.3.1.14 Bottles of formula or breast milk and infant foods shall not be warmed or thawed in a microwave oven;
- 67.3.1.15 Bottles and infant foods shall be warmed under running warm tap water or by placing them in a container of water that is no warmer than 120 degrees F and not be left in warm water for more than five (5) minutes;
- 67.3.1.16 Unused portions of formula or breast milk shall be discarded after each feeding that exceeds a period of one (1) hour from beginning of feeding;
- 67.3.1.17 Refrigerated, unused, prepared formula shall be discarded after forty-eight (48) hours;
- 67.3.1.18 Expressed breast milk shall be discarded if it is in an unsanitary bottle or has been un-refrigerated for more than one (1) hour;
- 67.3.1.19 Refrigerated, unused, expressed breast milk that was never frozen shall be discarded after fortyeight (48) hours, or by three (3) months if frozen and stored in a deep freezer at zero (0) degrees F:
- 67.3.1.20 Unused, frozen breast milk that has been thawed in the refrigerator shall be used within twentyfour (24) hours;
- 67.3.1.21 An infant too young to use a feeding chair or other age-appropriate seating apparatus shall be held when fed;
- 67.1.3.22 The same staff person shall feed a specific infant for most of that infant's feedings;
- 67.1.3.23 An infant shall be held for bottle-feeding;
- 67.1.3.24 A staff person shall not bottle feed more than one (1) infant at a time;
- 67.1.3.25 At no time shall an infant be placed in his or her crib with a bottle for feeding or a bottle be propped for feeding an infant;
- 67.1.3.26 Juices shall not be offered to infants until they are able to drink from a cup in order to develop behaviors that may prevent baby bottle tooth decay;
- 67.1.3.27 Center staff shall encourage the use of a cup when an infant is developmentally capable of drinking from or holding a cup; and
- 67.1.3.28 A daily written record of each infant's nutritional intake shall be maintained and provided to the parent(s)/guardian(s) upon request. Any feeding problems experienced by an infant shall be discussed with his/her parent(s)/guardian(s) before the infant's daily departure from the Center.

#### Early Care And Education

#### 68.0 Behavior Management

- 68.1 A licensee shall
  - 68.1.1 have a written statement in plain language regarding the positive behavior management of children. The statement on positive behavior management shall be posted in a prominent place in the Center and routinely provided to parents/guardians and staff.
- 68.2 A licensee shall ensure that all staff use positive developmentally appropriate methods of behavior management of children which encourage self-control, self-direction, positive self-esteem, social responsibility and cooperation.

- 68.2.1 Prevention of behavioral problems shall be emphasized. Prevention strategies shall include providing appropriate, educationally valuable materials and activities in an organized, stimulating environment, and setting realistic expectations for young children when planning the program.
- 68.2.2 Staff shall praise and encourage children for positive behavior and redirect or guide inappropriate behavior into more positive actions, rather than relying on punishment.
- 68.2.3 Responses to a child's behavior shall be appropriate to the child's level of development and understanding.
- 68.2.4 "Time-out", if used, shall be employed as a supplement to, not a substitute for, other developmentally appropriate, positive methods of behavior management. "Time-out" shall be limited to brief periods no more than one (1) minute for each year of a child's age. Before using "time-out", the staff member shall discuss the reason for the "time-out" in language appropriate to the child's level of development and understanding.
  - 68.2.4.1 The first step for "time-out" shall be to remove the child from the group but keep the child within eyesight of the group that continues to participate in the activity. If this step is ineffective, the child may be removed from the room so that he/she is unable to participate, observe or hear the activity. A child removed from the group or room shall remain under visual supervision at all times. Children shall never be left unattended behind closed doors.
  - 68.2.4.2 "Time-out" shall be in an area that comfortably accommodates the child. "Time-out" shall be seen as a positive opportunity for the child to regroup and focus on appropriate behavior. Before rejoining the group or returning to the room, staff shall talk to the child about alternatives to the inappropriate behavior in a way that shows faith in the child's ability to make more positive decisions in the future.
- 68.2.5 Corporal punishment inflicted in any way on a child's body including shaking, hair pulling, biting, pinching, slapping or spanking shall be prohibited.
- 68.2.6 Children shall not be yelled at, humiliated, frightened or verbally, physically or sexually abused by staff.
- 68.2.7 Disparaging comments about a child's appearance, ability, ethnicity, family and other personal characteristics shall be prohibited.
- 68.2.8 Children shall not be deprived of food or toilet use as a consequence of inappropriate behavior.
- 68.2.9 Children shall not be tied, taped, chained or caged or placed in mechanical restraints as a consequence of inappropriate behavior.
- 68.2.10 No punitive action shall be taken with children for not going to sleep, toileting accidents, failure to eat all or part of food or failure to complete a prescribed activity.
- 68.2.11 The Center shall consult with professionals and with the parent(s)/guardian(s) to design effective positive behavioral interventions and to adapt behavior management practices for a child who has a special need(s), including a behavioral and/or emotional disability.
- 68.3 A licensee shall ensure that staff members model positive behavior management techniques and respectful communication interactions when relating to other staff members and parent(s)/guardian(s) while at the Center.

#### 69.0 Enrollment

- 69.1 A licensee shall ensure that the daily population at the Center is in accordance with any capacity restrictions on the Center's license.
- 69.2 A licensee shall provide any parent(s)/guardian(s) who is inquiring about or planning to enroll a child into the Center with information detailing his or her right to inspect the active record and complaint files of the Center. As a part of the enrollment or application process, the licensee shall require the parent(s)/guardian(s) to read and sign *The Parents Right to Know Act* form and keep the signed document on file at the Center.
  - 69.2.1 A copy of the signed document shall be given to the parent(s)/guardian(s).
  - 69.2.2 In the event that the parent(s)/guardian(s) do not enroll the child, the signed document shall be kept on file as proof of presenting the information.
- 69.3 A licensee shall ensure that a child not attends the Center without first obtaining the following information from the parent(s)/guardian(s):
  - 69.3.1 Child's first and last name;
  - 69.3.2 Child's birth date;
  - 69.3.3 Child's home address;
  - 69.3.4 Child's home phone number;
  - 69.3.5 Parent(s)'/guardian(s)' name(s);

- 69.3.6 Parent(s)'/guardian(s)' place(s) and hours of employment;
- 69.3.7 Parent(s)'/guardian(s)' work phone number(s);
- 69.3.8 Name(s) of person(s) other than parent(s)/guardian(s) to be notified in an emergency situation when parent(s)/guardian(s) can not be contacted;
- 69.3.9 Name(s) of other person(s) other than parent(s)/guardian(s) to whom child may be released;
- 69.3.10 Permission for child's emergency medical care;
- 69.3.11 Child's medications, if applicable;
- 69.3.12 Child's medical or food allergies; and
- 69.3.13 Name and phone number of the child's health care provider.
- 69.4 A licensee shall ensure that enrollment procedures involve a meeting with the parent(s)/guardian(s) and the child to:
  - 69.4.1 Determine if the Center's program can effectively meet the child's developmental and educational needs, and what accommodations or other planning may be needed to do so; and-
  - 69.1.2 Provide an opportunity for the parent(s)/guardian(s) and child to observe the Center and program.

#### 70.0 Transitions

- 70.1 A licensee shall ensure that staff work with the parent(s)/guardian(s) to create and utilize a positive transition plan when admitting a new child into the Center using such procedures as the exchange of pertinent information concerning the child, phased-in entry to the program and the assignment of a primary staff member especially for an infant or toddler.
- 70.2 A licensee shall ensure that staff create and utilize a positive transition plan when a child is moved from a particular group or room due to a child's age change or reassignment of staff members using such procedures as the exchange of pertinent information concerning the child, and phased-in entry to a new room, group, and/ or with a newly assigned staff member(s).

#### 71.0 Parents/guardians Communication

- 71.1 A licensee shall have an organized system of communicating with parent(s)/guardian(s) in a respectful manner that incorporates the use of a written policy regarding parent(s)/guardian(s) communication including strategies to ensure parent(s)/guardian(s) involvement in the Center as follows:
  - 71.1.1 Assurances that parent(s)'/guardian(s)' visits and monitoring of the program are welcomed;
  - 71.1.2 Assurances of nondiscrimination and respect for each child's family and culture;
  - 71.1.3 Assurances that parent(s)/guardian(s) are of primary importance in children's development
  - 71.1.4 Procedures for learning about parent(s)/guardians preferences and goals and any concerns or special circumstances that may influence the child's development and learning;
  - 71.1.5 Procedures for ensuring that parent(s)/guardian(s) are kept regularly informed concerning the program and their children's developmental and educational progress;
  - 71.1.6 Information about procedures used by the Center to assess children's accomplishments and needs and, when there are concerns, to refer parent(s)/guardian(s) for additional help in the community;
  - 71.1.7 Multiple opportunities for involvement of all parent(s)/guardian(s) that includes an awareness of the diversity of families enrolled especially concerning cultural and language differences and the ability for parent(s)/guardian(s) to participate communicating in their native language whenever possible;
  - 71.1.8 Specific strategies to encourage the involvement of parent(s)/guardian(s) that have the tendency not to be involved with the Center;
  - 71.1.9 A procedure for informing parent(s)/guardians of the identities of the governing body members;
  - 71.1.10 Procedures for a minimum of one (1) conference annually between Center staff and parent(s))/ guardian(s);
  - 71.1.11 A procedure encouraging parent(s)/guardian(s) to review current licensing rules made available at the Center;
  - 71.1.12 A procedure for making and handling complaints from parent(s)/guardian(s) regarding the Center;
  - 71.1.13 A statement of the Center's developmental and educational goals for all children;
  - 71.1.14 A typical daily schedule of the Center's programs and activities;
  - 71.1.15 A written explanation of the Center's policy on positive behavior management;
  - 71.1.16 A copy of the Center's policy on nutrition and food service;
  - 71.1.17 A written explanation of the Center's policy on safety and sanitation;

- 71.1.18 A written explanation of the Center's policy on transporting children, if applicable;
- 71.1.19 Procedures related to release of children.;
- 71.1.20 A copy of the Center's routine and emergency health care plan including health exclusions and administration of medication;
- 71.1.21 Procedures to regularly report any accidents or critical incidents involving the child and any other important information relating to the child;
- 71.1.22 A written explanation of the mandatory reporting of child abuse and neglect; and
- 71.1.23 Written notice of an outbreak of a communicable disease.
- 71.2 A licensee shall ensure that this policy is provided to parent(s)/guardian(s) at enrollment.
- 71.3 A licensee shall ensure that parent(s)/guardian(s) have access to the Center to observe their children in care at any time without prior approval of the Center.
- 71.4 A licensee shall not disclose or permit the use of any information pertaining to an individual child or family gained through the Center's records, files, videotaping, tape recording, photographing, assessments or any type of documentation unless a parent/guardian has granted written permission to do so, except in the course of performance of official duties and to employees or representatives of the Office of Child Care Licensing, Division of Family Services or other entities with statutory responsibilities for issues relating to the health, safety and protection of children.

## 72.0 Program Goals and Planning

- 72.1 A licensee shall develop written goals for children's development and education. Goals shall include areas of physical, social, emotional, language/literacy, and cognitive development and be appropriate to the ages and developmental levels of the children in attendance at the Center. The goals shall reflect what the Center hopes to accomplish through its program of activities.
- 72.2 A licensee shall have a written plan of developmentally appropriate activities designed to help all children reach the goals described in Rule 72.1. The activity plan shall be current and accessible to parents/guardians and staff. The activity plan shall include at least one (1) daily activity for each goal specified in Rule 72.1 Activities that allow children to choose to participate with the whole group, part of the group, or independently shall be identified. The plan shall reflect that the children have the choice to participate in at least four (4) activities each day. The time allotted for such activities shall constitute at least one-third (1/3) of the time the child is in attendance for a particular day.
  - 72.2.1 Activities shall be varied, developmentally appropriate, may be related to themes, culturally meaningful and educationally valuable and promote the development of language, literacy, reasoning and problemsolving skills, understanding of numbers and other mathematical and scientific concepts, large and small muscles skills, social skills, understanding and self-regulation of emotions, self-esteem and positive selfimage, as appropriate to the ages and developmental levels of children in care. Adaptations of activities shall be made for children with disabilities to enable them to reach goals described in IEPs, IFSPs, and Section 504 plans.
  - 72.2.2 Activity plans shall also be based on best practices and accepted research in the field of early care and education and in alignment with principles of foundations of learning and development as set forth by the Delaware and/or United States Department of Education.
  - 72.2.3 Delaware Early Learning Foundations for School Success regarding preschoolers is on the Delaware Department of Education website at http://www.doe.k12.de.us/early\_childhood/Standards/preschool.htm
  - 72.2.4 Delaware Infant and Toddler Early Learning Foundations: A Curriculum Framework regarding infants and toddlers is on the Delaware Department of Education website at http://www.doe.k12.de.us/early childhood/ Standards/InfantToddlerFoundationStandards.pdf
- 72.3 A licensee shall ensure that activities and materials reflect children's cultures, and communities, including both familiar and new materials, pictures, and experiences. Staff shall consult with parents/guardians about care practices specific to their children's culture and community, and provide as much consistency as possible in their direct child care practices especially concerning infants and toddlers.
- 72.4 A licensee shall ensure that adaptations and accommodations be made in activities, adult-child interactions, teaching strategies, and materials or equipment when needed to support the positive development of all children including those with disabilities.
- 72.5 A licensee shall ensure that the program in a Center provides physical care routines appropriate to each child's developmental needs.
  - 72.5.1 A licensee shall provide opportunities for rest/sleep for each child in attendance according to the child's individual physical needs.

- 72.5.2 An alternative quiet activity shall be provided for those children who have rested or slept for thirty (30) minutes and do not appear to need or want additional rest or sleep.
- 72.5.3 The rest area(s) shall be lighted enough to allow for visual supervision at all times.
- 72.6 A licensee shall develop and follow a schedule for each group of children posted for easy reference by parents/ guardians and staff. The schedule shall show blocks of time usually assigned to types of activities and include periods for both active play and quiet play or rest. Blocks of time shall show activities that are scheduled for indoor and outdoor areas. The schedule shall reflect daily opportunities for both free-choice and staff-directed activities.-
- 72.7 A licensee shall ensure that for toddlers and older, indoor physical space is organized into activity areas. An activity area shall be an identifiable space that is accessible to children and where related equipment and materials are kept in an orderly fashion. Activity areas shall include the following and involve activities available on a daily basis:
  - 72.7.1 Language and literacy area (including books and writing materials);
  - 72.7.2 Dramatic play area;
  - 72.7.3 Construction/block area (unit blocks and accessories);
  - 72.7.4 Creative arts area (drawing materials, clay or play dough); and
  - 72.7.5 Manipulative/mathematics/problem solving area (including puzzles, small construction toys, objects to sort).
- 72.8 A licensee shall ensure that for toddlers and older, other activity areas include the following and involve activities available at least once a week:
  - 72.8.1 Cooking or food exploration;
  - 72.8.2 Science and nature investigation;
  - 72.8.3 Music and rhythm; and
  - 72.8.4 Multi-sensory play tables using materials such as water, sand, rice or beans.
- 72.9. A licensee shall ensure that each child, according to his or her ability, is provided the opportunity for a minimum of twenty (20) minutes of moderate to vigorous physical activity indoors and/or outdoors, for every three (3) hours the child is in attendance between the hours of 7:00 am to 7:00 pm.
- 72.10. A licensee shall ensure that television, digital video display (DVD), and video cassette viewing shall be as follows:
  - 72.10.1 Prohibited for children younger than two (2) years of age;
  - 72.10.2 Not permitted without the written approval of each child's parent/guardian;
  - 72.10.3 Limited to programs which are age-appropriate and educational; and
  - 72.10.4 Not to exceed one (1) hour daily per child or group of children.
    - 72.10.4.1 Viewing time periods may be extended for specific special events or occasions such as a current event, holiday or birthday celebration. Written documentation shall justify the reason(s) for extending the time period beyond one (1) hour daily.
- 72.11 A licensee shall ensure that the use of the computer shall be as follows:
  - 72.11.1 Prohibited for children younger than two (2) years of age;
  - 72.11.2 Not permitted without the written approval of each child's parent/guardian;
  - 72.11.3 Limited to programs, games and websites which are age-appropriate and educational;
  - 72.11.4 Provides protections from exposure to inappropriate websites such as those that are sexually explicit ,violent, or use inappropriate language;
  - 72.11.5 Supervised by a staff member; and
  - 72.11.6 Not to exceed one (1) hour daily per child or group of children.
    - 72.11.6.1 Usage time periods may be extended for special projects such as homework, researching topics, or special events or interests of a child or group of children. Written documentation shall justify the reason(s) for extending the usage period.

## 73.0 Documenting Children's Progress

73.1 A licensee shall have an organized system for documenting the progress of individual children preschool-age and younger in relation to appropriate developmental and educational goals. This documentation shall be done annually and used to identify possible concerns, and activities and experiences that may benefit the child. 73.2 A licensee shall ensure that information gathered to document a child's progress is kept in the child's file and shared with the parent(s)/guardian(s) at a conference. With the parent(s)'/guardian(s)' permission, information may also be shared with other professionals when referring the child for special services.

#### 74.0 Infant and Toddler Care

- 74.1 A licensee shall care for infants and toddlers in rooms and outdoor play areas separate from older children unless twelve (12) or fewer children in total are present.
- 74.2 A licensee shall ensure that a staff member who at least is an Early Childhood Assistant Teacher or Early Childhood Caregiver is always in the room with the infants and toddlers.
- 74.3 A licensee shall ensure that infants are placed on their backs when putting them down to sleep.
  - 74.3.1 If an exception to this rule is necessary due to a child's physical or medical condition, the licensee shall have documentation from the child's health care provider stipulating the appropriate sleeping position for that child.
- 74.4 A licensee shall provide low chairs and tables or infant seats with trays for table play and mealtime for children no longer being held for feeding. High chairs or feeding tables with attached seats, if used, shall have a wide base and a T-shaped safety strap(s).
- 74.5 A licensee shall provide a rocking chair or other comfortable adult-size seating for at least one-half (1/2) of the staff members on duty in the infant area.

## 75.0 Program for Infants

- 75.1 A licensee shall ensure that with the approval of the Early Childhood Administrator or Early Childhood Curriculum Coordinator, individual plans are developed for each infant in care. The plan shall include age and individually appropriate goals and describe specific activities and experiences to be provided by staff in support of these goals. Staff shall record these and note developmental milestones, accomplishments, and concerns. Plans shall be reviewed at least three (3) times over a one (1) year period. This information shall be shared with the infant's parent(s)/guardian(s).
- 75.2 A licensee shall ensure that staff keep daily records of an infant's feeding, sleeping, and other routine activities and share these with the infant's parent(s)/guardian(s) at the end of each day.
- 75.3 A licensee shall ensure that staff interacts with infants providing the following opportunities throughout the day:
  - 75.3.1 Offering frequent face to face interaction with infants when they are awake;
  - 75.3.2 Being held and carried;
  - 75.3.3 Limiting time spent, while awake, in any confining equipment such as a crib, infant seat, swing, high chair or play pen to less than one-half (1/2) hour immediately after which opportunities for freedom of movement in a sanitary area protected from foot traffic are provided;
  - 75.3.4 Talking with infants during play, feeding and routine care;
  - 75.3.5 Reading to and looking at books with infants while holding or sitting close to them;
  - 75.3.6 Providing varied materials, sights, sounds and other experiences for infants to explore with their senses;
  - 75.3.7 Responding to infants' actions, sounds and beginning language;
  - 75.3.8 Giving names to objects and experiences in the infants' environment;
  - 75.3.9 Providing space and equipment to support infants' developing physical skills such as rolling over, sitting, scooting, crawling and standing; and
  - 75.3.10 Providing materials and encouragement for infants' beginning pretend play alone, with other children and with staff.

#### 76.0 Program for Toddlers

- 76.1 A licensee shall ensure that with the approval of the Early Childhood Administrator or Early Childhood Curriculum Coordinator, individual plans are developed for each toddler in care. The plan shall include age and individually appropriate goals and describe specific activities and experiences to be provided by staff in support of these goals. Staff shall record these and note developmental milestones, accomplishments, and concerns. Plans shall be reviewed at least three (3) times over a one (1) year period. This information shall be shared with the toddler's parent(s)/guardian(s).
- 76.2 A licensee shall ensure that staff interact with toddlers at their eye level, and whenever appropriate, sitting on the floor with the toddlers, providing the following opportunities throughout the day:
  - 76.2.1 Offering frequent face to face interactions with the toddlers;
  - 76.2.2 Having conversations with toddlers during play, feeding, and routine care;

- 76.2.3 Reading to and looking at books with toddlers individually and in small groups;
- 76.2.4 Encouraging children to play with one another with adult help;
- 76.2.5 Providing materials and encouragement for pretend play alone and with other children and adults;
- 76.2.6 Providing varied materials, sights, sounds, and other experiences for toddlers to explore with all their senses;
- 76.2.7 Providing opportunities for children to walk, run, climb, stack, balance, scribble, draw, and develop fine and large motor skills;
- 76.2.8 Responding to toddlers' words and actions with interest and encouragement;
- 76.2.9 Giving names to objects and experiences in the toddlers' environment; and
- 76.2.10 Supporting toddlers' development of independence and mastery of feeding, dressing, and other skills.

#### 77.0 Program For Preschool-Age Children

- 77.1 A licensee shall ensure that staff interact with preschool-age children at their eye level, and whenever appropriate, sitting on the floor with the children, providing the following opportunities throughout the day:
  - 77.1.1 Offering frequent face to face interactions with children;
  - 77.1.2 Having conversations with children during play, meals and routine care;
  - 77.1.3 Reading to and looking at books with children individually and in groups;
  - 77.1.4 Using rhymes, songs, and other ways to help children connect sounds and letters and develop other literacy skills;
  - 77.1.5 Helping children develop mathematical and scientific concepts through play, projects, and investigations of the Center's environment;
  - 77.1.6 Supporting the development of social competence through play and cooperative work with other children;
  - 77.1.7 Providing materials and encouragement for more extended and complex pretend play alone and with other children and staff;
  - 77.1.8 Providing varied materials, sights, sounds, and other experiences for children to investigate and talk about;
  - 77.1.9 Providing opportunities for children to walk, run, climb, stack, balance, scribble, draw, write, and refine fine and large motor skills;
  - 77.1.10 Responding to children's words and actions with interest and encouragement;
  - 77.1.11 Giving names to objects and experiences in the children's environment; and
  - 77.1.12 Supporting children's development of independence and mastery of skills.

#### 78.0 Care of School-Age Children

- 78.1 A licensee shall ensure that when ten (10) or more school-age children are in attendance, the school-age children are cared for in an area physically separated from younger children.
- 78.2 A licensee shall ensure that the outdoor play area for school-age children is physically separated or used at separate times from that provided for children younger than school-age.

#### 79.0 Program for School-Age Children

79.1 A licensee shall ensure that staff interacts with school-age children providing opportunities, materials, and equipment as described in Rule 91.1 of Part III, School-Age Center rules.

## 80.0 Equipment

- 80.1 A licensee shall provide developmentally appropriate equipment and materials for a variety of indoor and outdoor activities. Materials and equipment shall promote a variety of experiences that support children's social, emotional, language/literacy, intellectual, and physical development.
- 80.2 A licensee shall ensure that materials and equipment be available in a quantity to allow all children to benefit from their use and to allow a range of choices with, at least, duplicates of the most popular materials.
- 80.3 A licensee shall ensure that for infants and toddlers under eighteen (18) months, the following supplies and/or equipment in each of the following categories are provided in quantities as described in Rule 80.2:
  - 80.3.1 Sensory supplies and equipment: crib mobiles, teething toys, busy boxes, baby mirrors, rattles, melody chimes, squeeze toys; or other comparable supplies or equipment;
  - 80.3.2 Language/dramatic play supplies and equipment: picture books, toy telephones, tapes or CD's, hand puppets, washable stuffed animals and dolls, photographs, or other comparable supplies or equipment;

- 80.3.3 Manipulative supplies and equipment: squeeze and grip toys, boxes, sorting and stacking toys, three (3) or four (4) piece wooden inlay puzzles, puzzle blocks, simple threading toys, mobile pull toys, balls, or other comparable supplies or equipment;
- 80.3.4 Building supplies and equipment: soft lightweight blocks, toy cars, trains and/or boats, figures of animals and people, stacking rings and/or cups, nesting toys, or other comparable supplies or equipment;
- 80.3.5 Large muscle supplies and equipment: low climbers, slides, riding/rocking toys, foam or soft plastic balls, gym mats, play tunnels, or other comparable supplies and equipment; and
- 80.3.6 Music supplies and equipment: rhythm instruments, tape or CD player and CDs and tapes; toys with musical tones, musical mobiles and/or busy boxes, drums, xylophones and/or pianos, or other comparable supplies or equipment.
- 80.4 A licensee shall ensure that for children over eighteen (18) months, the following supplies and/or equipment in each of the following categories are provided in quantities as described in Rule 80.2:
  - 80.4.1 Language/literacy supplies and equipment: books, flannel board, upper and lower case letters, pictures for discussion, materials for recognition, identification, and/or classification, poetry, puppets, audio-visual materials, show and tell items, or other comparable supplies or equipment;
  - 80.4.2 Science and math supplies and equipment: plants and gardening equipment, aquarium with fish and/or other appropriate live animals, water table with supplies, sand table and supplies, cooking supplies, weather chart and/or thermometer, counting equipment, balance scale, or other comparable supplies or equipment;
  - 80.4.3 Manipulative supplies and equipment: puzzles, pegs and pegboards, lacing boards, building toys, stencils, dominoes, pounding bench, lotto games, or other comparable supplies and equipment;
  - 80.4.4 Large muscle equipment: rocking boat, wheel toys, climbers, slides, balance beam, barrels and/or large cartons, parachute, balls and beanbags, outdoor play equipment, gym mats, or other comparable supplies and equipment;
  - 80.4.5 Building activities: unit blocks (minimum of four (4) sizes), transportation toys, farm animals and/or play people, work bench and tools, building toys, building logs, or other comparable supplies and equipment;
  - 80.4.6 Art supplies and equipment: crayons, tempera paint, large brushes and newsprint, finger paint and finger paint paper, construction paper in assorted colors, paste or glue, blunt scissors, collage materials, non-toxic felt tip markers, easels, clay or play dough, or other comparable supplies and equipment;
  - 80.4.7 Music supplies and equipment: tape/CD player, tapes or CDs, piano and/or organ, guitar, rhythm sticks, drums, cymbals and bells, tape recorder, or other comparable supplies and equipment; and
  - 80.4.8 Dramatic play supplies and equipment: toy dishes, ironing board, telephones, occupational props and/or uniforms, dress-up clothes, housekeeping area (stove, sink, refrigerator), cradle or doll bed, doll carriage and dolls, puppets, play grocery store, post office or hospital, or other comparable supplies and equipment.
- 80.5 A licensee shall ensure that toys, play equipment and other equipment used by the children are of sturdy and safe construction and free from hazards such as causing entrapment, and having rough edges, sharp corners, pinch and crush points, splinters, exposed bolts, small lose pieces and are free from recall.
  - 80.5.1 For information on the recall of children's toys and equipment, please refer to the U.S. Consumer Product Safety Commission website at www.cpsc.gov.
- 80.6 A licensee shall ensure that furniture is durable and child-sized or adapted to children's use. Tables shall be at waist height of the intended child-user and the child's feet are able to reach a firm surface while the child is seated.
- 80.7 A licensee shall ensure that equipment and materials are selected or adapted to allow all children, including those with disabilities and other special needs, to benefit from the program.
- 80.8 A licensee shall ensure that equipment and supplies are relevant to the cultural background and community of all children and foster awareness of other cultures and communities.
- 80.9 A licensee shall prohibit toys that explode or fire projectiles.
- 80.10 A licensee shall ensure that infants and toddlers do not have access to plastic bags, styrofoam objects or toys, and objects with a diameter of less than one (1) inch.

#### 81.0 Smoking Prohibited

81.1 A licensee shall inform staff members that smoking is prohibited at all times anywhere inside the Center, in the outdoor play area, while transporting children, and in the presence of children during field trips or routine program outings sponsored by the Center.

#### 82.0 Release of Children

- 82.1 A licensee shall have and use written policy and procedures for the release of children including:
  - 82.1.1 Procedures ensuring documentation of the release of the child from the responsibility of Center staff to an authorized person;
  - 82.1.2 Procedures for emergency release of children as individually requested by parents/guardians;
  - 82.1.3 Procedures regarding the release of the child to any person not known to Center staff;
  - 82.1.4 Procedures to be followed when a person not authorized to receive a child, or a person who appears to be intoxicated or otherwise incapable of bringing the child home safely, requests release of a child;
  - 82.1.5 Procedures for handling situations in which a non-custodial parent attempts to claim the child without the consent of the custodial parent/guardian; and
  - 82.1.6 This release policy shall be provided to all parents/guardians of the children in attendance, staff members and volunteers.
- 82.2 A licensee shall ensure that a child is released only to a parent/guardian or a person authorized by the parent/ guardian to receive the child.
- 82.3 A licensee shall have a procedure to verify the identity of any person receiving a child prior to releasing the child when that person is not known to Center staff and keep written documentation of such verification for at least twenty four (24) hours.
- 82.4 A licensee shall ensure that when a parent/guardian calls the Center requesting emergency release of a child, the staff member verifies the identity of the parent/guardian prior to releasing the child.

#### PART II. NIGHT CARE

#### 83.1 General Rules

- 83.1 Night Care may be provided by a Center licensed to provide only Night Care or as a component of a licensed Center.
- 83.2 A Center licensed to provide only Night Care shall be exempt from the following rules in Part I, GENERAL PROVISIONS:
  - 83.2.1 Rules 29.7 and 29.9 (Number of Staff); and
  - 83.2.2 Rules 33.1 33.15 (Outdoor Area).

#### 84.0 Physical Environment And Safety

- 84.1 Security
  - 84.1.1 A licensee shall show evidence of a security program to ensure that access to children is limited to authorized persons.
  - 84.1.2 A licensee shall ensure that the exterior of the building is illuminated in accordance with Rule 48.2.

#### 84.2 Sleeping Arrangements

- 84.2.1 A licensee shall ensure that sleeping arrangements are structured so that children who are awake are cared for in a separate area from sleeping children and that sleeping children are not disturbed.
- 84.2.3 licensee shall ensure that children over the age of seven (7) years do not share a dressing area with persons of the opposite sex.
- 84.2.3 A licensee shall ensure that each child is provided with sleeping equipment as specified in Rules 37.1 37.6.
  - 84.2.3.1 For children sleeping four (4) or more hours at the Center during the evening or are sleeping overnight, a licensee shall provide, as appropriate to their age, a crib or individual bed with a mattress that is covered with sheets and a seasonably-appropriate blanket.
  - 84.2.3.2 The licensee shall also provide a pillow with a pillowcase for a child in a bed.
- 84.2.4 A licensee shall ensure that each child has individual, clean, and comfortable sleeping garments.
- 84.3 Bathing Facilities

# 84.3.1 A licensee shall follow the parent(s)'/guardian(s)' preference regarding bathing the child as discussed with the parent(s)/guardian(s) and noted in the child's record.

- 84.3.1.1 If bathtubs and showers are used, they shall be equipped to prevent slipping.
- 84.3.1.2 Infants shall be bathed in age-appropriate bathing facilities.
- 84.3.1.3 Portable bathing facilities shall be acceptable for bathing children before bedtime.

- 84.3.1.4 Under no circumstances shall a child be bathed in a sink utilized for cleaning dishes and/or utensils.
- 84.3.1.5 Each child shall be bathed in a bathtub, shower or portable bathing equipment that has been cleaned and sanitized before each use.
- 84.3.1.6 Children shall be bathed individually and not be placed together in a bathtub or shower.
- 84.3.1.7 Water temperature shall be checked to prevent burns or scalding, or for water that is too cold.
- 84.3.1.8 Individual towels and washcloths shall be provided for each child.
- 84.3.2 A licensee shall ensure that no child is left unsupervised while in a bathtub or shower.
  - 84.3.2.1 A child capable of bathing alone shall be allowed to bathe in private with written permission from parent(s)/guardian(s). A staff member shall respect that child's privacy but be immediately available to ensure the child's safety and to offer assistance when requested by the child.
- 84.3.3 A licensee shall ensure that there is a nightlight in the bathroom, hallway and sleeping areas as dictated by the individual needs of the children.

#### 85.0 Grooming Aids

A licensee shall ensure that combs, toothbrushes, brushes and other such personal items are marked with the owner's name and stored separately and used only by that child.

#### 86.0 Human Resources

86.1 Awake Staff

86.1.1 A licensee shall ensure that staff members are awake at all times and monitor sleeping children.

- 86.2 Number Of Staff
  - 86.2.1 A licensee shall ensure that when children one (1) year and older are sleeping at least one-half (1/2) of the required staff complement are physically present with the children and directly observing the children.
  - 86.2.2 A licensee shall ensure that at least two (2) staff are present and with the children at all times when four (4) or more children one (1) year and older are present.
    - 86.2.2.1 When only one (1) staff member is present with the children, the licensee shall have emergency procedures providing immediate access to emergency service and additional staff available at the Center within one (1) minute of being contacted.
    - 86.2.2.2 When only one (1) staff member is present with the children, the staff member shall have no other responsibilities than caregiving direct child care during that time.

## 87.0 Child Care

- 87.1 Activities
  - 87.1.1 A licensee shall ensure that a program of activities is provided to children before bedtime.
  - 87.1.2 A licensee shall ensure that each child is given individual attention at bedtime and upon awakening.
    - 87.1.2.1 The licensee shall discuss with the parent(s)/guardian(s) any special preferences or habits of the child regarding bedtime and awakening and share this information with the staff member in charge of the child.

#### PART III. SCHOOL-AGE CENTER

#### 88.0 General Rules

- 88.1 School-Age Care may be provided by a School-Age Center that exclusively offers care, education, protection, supervision or guidance for school-age children before and/or after school; during school holidays; and/or summer months.
- 88.2 A School-Age Center shall be exempt from the following rules in Part I, GENERAL PROVISIONS:
  - 88.2.1 Rules 39.2 39.5 (Number of Toilets);
  - 88.2.2 Rule 56.2 (General Safety Practices Outlet Covers);
  - 88.2.3 Rules 67.1.16, 67.2.4 and 67.3.1 (Infant and Toddler Food and Nutrition);
  - 88.2.4 Rules 73.1 and 73.2 (Documenting Children's Progress);
  - 88.2.5 Rules 74.1 74.5 (Infant And Toddler Care);
  - 88.2.6 Rules 75.1 75.3 (Program For Infants);
  - 88.2.7 Rules 76.1 and 76.2 (Program For Toddlers);

- 88.2.8 Rule 77.1 (Program for Preschool-Age Children); and
- 88.2.9 Requirement Rule 80.10 (Equipment).

#### 89.0 Human Resources

- 89.1 Staff Qualifications
  - 89.1.1 For a School-Age Center licensed before the effective date of these rules, the licensee shall ensure a staff member who is already in a particular position or a new hire at that Center:
    - 89.1.1.1 Has four (4) calendar years from the effective date or no later than January 1, 2011 to meet the qualifications of a School-Age Administrator or School-Age Site Coordinator
    - 89.1.1.2 Has two (2) calendar years from the effective date or no later than January 1, 2009 to meet the qualifications of a School-Age Site Assistant or School-Age Intern.
    - 89.1.1.3 Is eligible for the time-limited periods to qualify for a particular position provided that person remains at that School-Age Center or transfers only to a School-Age Center licensed before the effective date of these rules and is directly affiliated with the original School-Age Center. A School-Age Center directly affiliated with the original School-Age Center shall mean that the staff member is still employed by the same parent organization/company and at least retains all years of service when transferred.
    - 89.1.1.4 Has a written professional development plan kept in that staff member's personnel file that documents the particular position desired, the goals to achieve that position, the progress made toward the position at least on a yearly basis, and the target date for goal completion when working toward qualifying for a particular position during the time-limited period.
  - 89.1.2 A licensee shall ensure that each staff member at a School-Age Center submits written documentation to the Office of Child Care Licensing that shows how a staff member is fully qualified for a particular position. The documentation shall consist of copies of training certificates, transcripts, diploma(s), or staff training records. Upon approval from the Office of Child Care Licensing, the licensee shall ensure that the letter of approval for each qualified staff member is filed in that staff member's personnel file.
  - 89.1.3 A licensee shall ensure that a staff member qualifying for a particular position in a School-Age Center may, when applicable, use college/university credits based on specific topic areas/titles, substitutions for college/university credits, or other training that is demonstrated to be equivalent to a particular qualification in these rules all as approved by the Office of Child Care Licensing.
  - 89.1.4 A licensee shall ensure that a person appointed to a position at a School-Age Center that becomes newly licensed subsequent to the effective date shall meet the qualifications of these rules for that position.
- 89.2 School-Age Administrator
  - 89.2.1 A licensee shall ensure that a School-Age Administrator meets the same qualifications as an Early Childhood Administrator in relation to Rules 24.5.1, 24.6 and 24.9.2 with the following additional options:
    - 89.2.1.1 In relation to experience, working with school-age children in a group setting;
    - 89.2.1.2 In relation to Bachelor or Associate degrees, college/university credits directly related to the needs of the school-age children served; and
    - 89.2.1.3 In relation to Associate degree, in a field related to recreation, elementary education, school-age care or school-age care administration.
- 89.3 School-Age Site Coordinator
  - 89.3.1 A licensee shall ensure that the School-Age Site Coordinator is at least twenty (20) years of age and meets the following qualifications:
    - 89.3.1.1 At least successful completion of twelve (12) college/university credits related to the needs of the school-age children served and three (3) years experience working with children school age or younger in a group setting, or
    - 89.3.1.2 At least successful completion of sixty (60) college/university credits including twelve (12) college/ university credits related to the needs of the school-age children served and two (2) years of experience working with children school-age or younger in a group setting.
  - 89.3.2 A licensee shall ensure that the School-Age Site Coordinator has successfully completed at least three (3) college/university credits or forty-five (45) clock hours of training in curriculum development for elementary education or school-age care which may be included in the total number of college/university credits required for this position, if assigned the responsibility of the development, evaluation or monitoring of the School-Age Center's curriculum.
- 89.4 School-Age Site Assistant

- 89.4.1 A licensee shall ensure that the School-Age Site Assistant is at least eighteen (18) years of age and meets one (1) of the following qualifications:
  - 89.4.1.1 At least successful completion of three (3) college/university credits or sixty (60) clock hours of training directly related to the needs of the school-age children served and 400 hours experience working with children school age or younger in a group setting;
    - 89.4.1.1.1 400 hours experience shall be equivalent to one (1) year of part time employment providing care to children during a school year (September to June) or full time employment providing care to children during the majority of one (1) summer season (June through August); or
  - 89.4.1.2 At least successful completion of *Delaware First's* "Introduction to Child Care" or "Child Development" completed within twelve (12) months of employment and 800 hours of experience working with children school age or younger in a group setting;
    - 89.4.1.2.1800 hours experience shall be equivalent to two (2) years of part time employment providing care to children during two (2) school years (September to June) or full time employment providing care to children during the majority of two (2) summer seasons (June through August).

#### 89.5 School-Age Intern

- 89.5.1 A licensee shall ensure that the School Age Intern is at least sixteen (16) years of age and meets one (1) the following qualifications:
  - 89.5.1.1 At least successful completion of *Delaware First's* "Introduction to Child Care" or "Child Development" completed within twelve (12) months of employment.
- 89.5.2 A licensee shall ensure that a School-Age Intern under the age of eighteen (18) does not provide direct child care to children who are close in age. Such a School-Age Intern shall be at least four (4) years older than any child in his or her direct care.

#### 89.6 Staffing

- 89.6.1 A licensee shall ensure that a School-Age Center has at least one (1) staff member who meets the qualifications for the position of School-Age Administrator.
- 89.6.2 A licensee shall ensure that when a School-Age Administrator is responsible for more than one (1) Center, the School-Age Administrator is required to make, at a minimum, a continuous thirty (30) minute visit per week at each School-Age Center.
- 89.6.3 A licensee shall ensure that a School-Age Center has at least one (1) staff member who meets the qualifications for the position of School-Age Site Coordinator when the School-Age Administrator is responsible for more than one (1) School-Age Center.
- 89.6.4 A licensee shall ensure that a staff member with the qualifications of at least a School-Age Administrator or School-Age Site Coordinator is present at least fifty (50) percent of the hours of operation.
- 89.6.5 A licensee shall ensure that a School-Age Site Coordinator is responsible for no more than two (2) School-Age Centers.
- 89.6.6 A licensee shall ensure that a School-Age Center has at least one (1) staff member who at least meets the qualifications for the position of School-Age Site Assistant.
- 89.6.7 A licensee shall ensure that when a School-Age Administrator or School-Age Site Coordinator is not present at the School-Age Center, an assigned staff member that at least meets the qualification of School-Age Site Assistant as stated in Rule 89.4.4.1 is present
  - 89.6.7.1 This staff member shall be specifically designated as responsible for the School-Age Center in the absence of the School-Age Administrator or School-Age Site Coordinator and have documented training in the day to day operations of the Center with an emphasis in the supervision of children and staff.

#### 90.0 Physical Environment And Safety

## 90.1 Outdoor Play Area

- 90.1.1 A licensee shall have plans approved by the Office of Child Care Licensing for a safe outdoor play area.
  - 90.1.1.1 A licensee shall provide either safe open outdoor spaces for running and games or supervised excursions to public and private playgrounds.
- 90.1.2 A licensee operating a School-Age Center at a public or private school shall be able to use that school's playground as the outdoor play area upon approval by the Office of Child Care Licensing.

## 90.2 Toilet Facilities

90.2.1 A licensee shall ensure that the School-Age Center has one (1) toilet and sink for every twenty-five (25) school-age children, based on licensed capacity.

- 90.2.1.1 Urinals shall be counted as one-half (1/2) of a toilet for the purposes of this calculation provided that the population served includes a significant number of males and that a minimum of two (2) flush toilets are available and accessible to both males and females.
- 90.2.1.2 Children shall be given privacy in toilet use unless assistance is required.

## 90.3 Transportation

licensee shall document arrangements with parents/guardians and their children's schools regarding any transportation provided by the licensee to and from the School-Age Center.

## 91.0 Health Care

- 91.1 Food and Nutrition
  - 91.1.1 A licensee shall ensure that a nutritious snack comprising one (1) item from two (2) of the four (4) food groups as described in Rule 67.1.8 is served to each child in after school care.
    - 91.1.1.1 If breakfast is not served at the School-Age Center, a nutritious snack shall be served to each child who is in before school care for more than two (2) hours.
    - 91.1.1.2 If milk or fruit juice is not included with a snack, water shall also be served with that snack.

## 92.0 Child Care

- 92.1 Activities
  - 92.2.1 A licensee shall ensure that a program of indoor and outdoor activities and supplies and equipment is provided based on the ages and developmental levels of school-age children served.
    - 92.2.1.1 Children shall be given daily opportunities for active physical play such as active games, sports, dancing, running, jumping, climbing or exploring the environment.
    - 92.2.1.2 Children shall have daily outdoor activities after school. If weather conditions do not permit outdoor play, children shall be given opportunities for active physical play indoors.
    - 92.2.1.3 Children shall have daily opportunities for socialization, conversation, relaxation, and quiet activities such as board or card games, reading, homework and studying.
    - 92.2.1.4 Children shall have monthly opportunities to participate in projects that require an extended time period to complete in such topics as science, math, social studies, language arts, cooking, drama, creative arts or, music.
    - 92.2.1.5 As described in Rule 80.4, supplies and equipment shall be adapted to suit the different ages and interests of the school-age children and include books for all reading abilities.
    - 92.2.1.6 The quantity of materials and equipment available to school-age children shall be sufficient to allow children the opportunity to freely choose activities or materials. There shall be a system of sharing items such as computers that are in high demand but cannot be supplied to all children.
    - 92.2.1.7 Children shall have the opportunity to take responsibility consistent with their ages for choosing, planning, carrying out and evaluating their own activities.
    - 92.2.1.8 Children shall be given opportunities to experience a diversity of activities that reflect the various communities, languages and cultures of the children in attendance.

#### **DELACARE**

## 101 Regulations for Early Care and Education and School-age Centers

## **INTRODUCTION**

## 1.0 (Rule 1) Legal Base

The legal base for these licensing regulations is in the Delaware Code, Title 31, Welfare, Part I, In General, Chapter 3, Child Welfare, Subchapter III. The Delaware Child Care Act, Subsections 341-345 and Title 29, State Government, Part VIII, Departments of Government, Chapter 90, Department of Services for Children, Youth and their Families, Subsection 9003 (7).

## 2.0 (Rule 2) Purpose

The overall purpose of these regulations is the protection and promotion of the health, safety, well-being, and positive development of children who receive services in early care and education and school-age centers. These regulations reflect the baseline or minimum standards that shall be expected in Delaware's licensed early care and education and school-age centers. All licensed centers shall have the option to exceed the regulations or standards set by the Office of

## PART I. GENERAL PROVISIONS

## 3.0 (Rules 3-5) Definition of Regulated Service

- 3.1 Early Care and Education and School-Age Centers provide care, education, protection, supervision, or guidance for thirteen (13) or more children, including children who are related to the operator. Service is provided on a regular basis for periods of less than twenty-four (24) hours per day, unattended by parent or guardian, and for compensation. This definition shall include but is not limited to full and part time day care, child care, early care, early care and education, early childhood education, preschool, nursery school, extended care, extended day care, extended child care, independently operated kindergartens, before and /or after school care, school-age center, school-age care, out of school care, school's out care, school vacation/ holiday care, and summer child care.
- <u>3.2</u> Early care education and school-age centers located at public or private schools that are operated by an agency or individual other than the public or private school entity shall be required to be licensed under these regulations.
- 3.3 The following facilities that operate for less than twenty-four (24) hours per day shall be exempt from licensure under these regulations:
  - <u>3.3.1</u> <u>Camps issued permits by the Division of Public Health:</u>
  - 3.3.2 Any institution, agency, association, or organization under State of Delaware ownership and control;
  - 3.3.3 Classes for religious instruction conducted by religious institutions during the summer months for periods not to exceed four (4) weeks;
  - 3.3.4 Programs established in connection with a business, recreation center, or religious institution in which children are provided care for brief periods of time, while parents/guardians are on the premises, are readily accessible at all times on an on-call basis, and are able to resume control of the child immediately;
  - 3.3.5 Programs that offer activities for children over the age of six (6) who attend at their own discretion on an 'open door' basis, where there is no compensation, and where there is no agreement, written or implied, between the program and the parent(s)/guardian(s) for the program to assume responsibility for the care of the child;
  - 3.3.6 Programs that offer school-age care on an ad hoc, sporadic, and isolated basis in order to meet an emergency or special need; or
  - 3.3.7 Any public or private school that provides regular and thorough instruction through at least the sixth (6) grade in the subjects prescribed for the schools of the State, in a manner suitable to the children of the same age and stage of advancement, and that reports to the State Board of Education pursuant to Delaware Code, Title 14, Chapter 27, Subchapter I, Subsection 2704. This exclusion shall include all programs operated by such schools and shall also include preschool education programs for persons with disabilities as defined by Delaware Code, Title 14, Chapter 31, Subchapter I, Subsection 3101(4).
- 3.4 <u>A person, organization, or entity shall not operate or provide child care services as defined in these regulations</u> unless a License to do so is issued by the Office of Child Care Licensing. Anyone who violates a provision of Delaware Code, Title 31, Chapter 3, Subchapter III, known as The Delaware Child Care Act, may be fined not more than \$100 or imprisoned not more than 3 months, or both.
  - 3.4.1 To maintain licensure, Licensees must comply with these regulations and applicable provisions of Delaware Code. Failure to do so may result in a correction plan and/or enforcement action, such as warning of probation, probation, suspension, revocation, and denial of a license. A Licensee may request an appeal of a pending enforcement action by requesting a hearing within (10) business days of notification of the Office of Child Care Licensing's decision to impose the action.

# 4.0 Definition of Terms (Rules 8-77)

"Administrator" means the individual responsible for the supervision and administration of the Office of Child Care Licensing.

"Adult" means a person who has reached his or her eighteenth (18) birthday.

"Administrative Hearing" means the hearing provided to a Licensee or Applicant when the Licensee or Applicant requests an appeal of the Office of Child Care Licensing's decision to place the facility on the enforcement actions of Warning of Probation or Probation, to Suspend a License, to Revoke a license, or to Deny a license application by presenting evidence to contest the action.

- "Agreement of Understanding" means a formal written document that is part of an administrative action plan or part of a corrective action plan or used when deemed necessary.
- <u>"Applicant"</u> means the individual, president of the corporation, managing member of the limited liability corporation (LLC), or entity that is responsible for and has authority over the operation of the Center.
- "Background Check" means a State (Delaware) and Federal (national) report of a person's entire criminal history including a search of the Department's child abuse and neglect records, and a search of the Department of Health and Social Services' adult abuse registry, or any other checks as required by State or Federal law.
- "Business Day(s)" means any weekday Monday through Friday but not including the weekend (Saturday and Sunday) nor a State of Delaware legal holiday that falls on a weekday.
- "Center" means the licensed early care and education and/or school-age center.
- "Child" means a person who has not reached the age of eighteen (18) years.
- "Child Abuse" means any physical injury to a child by those responsible for the care, custody, and control of the child through unjustified force as defined in Delaware Code, Title 11, Chapter 4, Subsection 468 or through emotional abuse, torture, criminally negligent treatment, sexual abuse, exploitation, maltreatment, or mistreatment as defined in Delaware Code, Title 16, Chapter 9, Subchapter I, subsection 902.
- "<u>Child Care</u>" also known as "early care and education" means the providing of care, education, protection, supervision, or guidance of children.
- <u>"Child Care Licensing Specialist"</u> also known as "Licensing Specialist" means an employee of the Office of Child Care Licensing who is responsible for performing regulatory activities including monitoring, investigation, enforcement actions, and decisions for licensure as set forth in Delaware Code and these regulations.
- <u>"Child Care Licensing Supervisor"</u> also known as "Licensing Supervisor" means an employee of the Office of Child Care Licensing who is responsible for performing supervisory and regulatory actions including monitoring, investigations, enforcement actions, and decisions for licensure as set forth in Delaware Code and these Regulations.
- "Child Neglect" means the failure to provide, by those responsible for the care, custody, and control of the child, the proper or necessary: education as required by law, nutrition, or medical, surgical or any other care necessary for the child's well-being as defined in Delaware Code, Title 16, Chapter 9, Subchapter I, Subsection 902.
- "Child Sex Abuse" means any act against a child that is described as a sex offense or child exploitation as defined in Delaware Code, Title 11, Chapter 85, Subchapter IV, Subsection 8550 and Chapter 5, Subchapter II (Subpart D) and Subchapter V or any other applicable code.
- "Child with Disabilities" means a child who has been diagnosed by a qualified professional as having a physical, intellectual, emotional, developmental, or chronic medical condition(s) or impairment(s) which would require modifications in the regular program of activities for that child at a center or as defined by applicable Federal and State laws.
- "Clock Hour(s)" means the actual number of hours or time a participant spends attending the instructional portion of training designed to develop or enhance early care and education or school-age care competencies.
- "Complaint Investigation" means the process followed by the Division to investigate effectively accusations that a Licensee is not in compliance with these Regulations or any applicable law.
- "Core Topic Areas or Core Areas" are defined as child/youth development; environment and curriculum; social emotional development (positive behavior management); observation and assessment; health, safety, physical activity, and nutrition; family and community; professionalism; and management and administration.
- "Corrective Action Plan" means a written document listing non-compliances that must be corrected, how they must be corrected, and the date by which they must be corrected.
- "Criminal History Record Check" means the State (Delaware or other State) and Federal (National) report of a person's entire criminal history, a search of the Department's child abuse and neglect records, and when applicable, a search of the Department of Health and Social Services' adult abuse registry or any other check as required by State or Federal Law.
- "Delaware First Professional Development System" means the professional development system for early child care and education and school-age care professionals in Delaware.

"Department" means the Department of Services for Children, Youth and Their Families.

- "Denial" means the process of refusing to grant a license after receipt of an original or renewal application. This constitutes refusal of official permission to operate.
- "Designated Representative" mean the person who has been assigned by the organization/corporation to act on behalf of the organization/corporation and granted authority over program operations and to represent the organization/corporation in dealings with the Office of Child Care Licensing.

"Direct Child Care" means the providing of care, education, protection, supervision, or guidance of children.

- "Direct Observation" (of children or staff members) means that staff are physically present in the same room or area with children or other staff members, are visually monitoring the interactions of children and/or staff, and are alert to any problems that may occur.
- "Direct Voice Contact" means a Licensee is required to speak directly with a Licensing Specialist, Licensing Supervisor, or Administrator from the Office of Child Care Licensing through a phone call or face-to-face contact. When direct voice contact is required, leaving a voice mail message is not acceptable.

"Division" means the Division of Family Services within the Department.

"Division Director" means the Director of the Division of Family Services.

"Due Process" means the established procedure(s) designed to safeguard the rights of a Licensee.

- "Early Care and Education" also known as "child care" means the care, education, protection, supervision, or guidance of children beginning at birth.
- "Early Childhood Administrator" means a staff member as described in these regulations with direct responsibility for the Center's total program of services provided to children and their families, and including when applicable, the administrative aspects. The Early Childhood Administrator approves curriculum, and when also serving as the Early Childhood Curriculum Coordinator develops and evaluates curriculum and implements and/or monitors implementation of curriculum and daily activities for children at the Center. The Early Childhood Administrator supervises all staff and meets the qualifications specified in these regulations.
- "Early Childhood Aide" means a staff member as described in these regulations who performs direct child care functions and related duties in this time-limited entry level position, works under the supervision of at least an Early Childhood Teacher and the direct observation of at least an Early Childhood Assistant Teacher or Early Childhood Caregiver, has not completed the approved training required for the position of Early Childhood Intern, can never be alone with children, and meets the qualifications specified in these regulations.
- "Early Childhood Assistant Teacher" means a staff member as described in these regulations who performs direct child care functions and related duties, works under the supervision of at least an Early Childhood Teacher and assists in the implementation of curriculum. This individual may supervise Early Childhood Interns, Early Childhood Aides, Volunteers, and Substitutes and meets the qualifications specified in these regulations.
- "Early Childhood Caregiver" means a staff member who was formerly a Caregiver at a particular Center licensed before the effective date of the January 1, 2007 regulations or transfers only to a Center licensed before the effective date of the January 1, 2007 regulations that is directly affiliated with the original Center and has gualified for this position at that same Center, and who works under the supervision of at least an Early Childhood Teacher and performs direct child care functions and related duties and assists in the implementation of curriculum. This individual may supervise Early Childhood Interns, Early Childhood Aides, Volunteers, and Substitutes and meets the qualifications specified in these regulations.
- "Early Childhood Curriculum Coordinator" means a staff member as described in these regulations who works under the supervision of the Early Childhood Administrator and may be responsible for the direct care, supervision, guidance, and education of children at the center. The Early Childhood Curriculum Coordinator develops and evaluates curriculum and implements and/or monitors implementation of curriculum and daily activities for children at the Center. This individual may supervise Early Childhood Teachers, Early Childhood Assistant Teachers, Early Childhood Caregivers, Early Childhood Interns, Early Childhood Aides, Volunteers, and Substitutes, and meets the qualifications specified in these regulations.
- "Early Childhood Curriculum Coordinator without a Degree" means a staff member who may fill this position provided that the Early Childhood Administrator is fully qualified as described in these Regulations with at least a Bachelor or Associate degree from a regionally accredited college/university. This individual may be responsible for the direct care, supervision, guidance, and education of children at the center. The Early Childhood Curriculum Coordinator without a Degree develops and evaluates curriculum and implements and/ or monitors implementation of curriculum and daily activities for children at the Center. He/She may supervise Early Childhood Teachers, Early Childhood Assistant Teachers, Early Childhood Caregivers, Early Childhood Interns, Early Childhood Aides, Volunteers, and Substitutes, and meets the qualifications specified in these regulations.
- "Early Childhood Intern" means a staff member as described in these regulations who performs direct child care functions and related duties and works under the supervision of an Early Childhood Teacher and the direct observation of at least an Early Childhood Assistant Teacher or Early Childhood Caregiver, can be alone with children as specified in these regulations and meets the qualifications specified in these regulations.
- "Early Childhood Teacher" means a staff member as described in these regulations who performs direct child care functions and related duties, works under the supervision of an Early Childhood Administrator or Early

Childhood Curriculum Coordinator, and is immediately responsible for the direct care, supervision, guidance, and education of children at a Center. The Early Childhood Teacher implements the curriculum and daily activities for a group of children. The Early Childhood Teacher may supervise Early Childhood Assistant Teachers, Early Childhood Caregivers, Early Childhood Interns, Early Childhood Aides, Volunteers, and Substitutes and meets the qualifications specified in these regulations.

- "Enforcement Action" means an administrative action or group of actions taken to promote compliance, such as Warning of Probation, Probation, Suspension, Denial, and Revocation of a license.
- "Experience" means the practical knowledge or skill gained from documented direct participation in working with children birth through second grade in a group setting for early care and education positions or with children kindergarten through sixth grade in a group setting for school-age positions.
- "Family" means a biological or adoptive father or mother, but may be interpreted broadly to include any person, whether related to the child by blood or not, who resides with the child, takes part in the child's family life, and also may have responsibility for or legal custody of the child.
- "Field Trip" means an excursion trip or program activity off the licensed site and is not a routine program outing.
- "Governing Body" means the person or group of persons with ultimate responsibility for and authority over the operation of a Center, as for example, an owner(s) or Board of Directors.
- "Group Size" means the maximum number of children assigned to a specific staff member or group of staff members, occupying an individual classroom or well-defined physical space within a large room.
- "Health Care Provider" means a professional who practices medicine with or without supervision and is sanctioned by an established licensing body. The most common types of health care providers include physicians, advance practice nurses (nurse practitioners), and physician assistants.
- "Individualized Educational Program" (IEP) means a document written at least yearly about the required services and education program for a child three (3) years of age or older with an identified disability.
- "Individualized Family Service Plan" (IFSP) means a document written at least yearly about the required services for an infant or toddler (ages 0-2 years) with an identified disability.
- "Infant" means a child who is less than one (1) year old.
- <u>"Institutional Abuse"</u> means a child is the subject of abuse or neglect as defined in Delaware Code, Title 10, Chapter 9, Subsection 901 while in out of home care.
- "License" means the document issued by the Office of Child Care Licensing granting authority to a Licensee at the Center's location to operate under applicable State Laws.
- "License Extension" means the process by which the period of an annual License is lengthened by an additional month because all conditions to issue an annual license have not been met and are not in the control of the Licensee.
- "Licensee" means the entity legally responsible for a licensed Center.
- "Licensing Conference" means a meeting between the Office of Child Care Licensing and the Licensee to discuss non-compliance(s) of a serious or repeated nature, which, if not corrected on time under the terms of a Corrective Action Plan or Agreement of Understanding and in an acceptable manner that meets the intent of these regulations, may result in an enforcement action. A Licensing Conference can also be used by a Licensee to dispute the regulation non-compliance(s) cited by a Licensing Specialist during a compliance review, complaint, or other monitoring visit, to discuss the denial of a variance request.
- "Licensure" means the issuing of a child care license by the Office of Child Care Licensing when the Applicant has demonstrated compliance with these regulations and applicable codes, regulations, and laws.
- "Meal" means breakfast, lunch, or dinner.
- "Night Care" means care for any child between the hours of 8:00 p.m. and 6:00 a.m. when the period includes any portion of the child's normal sleeping hours.
- <u>"Office of Child Care Licensing</u>" means the organization within the Department authorized under Delaware Code, Title 31, Chapter 3, Subchapter III, to promulgate and enforce regulations and standards for the conduct of child care, including the licensing thereof, and the development and implementation of policies and procedures.
- "Parent(s)/Guardian(s)" means a birth or adoptive parent, legal guardian, or any other person having responsibility for, or legal custody of, a child.
- "Policy" means an organized plan that is designed to determine and guide decisions, actions, and other matters and is reviewed and updated at least yearly. When changes are made, the updated information must be given to the appropriate persons.
- "Preschool-Age Child" means a child three (3) through five (5) years of age who is not yet attending a public or private kindergarten program. If a child is older than five (5) years of age and is not yet attending a public or

private kindergarten program, that child shall be considered in the pre-school age group until attending kindergarten or first grade, whichever comes first.

- "Probation" means a written notice of a specific enforcement action, approved by the Division Director, which directs the Licensee to correct all non-compliances and maintain compliance or face revocation or denial of the license.
- "Professional Development" means the essential knowledge and skills to develop or enhance generally accepted competencies in the early care and education and school-age field.
- "Provisional License" means a license issued for a maximum period of 3 months when the Licensee is temporarily unable to comply with DELACARE Regulations and when there is no serious risk to the health, safety and well-being of children and the Licensee has agreed to fulfill and operate under conditions as stated in a corrective action plan or an Agreement of Understanding. An extension beyond this time period requires the approval of the Administrator. A licensee may not operate pursuant to a provisional license for more than 12 consecutive months.
- "Quality-Assured Training" means training of the highest quality that is monitored to ensure that the content of the training is research-based and aligned with state standards for the field.
- "Regularly or on a regular basis" means early care and education and school-age care services which are available and provided at a center on more than one (1) day in any one (1) week.
- "Regulation(s)" means a baseline or minimum standard required for a particular aspect of child care set forth in Delaware Administrative Code as established by the Office of Child Care Licensing and known as Delacare: Regulations for Early Care and Education and School-Age Centers.
- "Revocation" means the process of rescinding a license during the effective dates of a license withdrawing official permission to operate.
- "Routine Program Outing" means an activity regularly occurring for children that appears on the classroom activity schedule and involves children leaving the center's premises, such as a routine walk to a playground or a walk around the block.

"Secretary" means the Secretary of the Department of Services for Children, Youth and Their Families.

- "Section 504 Plan" means a document describing accommodations provided to a child to ensure full participation at the Center.
- "School-Age Administrator" means a staff member of a School-Age Center as described in these regulations with direct or supervisory responsibility for the School-Age Center's total program of services provided to children and their families including, when applicable, the administrative aspects. The School-Age Administrator approves curriculum and also, when not assigning such duties to a School-Age Site Coordinator, develops and evaluates curriculum and implements and/or monitors implementation of curriculum and daily activities for children at the School-Age Center. The School-Age Administrator supervises all school-age staff and meets the qualifications specified in these regulations.
- "School-Age Aide" means a staff member of a School-Age Center as described in these regulations who performs direct child care functions and related duties in this time limited, entry level position, who works under the supervision of at least a School-Age Site Assistant, has not completed the approved training required for the position of School-Age Intern, can never be alone with children, and meets the qualifications specified in these regulations.
- "School-Age Care" means care, education, protection, supervision, or guidance for school-age children before and/or after school, during school holidays, and/or during summer months.

"School-Age Center" means a Center that exclusively provides care for school-age children.

- "School-Age Child" means a child five (5) years of age or older and who is attending kindergarten or a higher grade. A child shall be considered school-age for staff/ child ratio purposes beginning the first day of attending kindergarten or first grade whichever comes first.
- "School-Age Intern" as described in these regulations means a staff member of a School-Age Center who performs direct child care functions and related duties, works under the supervision of at least a School-Age Site Coordinator or School-Age Site Assistant who is designated as responsible for the School-Age Center, under the direct observation of at least a School-Age Site Assistant meets the qualifications specified in these regulations, and can be alone with children as specified in these regulations.
- "School-Age Site Assistant" as described in these regulations means a staff member of a School-Age Center who performs direct child care functions and related duties, works under the supervision of at least a School-Age Site Coordinator, and assists in the implementation of curriculum. The School-Age Site Assistant who is designated as responsible for the School-Age Center may supervise School-Age Interns, School-Age Aides, Volunteers, and Substitutes and meets the qualifications specified in these regulations.

- "School-Age Site Coordinator" as described in these regulations means a staff member of a School-Age Center who performs direct child care functions and related duties, works under the supervision of the School-Age Administrator, and is immediately responsible for the day-to-day operations of the School-Age Center, direct care, supervision, guidance, and education of the children. The School-Age Site Coordinator implements curriculum and daily activities for children at the School-Age Center. Also, when assigned such duties, the School-Age Site Coordinator develops and evaluates curriculum, and monitors implementation of curriculum. The School-Age Site Coordinator may supervise School-age Site Assistants, School-Age Interns, School-Age Aides, Volunteers, and Substitutes and meets the qualifications specified in these regulations.
- "Service Letters" as required by the Delaware Department of Labor, 19 Del.C. §708, shall be sent to an employee's current or last employer and all previous child care and health care employers for the past five (5) years prior to the first day of employment or, if applicable, volunteering.
- "Snack" means supplemental food served between meals.
- "Staff or Staff Member" means any full- or part-time employee of a Center including all substitutes and any volunteer working over five (5) days or 40 hours a year.
- "Standards Complaint" means the oral or written accusation that a Center is not in compliance with these regulations.
- "Substitute" means a paid staff member who is temporarily filling in for a position during the absence of a permanent staff member and works under the supervision of at least an Early Childhood Teacher, School-Age Site Coordinator, or School-Age Site Assistant who is designated as responsible for the School-Age Center. If not qualified to be alone with children, the substitute shall work under the direct observation of at least an Early Childhood Assistant Teacher, Early Childhood Caregiver, or School-Age Site Assistant.
- "Successful Completion" means earning at least a grade of C or its equivalent in course work from a regionally accredited college or university.
- "Supervised Experience" means successful completion of the process specified by the Office of Child Care Licensing to reduce the amount of experience required to qualify for designated early childhood and schoolage positions. A staff member must demonstrate during the designated period of continuous employment at a single licensed Delaware Early Care and Education and/or School-Age Center, the ability to create, select, present, and evaluate developmentally appropriate lessons, activities, and curriculum for individual children as well as for small and, where appropriate, whole groups of children. Demonstration must occur under the formal documented supervision of a qualified Early Childhood Administrator or Early Childhood Curriculum Coordinator each with a degree at a single licensed Delaware Early Care and Education and School-Age Center or under the supervision of a School-Age Administrator or School-Age Site Coordinator with a degree at a single licensed School-Age Center.
- "Supervision" (of children) means the appropriate number of staff members are physically present in the area or room, including outside, where children of any age are being cared for and are providing watchful oversight and timely attention to children's actions and needs.
- "Supervision" (of staff) means performing monitoring and evaluation functions of assigned staff which includes the observation of interactions of assigned staff with children and families, staff's adherence to the *Delacare: Regulations for Early Child Care and Education and School-Age Centers*, and the Center's policies and procedures. When performing monitoring functions, supervisory staff shall be physically present in the same room or area as assigned staff and directly observe staff to monitor on-going interaction with children
- "Suspension Order" means a notice issued by the Office of Child Care Licensing directing that a Center's services be discontinued as of a specified date with no services to children provided during the term of the Suspension Order, and that the license to operate a center has been suspended.
- "Toddler" means a child who is between the age of twelve (12) months and less than thirty-six (36) months of age.
- "Training" means an organized professional development activity that is approved or accepted by the Office of Child Care Licensing as designed to develop or enhance the early care and education or school-age competencies.
- "Variance" means the nontransferable written authorization issued by the Division to use alternative means which meet the intent of the specific licensing regulation(s) and is based on the need(s) or circumstance(s) of the Center and does not endanger the health, protection or safety of children in care.
- "Volunteer" means any person who provides an unpaid service or support to a Center. A volunteer shall be under the supervision of at least an Early Childhood Teacher, School-Age Site Coordinator, or School-Age Site Assistant who is designated as responsible for the School-Age Center and, if not qualified to be alone with children, a volunteer shall work under the direct observation of at least an Early Childhood Assistant Teacher, Early Childhood Caregiver, or School-Age Site Assistant.

"Warning of Probation" means a written notice of a specific enforcement action, approved by the Administrator of Office of Child Care Licensing, intended to alert the facility that it has committed or accumulated sufficient serious violations of licensing regulations which, if not promptly corrected, could lead to a recommendation to place the facility on Probation or other enforcement action.

# 5.0 Issuance of a License (Rules 81-82)

To operate or maintain a Center, an agency, corporation, partnership, or individual must be issued a license. This license remains the property of the Office of Child Care Licensing, is not transferable, assignable or subject to sale, and must be publicly displayed. A license shall be issued only to the Center for which an application is made and for the address of the Center's actual site once the applicant has successfully completed the application process and the Office of Child Care Licensing has determined compliance with these regulations and applicable provisions of Delaware Code. When a facility or program is sold, leased, or discontinued or the operation has moved to a new location, or when the license has been revoked, the current license immediately becomes null and void.

# 6.0 Authority to Inspect (Rules 79-80)

An applicant or Licensee must allow access to the premises for announced and/or unannounced monitoring visits and complaint investigations and access to document(s) relevant to determining regulation compliance by any authorized representative of the Office of Child Care Licensing, of another State agency, or any local building, fire or health agency for the purposes of determining compliance with applicable provisions of these regulations.

# 7.0 License for Each Center Site Location (Rules 84-87)

- 7.1 <u>A separate application shall be made for each Center address. A separate license is not required for a center that operates in two (2) or more buildings at the same address.</u>
- 7.2 An agency or individual who operates an early care and education and/or school-age Center at a public or private school but is not employed by the school shall be required to obtain a license for each Center address.

# 8.0 License Renewal (Rules 99-102)

A Licensee shall obtain, complete and submit an application for a license renewal to the Office of Child Care Licensing at least sixty (60) calendar days before the expiration of the Center's current license. When a Licensee makes timely and sufficient application for renewal of an annual license, the existing license shall not expire until the Office of Child Care Licensing makes a decision on the renewal application.

# 9.0 Changes Affecting a License (Rule 105)

A Licensee shall inform the Office of Child Care Licensing prior to any planned changes to the indoor or outdoor spaces of the Center and receive approval for the proposed change. The Office of Child Care Licensing shall determine whether to modify a current license or to require the Licensee to submit an application for a new license or submit a revised plan review when (105A) there is a planned reduction, addition or substantial change in the indoor or outdoor spaces of the Center, (105B) a change in the name or capacity of the Center or (105C) a change in the type of authorized regulated service.

# 10.0 License Suspension (Rules 106-107)

- 10.1 The Division may suspend a license for failure to comply with these regulations or any federal, state, or local law. A suspension order may be verbal or written and the Licensee shall cease operation as required by the Office of Child Care Licensing. Any verbal suspension order shall be followed by a written suspension order within three (3) business days. A written suspension order shall state the reason(s) for the enforcement action.
  - 10.1.1 Within ten (10) business days after the issuance of the written order, the Licensee must relinquish the child care license (if applicable) to the Office of Child Care Licensing, remain suspended until the reason for the suspension has been remediated, or request a hearing.
  - 10.1.2 The hearing shall be scheduled within ten (10) business days of the Licensee's request for a hearing and conducted to determine if the enforcement action will continue. Extensions of time and continuances beyond the times specified shall be granted by the designated hearing officer only for good cause.

# 11.0 License Denial or Revocation (Rules 107-112)

11.1 The Division may deny an application or revoke a license to operate for failure to comply with these regulations or any federal, state, or local law. Any effort to falsify information provided to the department shall be considered to be evidence of violation of these regulations on the part of the operator, sponsor, or staff member of the child care facility and may constitute a cause for revoking or denying a license. The Division shall notify the Licensee in writing of its intent to deny an application or revoke a license, stating the reason(s) for the enforcement action, and specify the Licensee's entitlement to appeal the decision and request a hearing.

- <u>11.1.1</u> Within ten (10) business days after the issuance of the written notice, the Licensee must request a hearing or accept the denial or revocation and close within the time frame indicated in the notice.
- <u>11.1.2</u> The hearing must be held within thirty (30) days of the initial hearing request. Extensions of time and continuances beyond the times specified shall be granted by the designated hearing officer only for good cause shown.
- 11.1.3 The licensee whose license has been revoked or applicant whose application has been denied may not apply for a license from the Office of Child Care Licensing within a three (3) year period from the date that the revocation or denial was upheld. A facility's designated representative, Early Childhood Administrator, or School-Age Administrator will not be issued a license during this three year period.
- <u>11.2</u> If a Licensee requests an administrative hearing in a timely manner, its existing license shall remain in effect until an official written decision has been rendered subsequent to the administrative hearing; except that the Office of Child Care Licensing shall have the authority to suspend the license immediately whenever the health, safety or well-being of children in care is in serious or imminent danger.
- 11.3 If a Licensee does not make a timely request for an administrative hearing in accordance with Subsection 11.1, the action to deny or revoke a license shall take effect thirty (30) calendar days after the issuance of the notice. However, if the health, safety, or well-being of children in care is in serious or imminent danger, denial or revocation shall be effective immediately upon the issuance of a written notice by the Division.

# 12.0 Regulation Variance (Rules 113-114)

All regulations must be complied with in their entirety unless the Applicant or Licensee submits a written request for a regulation variance to the Office of Child Care Licensing and receives approval. The variance request must document to the satisfaction of the Division that the intent of the specific regulation shall be achieved in a manner other than that prescribed by the regulation and that the health, safety and well-being of children in child care will be preserved. The Licensee shall maintain proof of variance approval and make it available upon request. If the Licensee fails to comply with the variance, the Division shall void the variance and require the site to become compliant with the regulation(s).

# PART II ADMINISTRATION AND ORGANIZATION

# 13.0 Notification to the Office of Child Care Licensing (Rules 117-120)

- <u>13.1</u> <u>A Licensee shall notify the Office of Child Care Licensing in writing at least ninety (90) consecutive calendar days before the anticipated closing of the facility or program, or any changes of ownership, sponsorship, location, facility or program name, licensed capacity, or applicable type of regulated service being provided.</u>
- <u>13.2</u> <u>A Licensee shall notify the Office of Child Care Licensing within five (5) business days of the resignation, termination, or hiring of the Early Childhood or School-Age Administrator, Early Childhood Curriculum Coordinator, or School-Age Site Coordinator.</u>
- <u>13.3</u> <u>A Licensee shall notify the Office of Child Care Licensing within one (1) business day by direct voice contact (followed by a written report within three (3) business days) during the Office of Child Care Licensing's working hours in the event of:</u>
  - <u>13.3.1</u> Any fire, flood, or any other damage due to any natural or man-made disaster(s) that impacts the ability to operate safely;
  - 13.3.2 Injury of a child while in the care of a Center requiring inpatient or outpatient treatment;
  - <u>13.3.3</u> Suspected abuse or neglect of a child while at the Center (after reporting the suspected abuse or neglect to the Child Abuse/Neglect Hotline, currently listed as 1-800-292-9582);
  - <u>13.3.4</u> Any known conviction(s) of a staff member including those which prohibit continued employment at the <u>Center; or</u>
  - <u>13.3.5</u> Any medication errors (such as failure to administer or change in instructed time and actual time administered) and adverse effects, if applicable.
- <u>13.4</u> A Licensee shall immediately notify the Office of Child Care Licensing by direct voice contact during the Office of Child Care Licensing's working hours of the death of a child while in care. If a death occurs after such working hours, the Licensee shall immediately call the 24-Hour Child Abuse and Neglect hotline (currently listed as 1-800-292-9582).

## 14.0 Governing Body (Rules 121-123)

- 14.1 <u>A Licensee shall have an identifiable owner and/or functioning governing body with responsibility for and authority over the operation of the Center. The owner or governing body shall designate a qualified person to function as the Early Childhood or School-Age Administrator of the Center.</u>
- <u>14.2</u> The owner or governing body of a Center shall ensure that the Licensee and its employees comply with all applicable local, State and Federal Laws and regulations.
- <u>14.3</u> <u>A Licensee shall have an organized system of business management and sufficient staff, space, and equipment to fulfill, at a minimum, administrative, fiscal, clerical, cleaning and maintenance, food services, direct child care, and supervisory functions.</u>

# 15.0 Insurance Coverage (Rule 124)

A Licensee shall secure and maintain on file written documentation of motor vehicle (if applicable), comprehensive general liability insurance, and other insurance as required by State Law(s).

## 16.0 Records (Rules 125-127)

- 16.1 <u>A Licensee shall maintain files and records applicable to licensing and have them accessible and available for</u> review by OCCL at all times.
- 16.2 A Licensee shall establish and use a system for taking attendance, especially at arrival, departure, and at every transition to ensure the whereabouts of each child in attendance at any given time. This system shall verify the location of individual children when a child does not remain with his/her entire class and changes from the posted classroom schedule shall be documented. These daily child attendance records shall be retained for a minimum period of three (3) months.
- <u>16.3</u> <u>A Licensee shall keep a written record of the daily work assignment, and hours of each staff member to ensure his/her whereabouts and classroom assignment and retain these records for a minimum period of three (3) months.</u>

## 17.0 Enrollment (Rules 364- 367)

- 17.1 <u>A Licensee shall ensure that the daily population at the Center is in accordance with any capacity restrictions</u> on the Center's license.
- 17.2 A Licensee shall provide any parent(s)/guardian(s) who is inquiring about or planning to enroll a child into the Center with information detailing his or her right to inspect the active record and complaint files of the Center as described in Delaware Code, Title 31. An appointment can be made with the Office of Child Care Licensing to view the Licensee's complete compliance history or the compliance history for the previous three (3) years can be viewed on the OCCL website. As a part of the enrollment or application process, the Licensee shall require the parent(s)/guardian(s) to read and sign *The Parents Right to Know Act* form and keep the signed document on file at the Center. This regulation does not apply to inquiries by phone, email, or other contact where the parent(s)/guardian(s) never physically visit the Center.
  - <u>17.2.1</u> <u>A copy of the signed document shall be given to the parent(s)/guardian(s).</u>
  - <u>17.2.2</u> In the event that the parent(s)/guardian(s) do not enroll the child, the signed document shall be kept on file for a minimum period of three (3) months as proof of presenting the information.
- <u>17.3</u> <u>A child shall attend the Center only when the information listed in Section 19.0 is obtained from the parent(s)/</u> guardian(s), placed in the child's on-site confidential file, and updated regularly.
- <u>17.4</u> <u>A Licensee shall ensure that enrollment procedures involve a meeting with the parent(s)/guardian(s) and the child, if appropriate, to:</u>
  - <u>17.4.1</u> Determine if the Center's program can effectively meet the child's developmental and educational needs, abilities, likes and dislikes, and to determine any accommodations or other planning needed to do so; and
  - <u>17.4.2</u> Provide an opportunity for the parent(s)/guardian(s) and child to observe the Center and program.

## 18.0 Release of Children (Rule 412)

A Licensee shall provide to all parents/guardians of children in attendance, staff, substitutes, and volunteers, a copy of the written policies and procedures for the routine and emergency release of children that includes documentation of the release of the child from the responsibility of Center staff only to a person authorized by the parent or guardian. Photo identification is required for all individuals identified as authorized releases.

## 19.0 Child Files (Rules 128 & 366)

<u>19.1</u> <u>A Licensee shall have an on-site confidential file for each child at enrollment and (129) an established procedure to ensure that all information supplied by parents/guardians is maintained and kept current and</u>

available to staff member(s) responsible for a particular child on a need-to-know basis. This file shall be maintained on site for at least three (3) months after disenrollment and shall include:

- <u>19.1.1</u> The child's first/last name, date of birth, address, and telephone numbers including home and parent(s)'/ guardian(s)' cell phone number(s) if applicable;
- 19.1.2 Parent(s)'/Guardian(s)' name(s), place(s) and hours of employment, and work phone number(s);
- <u>19.1.3</u> Emergency telephone numbers for the parent(s)/guardian(s) and at least one (1) other emergency contact person authorized for release of the child;
- <u>19.1.4</u> <u>Name and telephone number of the child's health care provider;</u>
- <u>19.1.5</u> <u>Health appraisal and immunization record (or notarized religious or medical exemption from immunization)</u> on file at the Center within thirty (30) calendar days of enrollment;
- <u>19.1.6</u> First and last names of all persons authorized to pick the child up from the Center;
- <u>19.1.7</u> If applicable, relevant copies of court orders on custody and visitation arrangements provided by the parent(s)/guardian(s);
- <u>19.1.8</u> Date of enrollment and hours/days child is scheduled to attend the Center;
- <u>19.1.9</u> A statement of the child's medical, developmental, or educational special needs including copies of any IEP, IFSP and Section 504 plan if provided by the parent(s)/guardian(s) and information on any allergies, existing illnesses or injuries, previous serious illnesses or injuries, and all prescription and non-prescription medication;
- <u>19.1.10</u> Written authorization(s) from parent(s)'/guardian(s)' for: emergency medical treatment, release of child, and if applicable, special dietary needs, swimming activities, administration of medication, television and computer use, and permission for transporting the child on a routine or off-premises basis;
- <u>19.1.11</u> Administration of medication records of a child and accident and injury reports, including copies of reports submitted to the Office of Child Care Licensing as required by these regulations; and
- <u>19.1.12 Parent(s)/Guardian(s) signature forms as required by Federal, State, or local governments or the Office of</u> <u>Child Care Licensing, such as receipt of information specified in *The Parents Right to Know Act.*</u>

## 20.0 Personnel Files (Rule 130 & 142)

- 20.1 A Licensee shall have a personnel file for each staff member including all substitutes, and volunteers working over five (5) days a week or forty (40) hours a year except as stated in subsection 31.6. This file shall be maintained onsite for at least three (3) months after employment/association terminates. Except as noted, all file contents are required at the start of employment and shall include:
  - 20.1.1 Personal data sheet or completed application or resumé containing the employee's name, date of birth, home address, telephone;
  - 20.1.2 Date of employment or volunteer start date, termination date (as applicable);
  - 20.1.3 <u>Two (2) reference letters or documentation of the reference's name, date of contact, contents of the conversation with a reference, and name of person receiving verbal reference;</u>
  - 20.1.4 Release of employment history form, Service Letters obtained and/or pertinent documentation showing requests and follow-up for Service Letters have been made, or two (2) additional letters of reference or verbal references as described above if no previous employment;
  - 20.1.5 Professional development plan (not required for substitutes and volunteers);
  - 20.1.6 Qualifications certificate (if applicable);
  - 20.1.7 Written records of required health appraisal that includes verification of the employee's ability to perform essential job functions and conducted within one (1) year prior to hire date and submitted within the first month of employment:
  - 20.1.8 Written evidence on file within the first month of employment of freedom from communicable tuberculosis verified by test or medical professional risk assessment within one year prior to the date of initial employment at the Center, with further testing if there are specific concerns from a health care professional regarding the provider's health or in accordance with current guidelines of the Delaware Division of Public Health (current website is www.dhss.delaware.gov/dhss/dph/chca/files/childcaremanual.pdf);
  - 20.1.9 A statement signed by the staff member stating the staff member's status relative to conviction, current indictment or involvement in any criminal activity involving violence against a person, child abuse or neglect; possession, sale or distribution of illegal drugs; sexual misconduct; gross irresponsibility or disregard for the safety of others; or serious violations of accepted standards of honesty or ethical behavior; or any case of child abuse or neglect substantiated by the Division of Family Services or the respective responsible entity in any other state or country;
  - 20.1.10 Verification of fingerprinting form and verification of adult abuse registry check;

- 20.1.11Documentation acknowledging that the use of alcohol or drug(s) that could adversely affect essential job functions, or possession of a controlled substance is prohibited in the work place;
- 20.1.12 If transporting children, a copy of a current driver's license;
- 20.1.13 Copy of job description;
- 20.1.14 Written proof that Safe Sleep procedures (for programs serving infants) and Child Abuse and Neglect recognition and reporting procedures have been reviewed with employee yearly;
- 20.1.15 Orientation form that includes written documentation that the information in these regulations was reviewed as required; and
- 20.1.16Record of annual training hours.

# 21.0 General Human Resources and Personnel Policies (Rule 131)

A Licensee shall have and follow written personnel policies and practices that at a minimum include procedures for hiring, discipline, dismissal, suspension, fraud, and lay-off of staff in accordance with applicable laws, and make them available to all staff and prospective staff.

# 22.0 General Qualifications (Rules 134-141)

- 22.1 <u>A Licensee shall ensure that each staff member has an understanding of and respect for children and their needs and for a child's family and culture.</u>
- 22.2 A Licensee shall ensure that a fingerprinted criminal history record check is conducted on all staff by the Delaware State Police within five (5) business days of starting employment. (136A) Staff members shall be required to provide the fingerprint verification form to the licensee as proof of being fingerprinted and may not be alone with children until the criminal history record check results are received and suitability determined. Results of all record checks shall be placed in the employee's file.
- 22.3 <u>A Licensee shall complete an adult abuse registry check through the Department of Health and Social Services' website [http: dhss.delaware.gov/dhss/dltcrp/Default.aspx] or other available mechanism for staff members on or before their first day of employment. The results are to be printed and added to the staff member's file.</u>
- 22.4 A Licensee shall not employ or retain any person as a staff member who is prohibited or disqualified from working in child care in Delaware. (139/140) The Licensee shall not employ or retain in any capacity any person convicted of any offense defined as child sex abuse in Delaware Code, Title 11, Chapter 85, Subchapter IV, Subsection 8550 or whose child or children are currently removed from his/her custody because of abuse or neglect or who are on the Child Protection Registry at a Level III or Level IV.
- 22.5 <u>A Licensee shall document that staff members have been informed that alcohol or other drug use that adversely affects essential job functions is unacceptable and of the prohibition of unlawful use, possession, manufacture, or distribution of controlled substances or alcoholic beverages in the workplace.</u>

# 23.0 Adult Health Requirements (Rule 338)

A licensee shall ensure that a staff member does not provide personal care to or have direct contact with children when that staff member is known to have a communicable disease which is readily contagious to others. A Licensee shall inform the Division of Public Health of any reportable communicable disease in accordance with Division's procedures; attendance of staff shall be under Public Health's direction.

# 24.0 Child Abuse and Neglect Reporting Requirements (143-145)

- 24.1 <u>A Licensee shall develop, adopt, follow, and maintain on file written policies and procedures for handling any incident of suspected child abuse or neglect which occurs while a child is in or out of the Center's care to comply with applicable laws.</u>
- 24.2 Allegations of Abuse or Neglect Against a Staff Member
  - 24.2.1 The Licensee shall take long-term corrective action to eliminate the factors or circumstances that may have caused or may have otherwise resulted in a continuing risk of abuse or neglect to children if the abuse or neglect occurred at the Center by a staff member; and
  - 24.2.2 Any staff member alleged to have perpetrated an incident of child abuse or neglect shall not have direct contact with any child, but may, at the discretion of the Licensee, be reassigned to other duties that do not involve contact with children until the investigation of the incident has been completed;

## 25.0 Orientation (Rule 176)

- 25.1 A Licensee shall document that all staff members, all substitutes, and volunteers working more than five (5) days or 40 hours a year have been given an orientation training session prior to working with children with the opportunity to ask questions and receive clarification and periodic updates as information is revised on their job function(s), child care licensing regulations (a copy of which shall be readily accessible to staff), and center policies on the following:
  - 25.1.1 Emergency, disaster, and evacuation plans and procedures; personnel and administrative policies; positive behavior management; safe sleep procedures; routine and emergency health care including health exclusions and recognition of the symptoms of childhood illnesses including reportable communicable diseases; child accident and injury procedures; administration of medication; child care goals, and program for children; recordkeeping; family involvement; safety and sanitation procedures; nutrition and food safety; transporting children, if applicable; and release of children;
  - 25.1.2 Recognition of the symptoms of child abuse and neglect, the child abuse and neglect law and reporting requirements, and Center's procedures to report abuse and neglect; and
  - 25.1.3 Information on any Federal or State Laws or regulations applicable to children and families in care including non-discrimination.

# 26.0 Owner of a Center (Rules 146-148)

- 26.1 All owners of a center who are physically present at the center at any time during the hours of operation are required to have a personnel file on site and available for review that contains:
  - <u>26.1.1</u> Personal data sheet or resumé;
  - 26.1.2 Written record or required health appraisal including written evidence of freedom from communicable tuberculosis (verified by test or medical professional's risk assessment) within one year prior to date of initial ownership. Further TB testing is required if there are specific concerns from a health care professional regarding the provider's health or in accordance with current guidelines of the Delaware Division of Public Health;
  - 26.1.3 A statement signed by the owner stating his/her status relative to conviction, current indictment or involvement in any criminal activity involving violence against a person, child abuse or neglect; possession, sale or distribution of illegal drugs; sexual misconduct; gross irresponsibility or disregard for the safety of others; or serious violations of accepted standards of honesty or ethical behavior; or any case of child abuse or neglect substantiated by the Division of Family Services or the respective responsible entity in any other state or country;
  - <u>26.1.4</u> <u>Verification of fingerprinting form and verification of adult abuse registry check;</u>
  - 26.1.5 Documentation acknowledging that the use of alcohol or drug(s) that could adversely affect essential job functions, or possession of a controlled substance is prohibited in the work place; and
  - <u>26.1.6</u> If transporting children, a copy of a current driver's license.

## 27.0 Staff Qualifications (Rules 149-165)

- 27.1 <u>A Licensee shall ensure that sufficient qualified staff as described in these regulations are hired and retained in order to meet requirements of these regulations. A copy of the qualifications certificate shall be maintained in the employee's file.</u>
- 27.2 <u>Staff members qualified through the Office of Child Care Licensing's designee, Department of Education,</u> Delaware First, before the effective date of these regulations shall retain that qualification.
- 27.3 A licensee shall ensure that each staff member at a Center submits within thirty (30) days of hire, true and accurate written documentation to the Office of Child Care Licensing or its designee showing how the staff member is fully qualified for a particular position. The qualifications certificate and letter of approval shall be maintained in the employee's file. The Office of Child Care Licensing shall determine what education, training, or experience is acceptable as an equivalent to meeting stated qualifications. When applicable, credits from a regionally accredited college/university based on specific topic areas/titles may serve as a substitute for other equivalent training as approved or accepted by the Office of Child Care Licensing or its designee. Supervised experience may be substituted for the required experience for designated positions and will reduce the amount of experience required by one-half.
  - 27.3.1 In the event that qualifications documentation is submitted to the Office of Child Care Licensing or its designee. Delaware First, and found to be fraudulent, the applicant will be notified that he/she will unable to submit any new or updating documentation to the Office of Child Care Licensing or its designee. Delaware First, for two (2) years.

- 27.3.2 The Office of Child Care Licensing and its designee, Delaware First, will only accept high school diplomas obtained through regionally accredited agencies. The GED ® Test will only be accepted if examination was completed through the American Council on Education or individual state-sanctioned agencies.
- 27.4 Early Childhood Administrator
  - 27.4.1 <u>A Licensee shall ensure that the Early Childhood Administrator of the Center is at least twenty-one (21)</u> years of age and meets the following education and experience qualification:

Education	Area of Study/Major	Regionally Accredited College/ University Credits <sup>1</sup>	Experience <sup>2</sup>
<u>At least a</u> <u>Bachelor</u> <u>Degree or</u> <u>Associate</u> <u>Degree from a</u> <u>regionally</u> <u>accredited</u> <u>college or</u> <u>university</u>	<u>All areas of study</u>	Successful completion of at least fifteen (15) credit hours from a regionally accredited college/ university with at least three (3) credit hours in each of the following areas: child development/learning, environment/curriculum, social emotional development, observation/assessment; and one three (3) hour early childhood elective of the learner's choice	Eighteen months (18) experience working with children ages birth through second grade in a group setting.
<sup>1</sup> Possession of an Administrator's credential issued by the Delaware Department of Education (DOE), its designee, or by another state's body authorized in that state as the professional development entity for its early			
childhood workforce may substitute for three (3) college/university credits. Possession of the early childhood or school-age administrator's credential alone does not gualify an individual as an early childhood administrator.			
<sup>2</sup> Three (3) months supervised student teaching of children birth through second grade may substitute for six (6)			

months of the required experience.

- 27.4.2 A Licensee shall ensure that the Early Childhood Administrator who manages the Center's administrative duties such as human resources/personnel and fiscal has at least three (3) college/university credits from a regionally accredited college/university or forty-five (45) clock hours of training in administration which may be included in the total number of college/university credits required for the position unless such duties are not the responsibility of the Early Childhood Administrator.
  - 27.4.2.1 A written plan approved by the Office of Child Care Licensing shall be required if such duties are not the responsibility of the Early Childhood Administrator. The written plan shall identify the person/entity performing these duties, and the qualifying factors regarding the person/ entity. Any changes involving the person/entity performing these duties shall require a new plan approved by the Office of Child Care Licensing.
- 27.4.3 An Early Childhood Administrator without a degree, who before the effective date of the January 1, 2007 Regulations was known as the Program Director at a particular Center, shall be able to serve as the Early Childhood Administrator provided that person remains at that original Center or transfers only to a Center licensed before the effective date of the January 1, 2007 Regulations directly affiliated with the original Center that has a qualified Early Childhood Curriculum Coordinator with at least an Associate Degree functioning in that role.
- 27.5 Early Childhood Curriculum Coordinator
  - 27.5.1 <u>A Licensee shall ensure that an Early Childhood Curriculum Coordinator is at least 20 years of age and meets one (1) of the following education and experience qualifications:</u>

Education Area of Study/Major	Regionally Accredited College/ University Credits	Experience <sup>1</sup>
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Bachelor	Early Childhood Education, Child Development, Elementary Education, Elementary Special Education or Child Psychology	Successful completion of at least fifteen (15) credits hours from a regionally accredited college/ university in child development or early childhood education	Three (3) months supervised student teaching birth through second grade 
Degree from a regionally accredited college or university		including six (6) credits in early childhood curriculum development and planning	Six (6) months experience working with children birth through second grade in a group setting
	All other areas of study/ majors	Same as above	Six (6) months experience working with children birth through second grade in a group setting
Associate Degree from a regionally accredited college or university	Early Childhood Education, Child Development, Elementary Education, or Elementary Special Education	Successful completion of at least fifteen (15) credits hours from a regionally accredited college/ university in child development or early childhood education including six (6) credits in early childhood curriculum development and planning	Three (3) months supervised         student teaching birth through         second grade        and         Three (3) months experience         working with children birth         through second grade in a group         setting
	All other areas of study/ majors	Same as above	Twelve (12) months experience working with children birth through second grade in a group setting
High School Diploma or equivalent recognized by Delaware Department of Education -	<u>All areas of study</u>	Successful completion of at least fifteen (15) credits hours from a regionally accredited college/ university in child development or early childhood education including six (6) credits in early childhood curriculum development and planning	Twenty-four (24) months experience working with children birth through second grade in a group setting

<sup>1</sup>Supervised experience may be substituted for the required experience and will reduce it by one-half.

- 27.5.2 An Early Childhood Curriculum Coordinator without a degree may fill this position provided that the Early Childhood Administrator is fully qualified as described in these Regulations with at least an Associate Degree functioning in that role.
- 27.6 Early Childhood Administrator or Early Childhood Curriculum Coordinator Specialized Training (Rules 158-159)
  - 27.6.1 A Licensee shall ensure that the individual functioning as either the Early Childhood Administrator or Early Childhood Curriculum Coordinator has successfully completed fifteen (15) clock hours of approved training in infant and/or toddler development and curriculum if the Center serves infants and/or toddlers. The clock hours may be translated from the college/university credits and included in the total number of college/ university credits required for the position.
  - 27.6.2 A Licensee shall ensure that the individual functioning as either the Early Childhood Administrator or Early Childhood Curriculum Coordinator has successfully completed fifteen (15) clock hours of training in schoolage care if the Center serves school-age children. The clock hours may be translated from the college/ university credits and included in the total number of college/university credits required for the position. A Center employing a qualified individual who functions as a School-Age Administrator shall be exempt from this requirement.
- 27.7 Early Childhood Teacher

27.7.1 A Licensee shall ensure that an Early Childhood Teacher is at least eighteen (18) years of age and meets one (1) of the following education and experience qualifications:

Education	Area of Study/Major	RegionallyAccreditedCollege/University Credits	Experience <sup>1</sup>
Bachelor Degree or Associate Degree from a regionally accredited college or university	Early Childhood Education, Child Development, Elementary Education, Elementary Special Education, or Child Psychology	Successful completion of at least six (6) credits in child development or early childhood education	Three (3) months supervised student teaching birth through second grade —or—_ Six (6) months experience working with children birth through second grade in a group setting
	<u>All other areas of</u> study/majors	Successful completion of at least six (6) credits in child development or early childhood education	Six (6) months experience working with children birth through second grade in a group setting

27.8 Early Childhood Assistant Teacher

27.8.1 A Licensee shall ensure that an Early Childhood Assistant Teacher is at least 18 years of age and meets one (1) of the following education and experience qualifications:

Education	<u>Area of Study/</u> <u>Major</u>	Regionally Accredited College/University Credits	Experience <sup>1</sup>	
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- 27.9 Early Childhood Caregiver.
  - 27.9.1 A Licensee shall ensure that an Early Childhood Caregiver is at least eighteen (18) years of age, and before the effective date of the January 1, 2007 Regulations, was in the position formerly known as a Caregiver at a particular Center and received approval by OCCL and received an Early Childhood Caregiver certificate to continue in that capacity prior to January 1, 2009.
  - 27.9.2 The position of Early Childhood Caregiver is acceptable provided that person remains at that original Center or transfers only to a Center licensed before the effective date of the January 1, 2007 Regulations and is directly affiliated with the original center.
- 27.10 Early Childhood Intern
  - 27.10.1 An Early Childhood Intern may count in the staff/ child ratio, must always be under the direct supervision of at least an Early Childhood Assistant Teacher, and may not be alone with children except as specified below. A Licensee shall ensure that an Early Childhood Intern is at least sixteen 16 years of age, at least four (4) years older than any child in his or her direct care, and meets one (1) of the following education qualifications with documentation on file at the Center:
    - 27.10.1.1 Successful completion of at least a single fifteen (15) hour quality-assured training course for center-based care recognized by the Office of Child Care Licensing such as *Delaware First's* "Child Development" or "Introduction to Center-Based Care"; or
    - 27.10.1.2 <u>Successful completion of at least three (3) college/university credits from a regionally approved</u> college/university in either child development or early childhood education; or
    - 27.10.1.3 <u>Successful completion of the education requirement for any higher level position contained in these regulations.</u>
  - 27.10.2 Fifteen (15) year olds may be hired or volunteer only if they are attending a vocational/technical high school three (3) year program in early childhood education or a traditional high school's career pathway program in early childhood.
  - 27.10.3While maintaining required ratios and group size, a qualified Early Childhood Intern may be alone with children when:
    - <u>27.10.3.1</u> <u>Walking children to or from a bathroom;</u>
    - 27.10.3.2 Walking children to or from receiving first aid treatment:
    - <u>27.10.3.3</u> <u>Walking children to or from a bus stop;</u>
    - 27.10.3.4 Walking children from one classroom/area to another within the Center; and
    - 27.10.3.5 Supervising an ill child while waiting for pick-up by a parent/guardian.
- 27.11 Early Childhood Aide.

- 27.11.1 An Early Childhood Aide must be at least 16 years of age (or 15 years of age if attending a vocational/ technical high school's three (3) year program in early childhood education or a traditional high school's career pathway program in early childhood with enrollment documentation on file at the Center), always work under the direct supervision of at least an Early Childhood Assistant Teacher or Early Childhood Caregiver, may not be alone with children, and will count in the staff/ child ratio only during the first twelve (12) months of employment at a single center.
- 27.11.2 An Early Childhood Aide under the age of 18 must be at least four (4) years older than any child in his or her direct care.

# 28.0 Staffing (Rules 166-171 & 192)

- 28.1 <u>A Licensee shall ensure that the Center has a staff member who functions as and meets the qualifications for</u> the position of Early Childhood Administrator.
- 28.2 <u>A Licensee shall ensure that the Center has a staff member who functions as and meets the qualifications for</u> the position of Early Childhood Curriculum Coordinator.
- 28.3 An Early Childhood Administrator shall also be able to serve as the Early Childhood Curriculum Coordinator provided the Early Childhood Administrator (168A) meets the qualifications with at least an Associate degree as stated in these regulations and:
  - 28.3.1 The Center has a capacity of sixty (60) or fewer children; or
  - 28.3.2 The Licensee shall ensure through a written plan approved by the Office of Child Care Licensing that the Center's administrative duties such as human resources/personnel and fiscal are not the responsibility of the Early Childhood Administrator. The written plan shall identify the person/entity performing these duties, and the qualifying factors regarding the person/entity. Changes involving the person/entity performing these duties shall require a new plan approved by the Office of Child Care Licensing.
- 28.4 A Licensee shall ensure that a staff member who meets the qualifications and functions as an Early Childhood Administrator or Early Childhood Curriculum Coordinator is at the Center at least sixty (60%) of the hours of operation. The Early Childhood Administrator shall be present at least 20 hours a week or 30% of the hours of operation.
  - 28.4.1 When the Early Childhood Administrator or Early Childhood Curriculum Coordinator is not present, an assigned staff member that at least meets the qualification of Early Childhood Teacher as stated in these Regulations is present and specifically designated as responsible for the Early Care and Education and School-Age Center. This staff member shall have documented training in the day to day operations of the Center with an emphasis on the supervision of children and staff.
  - 28.4.2 If an Early Childhood Administrator is responsible for two (2) or more Centers, each with capacities of sixty (60) or fewer children, a staff member who meets the qualifications for the position of an Early Childhood Administrator or Early Childhood Curriculum Coordinator shall be at each Center at least fifty percent (50%) of the hours of operation.
- 28.5 <u>A Licensee shall follow a one (1) to four (4) ratio of Early Childhood Teachers to Early Childhood Assistant</u> <u>Teachers, Early Childhood Caregivers, Early Childhood Interns, and Early Childhood Aides as indicated in the</u> <u>table below during all hours of operation:</u>

Early Childhood Teacher(s)	Total # of Early Childhood Assistants, Caregivers, Interns, and Aides	
1	<u>1 to 4</u>	
2	<u>5 to 8</u>	
3	<u>9 to 12</u>	
4	<u>13 to 16</u>	
5	<u>17 to 20</u>	
<u>6</u>	<u>21 to 24</u>	
<u>Z</u>	<u>25 to 28</u>	
<u>8</u>	<u>29 to 32</u>	
<u>9</u>	<u>33 to 36</u>	
10	<u>37 to 40</u>	

(continue as needed)

28.6 Staff charged with caring for children shall not be given other duties or participate in personal activities which would interfere with providing care to children. A Licensee shall ensure that providing child care is the primary focus for all direct-care staff during the hours of operation and that (192) supervision of each child is provided at all times.

# 29.0 Staff Communication (Rule 195)

<u>A Licensee shall have an organized system of documented communication among staff to ensure that any staff</u> member assuming responsibility for a child or children, as for example during shift changes, is informed of any significant information, problem, need, or special circumstance involving the child or children.

# 30.0 Ratios, Group Size, and Supervision (Rules 185, 187-194, 369, 387 & 398)

30.1 A Licensee shall ensure that direct supervision of children is provided at all times through the assignment of qualified staff physically present and working with children to maintain the following minimum staff/child ratios and maximum group sizes for each age group listed during daily activities at the Center or during routine transportation provided by the Center as indicated in the table below:

	Age of Child	Minimum Staff/ Child Ratio	<u>Maximum</u> <u>Group Size</u>
Infant	Under 12 months	<u>1:4</u>	<u>8</u>
Young Toddler	12 through 23 months	<u>1:6</u>	<u>12</u>
Older Toddler	24 through 35 months	<u>1:8</u>	<u>16</u>
Young Preschool Child	36 through 47 months	<u>1:10</u>	<u>20</u>
Older Preschool Child	48 months or older and not yet attending Kindergarten or higher	<u>1:12</u>	<u>24</u>
School-Age Child	5 Years or older and attending Kindergarten or higher	<u>1:15</u>	<u>30</u>

- <u>30.2</u> <u>A licensee shall maintain the full staff/child ratio for infants at all times and a staff member shall be assigned to care for specific infants and toddlers within their group.</u>
- <u>30.3</u> For mixed age groups, the staff/child ratio and group size requirements are that for the age of the youngest child present.
- <u>30.4</u> <u>A Licensee shall ensure that during nap times when children one (1) year and older are sleeping, at least onehalf (1/2) of the staff complement as required in these regulations are physically present with each group of children and directly observing the children. Maximum group size shall be maintained.</u>
- <u>30.5</u> <u>A Licensee shall have at least two (2) staff present when seven (7) or more children one (1) year and older are present. When six (6) or fewer children one (1) year and older are present with only one (1) staff member, that staff member must be qualified at least as an Early Childhood Teacher.</u>
  - <u>30.5.1</u> The Licensee shall have emergency procedures providing immediate access to emergency service and additional staff when only one (1) staff member is present with children at the Center.
- <u>30.6</u> <u>A Licensee shall care for infants and toddlers in rooms and outdoor play areas separate from older children</u> unless twelve (12) or fewer children in total are present. Mixing of age groups is permitted for special events or occasions and during the first and last hour of a center's hours of operation.
- <u>30.7</u> <u>A Licensee shall ensure that when ten (10) or more school-age children are in attendance, the school-age children are cared for in an area physically separated from younger children.</u>
- <u>30.8</u> <u>A Licensee shall ensure that staff create and utilize a written transition plan when admitting a child new to the Center or when moving a child from a particular group or room.</u>

# 31.0 Substitute and Volunteer Staff (Rules 172-174)

<u>31.1</u> <u>A Licensee shall have substitute staff that are at least sixteen (16) years of age, including documentation of their qualifications to fill a particular position during the absences of permanent staff if left alone with children.</u>

- 31.2 <u>A substitute who is not fully qualified shall be allowed to count toward staff/child ratios and must be under the direct observation of at least an Early Childhood Assistant Teacher, Early Childhood Caregiver, or School-Age Site Assistant at all times.</u>
  - <u>31.2.1</u> When the position of Early Childhood Administrator or Early Childhood Curriculum Coordinator, if applicable, is vacant for thirty (30) days or more, a substitute or person filling that role must be qualified for and function in the designated position.
- 31.3 Volunteers without a complete personnel file may not be alone with children and must always be supervised by a staff person who is at least the designated Early Childhood Teacher or designated School-Age Site Assistant who has been assigned responsibility for the Early Care and Education or School-Age Center and must be under the direct observation of at least an Early Childhood Assistant Teacher, Early Childhood Caregiver, or School-Age Site Assistant at all times including while transporting children or on field trips.
- 31.4 <u>A Licensee shall ensure that volunteers are at least sixteen (16) years of age and counted for the purposes of staff/child ratios only when it is documented that they are fully qualified for the particular position in which they are volunteering.</u>
  - <u>31.4.1</u> <u>A Licensee shall ensure that a substitute or volunteer may be fifteen (15) years old only if they are attending a vocational/technical high school three (3) year program in early childhood education or a traditional high school's career pathway program in early childhood. Documentation proving enrollment and attendance in such programs shall be on file at the Center.</u>
- <u>31.5</u> <u>A volunteer who is fully qualified for the particular position may be counted toward staff/ child ratios.</u>
  - 31.5.1 <u>Volunteers providing unpaid services of less than five (5) days or forty (40) hours a year shall not be</u> required to have background checks and may never be alone with children. Volunteers providing unpaid services of more than five (5) days or forty (40) hours a year are required to have background checks.
- <u>31.6</u> A volunteer who is working as part of an institution of higher education's degree-granting program and assigned to an Early Care and Education and School-Age Center must be fingerprinted and may not be alone with children unless qualified as specified in these regulations through Delaware First. The fingerprint verifications for these students must be on file at the center. A complete file is not required.

# 32.0 Annual Training (Rules 177-178)

- 32.1 A Licensee shall ensure and document that the Early Childhood and School-Age Administrator and all staff providing direct care to children, including an actively involved Owner, participate in annual training aligned with the program's license period and directly related to the staff member's position. Training in CPR, First Aid, and Administration of Medication shall not count toward a staff member's annual training requirement even when required for a particular position.
  - <u>32.1.1</u> Staff members as well as an Early Childhood or School-Age Administrator providing direct child care and working twenty-five or more hours per week shall participate in at least eighteen (18) clock hours of training annually.
  - 32.1.2 Staff members as well as an Early Childhood or School-Age Administrator providing direct child care and working less than twenty-five hours per week shall participate in at least nine (9) clock hours of training annually.
  - <u>32.1.3</u> An Early Childhood or School-Age Administrator shall have a minimum of three (3) clock hours of training annually directly related to the administrative functions of the position which may be part of total amount of annual training required for the position.
  - <u>32.1.4</u> For the purposes of this subsection, owners, substitutes, or volunteers that work or volunteer seven (7) hours or more per week shall be considered an active owner, substitute, or volunteer and shall be required to complete annual training as specified in subsections 32.1.1 and 32.1.2.
    - <u>32.1.4.1</u> Owners, substitutes, or volunteers that work less than seven (7) hours per week shall be exempt from annual training requirements.
  - <u>32.1.5</u> <u>Staff members not providing direct child care such as those assigned only to clerical, janitorial, or food service duties, shall be exempt from annual training requirements.</u>
- 32.2 All training shall be in topic or core areas associated with improving quality in early care and education and school-age care. Topics shall include the following core areas: Child Development; Developmental Curriculum Planning/Environment and Curriculum; Positive Behavior Management /Social Emotional Development; Health, Safety, and Nutrition; Family and Community; Professionalism; and Management and Administration.
- <u>32.3</u> <u>Training taken in clock hours must cover a minimum of three (3) core areas unless documented in the individual's annual professional development plan by the facility's Early Childhood or School-Age Administrator that other training is needed or if the staff member is applying credits for successfully completing a regionally</u>

accredited college/university course, successfully working toward a credential issued by the Delaware Department of Education, or when the training is six (6) or more clock hours in length.

<u>32.4</u> A licensee shall ensure that new staff members who have been employed for at least six (6) months (but less than one year) at the center obtain at least one-half (½) of the required training hours for their position.

# 33.0 Annual Professional Development Plan (Rule 179)

A Licensee shall ensure that a written professional development plan is completed for each staff member holding a position with qualifications defined in these Regulations within thirty (30) days of hire and updated annually. This plan shall be maintained in the individual's staff file and include professional development goals for the upcoming year. An annual professional development plan is not required for substitutes and volunteers.

# 34.0 First Aid and CPR Training (Rules 181-184)

- <u>34.1</u> A Licensee shall document that all staff qualified to be alone with children have within six (6) months from the date of hire and maintain current certification of completing a classroom-based first aid course and a classroom-based certification in cardio-pulmonary resuscitation (CPR) which requires a skill demonstration and is appropriate to the ages of the children they are assigned to care for.
- <u>34.2</u> <u>At least one (1) staff member properly certified in First Aid and CPR training applicable to the ages of the children must be present during all hours of operation when children are in attendance including the beginning and end of the day and during off-site activities such as outings or field trips.</u>

## 35.0 Parents/Guardians Communication (Rules 370-373)

- <u>35.1</u> <u>A Licensee shall have an organized system of respectful communication with parent(s)/guardian(s) that incorporates the use of written policies in a Parent/Guardian Handbook that is provided to parents at enrollment that include:</u>
  - <u>35.1.1</u> <u>Assurances that parent(s)'/guardian(s)' visits and monitoring of the program are welcomed and permitted</u> without prior approval of the Center;
  - <u>35.1.2</u> <u>Assurances of nondiscrimination and respect for each child's family and culture:</u>
  - <u>35.1.3</u> <u>A statement of the Center's developmental and educational goals for all children including procedures for ensuring that parent(s)/guardian(s) are kept regularly informed concerning the program and their child's developmental and educational progress including a minimum of one (1) annual conference between Center staff and parents/guardians;</u>
  - <u>35.1.4</u> Information about procedures used by the Center to assess children's accomplishments and needs and when there are concerns to refer parent(s)/guardian(s) for additional help in the community;
  - <u>35.1.5</u> <u>A procedure for informing parent(s)/guardian(s) of the identities of the governing body members:</u>
  - <u>35.1.6</u> <u>A procedure encouraging parent(s)/guardian(s) to review current licensing regulations that are made available at the Center;</u>
  - <u>35.1.7</u> <u>A procedure for making and handling complaints from parent(s)/guardian(s) regarding the Center;</u>
  - 35.1.8 A typical daily schedule of the Center's programs and activities;
  - <u>35.1.9</u> <u>A written explanation of the Center's policy on positive behavior management, food and nutrition services, safety and sanitation, physical activity, screen time, photographing or videotaping children, and transporting children (if applicable);</u>
  - 35.1.10 Procedures related to release of children;
  - <u>35.1.11</u> A copy of the Center's routine and emergency health care plan including health exclusions, written notification of an outbreak of a communicable disease, and administration of medication;
  - 35.1.12 Procedures to regularly report any accidents or critical incidents involving the child and any other important information relating to the child;
  - 35.1.13 A written explanation of the mandatory reporting of child abuse and neglect;
  - 35.1.14 Written notice of the outbreak of a communicable disease; and
  - <u>35.1.15</u> Procedures stating that written permission from parents/guardians is required prior to disclosing or using any child's written, electronic, or digital information except in the performance of official duties by employees or representatives of the Office of Child Care Licensing or other entities with statutory responsibilities for issues relating to the health, safety, and protection of children.

# PART III PHYSICAL ENVIRONMENT AND SAFETY

# 36.0 General Safety Practices

- <u>36.1</u> (Rule 418) A Licensee shall show evidence of security procedures that ensure access to children is limited to authorized persons.
- <u>36.2</u> (Rule 196) A Licensee shall ensure that every building, or part thereof that is used as a Center, is constructed, used, furnished, maintained, and equipped in compliance with all applicable requirements established by Federal, State, local and municipal regulatory bodies with (a) written certification of compliance from the appropriate regulatory bodies governing zoning, building construction and safety, sanitation, and fire safety.
- 36.3 (Rules 198/269) A Licensee shall ensure that all structures, fences, equipment, and grounds are maintained in a clean, safe condition so as to be free from any hazard to health and safety including appropriate lighting of outdoor areas that are used while it is dark. (199) Grounds shall drain either naturally or through installed drainage systems so that there is no standing drainage water on the premises. (269) (202) All areas at the Center determined to be unsafe including steep grades, cliffs, open pits, swimming pools, high voltage boosters, propane gas tanks, streets or roads, driveways, railroad tracks, or parking lots shall be fenced off or have natural barriers to protect children.
- <u>36.4</u> (Rules 274 & 275) A Licensee shall ensure that the facility is free of hazardous materials and shall maintain evidence that, if there is peeling or chipped paint, the center has been tested for and found to be free of lead-based paint hazards. Buildings constructed after 1978 are exempt from lead-paint testing.
- 36.5 (Rules 270-271) A Licensee shall ensure that the temperature of the water from all water faucets and other sources accessible to children in care in a Center not exceed 120 degrees F. All sinks shall supply hot and cold water under pressure at all times and all plumbing shall comply with state and local plumbing codes. Water supply and the sewage disposal in a Center shall be approved by the Division of Public Health and the Department of Natural Resources and Environmental Control, respectively.
- 36.6 (Rule 200) In areas accessible to children, only containers designated for clean, recyclable paper may be present without a cover. A Licensee shall ensure that garbage and trash are stored securely in noncombustible, covered containers. Indoor containers shall be emptied at least daily to an outdoor receptacle and kept clean; outdoor trash/garbage containers shall be inaccessible to children, emptied at least weekly, and, with the exception of dumpsters, cleaned as needed. Portable sinks are prohibited.
- 36.7 (Rule 287) A Licensee shall ensure that all containers of poisonous, toxic, or hazardous materials kept in a Center are prominently and distinctly marked or labeled for easy identification as to contents and used only in such manner and under such conditions as will not contaminate food or constitute a hazard to the children in care or to staff and, except for materials required for routine cleaning and maintenance, are stored in a locked storage space accessible only to authorized staff. Materials required for routine cleaning and maintenance shall be stored and used in a safe manner.
  - <u>36.7.1</u> The storage of flammable liquids and gases shall not be permitted in the Center except as allowed by the Office of the Fire Marshal.
- <u>36.8</u> (Rule 288 & 294) A Licensee shall ensure that porches and elevated walkways or surfaces in a Center of more than two (2) feet in height have hazard-free barriers to prevent falls and that stairways, inside and out, over four (4) steps have handrails at a maximum of 38 inches high and are safe for children and adults.
- <u>36.9</u> (Rule 289) A Licensee shall ensure that every exit, exit access, and exit discharge in a Center are continuously maintained free of obstruction. All closets shall be provided with doors that can be readily opened from both sides.
- <u>36.10</u> (Rule 290) A Licensee shall ensure that glass door panels and windows within thirty-six (36) inches of the floor have safety guards at children's eye level such as rails or mesh or be of safety-grade glass or polymer and equipped with a vision strip.
- <u>36.11</u> (Rules 291 & 292) A Licensee shall ensure that all buildings used by a Center are rodent-free and free of insect infestation.
- 36.12 (Rule 293) An individual with current water safety instructor training or senior lifesaving training from the American Red Cross or its equivalent shall be on duty when the children in care are swimming. Portable wading pools shall be prohibited and permanent or built-in swimming and wading pools that are left filled when not in use shall be inaccessible to children.
- <u>36.13</u> (Rule 296) A Licensee shall ensure that a Center has child-proof receptacle covers in all electrical outlets including power strips not in use and accessible to children, or has electrical outlets that are of the children resistant ground-fault circuit-interrupter (GCFI) type.
- <u>36.14</u> (Rule 260)A Licensee shall ensure that a Center is ventilated to ensure that the air quality within the Center provides a healthy environment for children and adults. Insect screening in good repair shall be used for all exterior doors and operable windows when such doors and windows are used for ventilation, provided that all requirements for fire safety have been met. If mechanical ventilation is not provided, a Center shall have

window area equal, at a minimum, to four and one-half percent (4 ½%) of the floor area of the Center. Half (½) of such window area shall be operable.

- <u>36.15</u> (Rules 261 & 263) A Licensee shall ensure that all heating and cooling equipment, hot water pipes or radiators are safely shielded or insulated to prevent the injury of children.
  - <u>36.15.1</u> <u>All heating, cooling, and plumbing equipment shall be properly installed, cleaned, and maintained to operate safely.</u>
  - <u>36.15.2</u> <u>All floor or window fans in a Center must be inaccessible to children and bear the safety certification mark</u> of a recognized testing laboratory such as UL (Underwriters Laboratories) or ETL (Electrotechnical <u>Laboratory</u>).
- 36.16 (Rules 263-266) A Licensee shall ensure that room temperatures in rooms used by the children are maintained at a minimum temperature of sixty-eight (68) F. and a maximum of eighty-two (82) degrees F. measured three (3) feet above floor level unless there is conflict with Federal and State energy Laws. Portable space heaters shall be prohibited. For a Center licensed after January 1, 2007, air conditioning shall be used during hot weather to keep rooms used by children at a comfortable temperature.
  - <u>36.16.1</u> Except as provided below, a Center shall be required to inform OCCL and close temporarily if the minimum or maximum room temperature cannot be maintained.
    - <u>36.16.1.1</u> If room temperature is above sixty (60) degrees F. and below ninety (90) degrees F., a Center shall restore room temperature to above sixty-eight (68) degrees F. and below eighty-two (82) degrees F. within the next 4 hours.

# 37.0 Smoking Prohibited (Rule 411)

A Licensee shall inform staff members and others at the facility that smoking is prohibited at all times anywhere inside the Center, in the outdoor play area, while transporting children, and in the presence of children during field trips or routine program outings sponsored by the Center.

## 38.0 Indoor Space

- 38.1 (Rule 197 & 268) A Licensee shall maintain all areas of the facility in a clean, safe condition free from hazards. This includes any floors, walls, counter surfaces, toilets, or any rough surface or finish that may present a hazard to health and safety. A Center shall have sufficient natural and artificial lighting to allow for the supervision of the children and provide illumination of at least thirty (30) foot candles at floor level in areas where children's activities occur.
- 38.2 (Rule 220-221) A Licensee shall ensure that interior space designated for the use of children is available to children when the Center is in operation and is arranged to allow each child adequate space for free movement and active play. A Center shall have at least thirty-five (35) square feet for each child in each area or room used by children. Measurements shall be from wall to wall on the inside. Toilet rooms, kitchen areas, isolation areas, offices, storage spaces, hallways, furnace rooms, gymnasiums, and other areas not used by children for sleep or play on a routine basis shall not be counted in computing required square footage.
- <u>38.3</u> (Rule 258) A Licensee shall provide children with individual storage space, labeled with their name, for personal belongings so that clothing or bedding used by a child does not come into contact with that used by other children.

# 39.0 Area for Children Who Become III (Rule 230)

- <u>39.1</u> <u>A Licensee shall ensure that a Center has a separate area, not located in the kitchen or toilet areas, where children who are exhibiting illnesses/symptoms requiring exclusion from the Center are cared for until they can be removed from the Center or are diagnosed as posing no risk to themselves or others.</u>
  - <u>39.1.1</u> The separate area shall be furnished with rest equipment provided with clean bedding.
  - <u>39.1.2</u> While in this area, staff shall ensure that the child is supervised and the child's individual needs for rest, comfort, food, drink, and activity are met until the child can be picked up by a parent/guardian.
  - <u>39.1.3</u> <u>All items used by an ill child, including rest equipment, bedding, utensils, and toys shall be cleaned with soap and water and disinfected prior to being used by another child.</u>

# 40.0 Outdoor Climate and Space

40.1 (Rule 267) A Licensee shall provide daily opportunities for outdoor play daily when weather and environmental conditions do not pose a significant health or safety risk (wind chill factor at or below 15 degrees F or heat index at or above 90 degrees F). Children shall be appropriately dressed for the weather.

- 40.2 (Rule 203) A Licensee shall maintain or have access to an outdoor play area with at least seventy-five (75) square feet for each child for the maximum number of children who will use the playground at one (1) time with a space suitable for gross motor moderate to vigorous physical activities, including running. The outdoor play area shall be large enough to accommodate at least one-fourth (1/4) of the licensed capacity of the facility at any one (1) time.
- <u>40.3</u> (Rule 399)A Licensee shall ensure that the outdoor play area for school-age children is physically separated or used at separate times from that provided for children younger than school-age.
- <u>40.4</u> (Rule 204) A Licensee of a Center licensed before the effective date of the January 1, 2007 regulations shall maintain or have access to an outdoor play area with at least fifty (50) square feet for each child for the maximum number of children who will use the playground at one (1) time. The outdoor play area shall be large enough to accommodate at least one-fourth (1/4) of the licensed capacity of the facility at any one (1) time.
  - 40.4.1 If the capacity of a Center licensed before the effective date of the January 1, 2007 regulations changes for any reason, the Licensee shall be required to ensure that the outdoor play area is in compliance with these Regulations.
- 40.5 (Rules 205 & 212) A Licensee shall ensure that the outdoor play area is situated adjacent to or within close proximity to the Center, is available daily to the children by a safe route, and has a shaded rest area for children. Staff shall inspect any outdoor area before children begin to play to ensure there are no hazards present and play equipment is safe for use. Outdoor sandboxes or play areas containing sand shall be maintained in a safe and sanitary manner including being covered when not in use. Use of trampolines is prohibited.
- 40.6 (Rule 206) A Licensee shall ensure that the center's outdoor play areas are fenced. Use of parks or other offsite play areas that are not fenced require prior OCCL approval.
  - 40.6.1 Fencing shall be sturdy, safe, and reinforced at intervals so as to give support, constructed to discourage climbing, and not prevent observation of children by staff and shall be a minimum of four (4) feet in height with openings no larger than three and one-half (3½) inches. Fenced areas shall have at least two (2) exits, with at least one (1) being remote from the building. Gates shall be equipped with self-closing and positive self-latching closure mechanisms. The latch or securing device shall be high enough or of a type such that small children cannot open it.
- 40.7 (Rule 207) For a Center licensed before the effective date of the January 1, 2007 regulations, the existing fencing shall be acceptable as long as it is safe, free from hazards, and in good repair. When the fencing is replaced, the new fencing shall fully comply with these Regulations.
- 40.8 (Rule 209 & 210) A Licensee shall ensure that the protective surface of the outdoor play area beneath and in the fall zones of climbing equipment, slides, swings, and similar equipment is of approved resilient material which absorbs falls. The fall zone depth and materials shall follow the instructions as listed in the most recent publication of the United States Consumer Product Safety Commission's (CPSC) Handbook for Public Playground Safety regarding critical heights of tested materials (see CPSC website at http://www.cpsc.gov/cpscpub/pubs/325.pdf).
  - 40.8.1 All materials used for protective surfaces shall be of a size that prevents choking and all surfaces of the outdoor play area shall be made of materials that do not present a safety or choking hazard. Only pea gravel shall be acceptable as cover for the outdoor play area if using a gravel or stone-like surfacing. Protective surfaces of the fall zone shall extend at least six (6) feet in all directions from the equipment. For swings, the protective surfacing shall extend, in back and front, twice the height of the suspending bar unless otherwise directed by the CPSC or other recognized authority on playground safety.

Inches	Type of Material	Protects to Fall Height	
<u>6</u>	Shredded/recycled rubber	<u>10 feet</u>	
<u>9</u>	Sand	<u>4 feet</u>	
<u>9</u>	Pea Gravel	<u>5 feet</u>	
<u>9</u>	Wood Mulch	ch <u>7 feet</u>	
9 Wood Chips		<u>10 feet</u>	
Poured in place surfacing, if used, must be in the required fall zone and at a sufficient depth as required by manufacturer's specifications or other approved entity.			

40.9 (Rule 213) Outdoor play equipment must be securely anchored unless portable by design, in good repair, and placed with regard for safe use and include equipment for vigorous play and large muscle activity with attention to the needs of the diversity of children served and their abilities to participate.

- <u>40.10</u> (Rule 215) When a Licensee can demonstrate that the outdoor space regulation cannot be met, the Licensee shall provide at the site of the Center, in addition to the indoor space required by these regulations, a minimum of 700 square feet of open, accessible indoor play space for large muscle activity.
  - 40.10.1 The Licensee shall have a written plan approved by OCCL which specifies how large muscle activity will be provided.
- <u>40.11</u> (Rule 216) For a Center licensed before the January 1, 2007 Regulations, the indoor space as indicated in these regulations may be at a nearby facility that was previously used and approved by the Office of Child Care Licensing unless the capacity of the Center increases or the physical plant of the Center changes allowing room for an indoor play space.
- 40.12 (Rule 217) A Licensee shall ensure that a roof top or elevated play space above the first floor is protected by a non-climbable, secure, and hazard-free barrier that is at least seven (7) feet in height.

# 41.0 Riding Toys (Rules 218 & 219)

A Licensee shall ensure that bicycles, tricycles, scooters, and other riding toys are the size appropriate for a child, in good condition, free of sharp edges or protrusions that may injure a child, and not motorized. All children over one (1) year of age shall wear approved safety helmets while riding toys with wheels of twenty (20) or more inches in diameter (such as tricycles, bicycles) or using any wheeled equipment (roller blades, skateboards, etc.) and while standing on and using scooters with handles. Helmets shall not be shared unless cleaned between users by wiping the lining with a damp cloth to remove any head lice, nits, or fungal spores. Helmets shall be removed as soon as children stop riding helmet-required equipment.

# 42.0 Sleeping Accommodations

- 42.1 (Rules 378 & 229) A Licensee shall ensure that the program in a Center provides physical care routines including opportunities for rest/sleep for each child in attendance appropriate to each child's individual physical needs. Rest or sleeping equipment shall meet the safety standards required by the U.S. Consumer Product Safety Commission or other recognized authority approved by the Office of Child Care Licensing and maintained in a safe condition. The rest area(s) shall be lighted enough to allow for visual supervision at all times.
  - 42.1.1 An alternative quiet activity shall be provided for those children who have rested or slept for thirty (30) minutes and do not appear to need or want additional rest or sleep.
- 42.2 (Rules 224-227) A Licensee shall ensure that each child, except school-age children who do not sleep at the Center, has clean, safe, age-appropriate individual rest equipment such as a crib, playpen, pack and plays (without ripped mesh), cot, bed, or mat and bedding. A child's rest equipment shall be labeled with the child's name or assigned chart number and used only by that child while attending the program. Chart numbers and assignments shall be documented, kept current, and available for review.
  - 42.2.1 <u>Mattresses and sleeping equipment shall be covered with non-absorbent, cleanable coverings and seasonably appropriate top and bottom coverings, such as sheets and blankets, shall be provided for each child over the age of (1) one year. Sheets and blankets or other bedding shall be cleaned at least weekly and when soiled or wet. A tight-fitting bottom sheet is required for all infants.</u>
  - 42.2.2 Cots, beds, mats and mattresses, and crib mattresses shall be cleaned with soap and water and sanitized at least weekly and when soiled or wet. Rest equipment and bedding shall be cleaned and sanitized prior to being assigned to another child. Sleeping mats shall be stored so that there is no contact with the sleeping surface of another mat or disinfected after each use.
  - 42.2.3 Each child under eighteen (18) months of age and not walking shall sleep in a crib or playpen/pack and play. A child who is between twelve (12) and eighteen (18) months of age and is walking may sleep on a cot, bed, or mat and bedding with written permission from the child's parent(s)/guardian(s).
- 42.3 (Rule 228) A Licensee shall ensure that cribs and other rest equipment are placed at least one and one-half (½) feet apart while in use with children sleeping in alternating body positions aligning their head to the feet of the child next to them. If children are placed at least three feet apart or if a physical solid barrier such as a book shelf is present between children, head to foot positioning is not required.

## SAFE SLEEP PRACTICE FOR INFANTS AND SUDDEN INFANT DEATH SYNDROME (SIDS/SUFFOCATION RISK REDUCTION) (Rules 226, 187, & 389)

- 42.4 Cribs must meet the current standards of the U.S. Consumer Product Safety Commission or other safety authority recognized by the Office of Child Care Licensing.
  - 42.4.1 Cribs shall not be stacked while in use.

- 42.4.2 <u>Crib mattresses shall be firm and tight-fitting with a tight-fitting bottom sheet only. Pillows, bibs, blankets, bumper pads, cloth diapers other than those worn by an infant, comforters, flat sheets, quilts, sheepskin, sleep positioning devises, stuffed toys, top sheets, and any other items (except a pacifier, if used) are prohibited in a crib. Toys or objects hung over an infant in sleeping or napping equipment are prohibited.</u>
- 42.4.3 <u>Soft surfaces such as soft mattresses, pillows, sofas, and waterbeds are prohibited as infant sleeping</u> <u>surfaces.</u>
- <u>42.4.4</u> <u>Swaddling of infants is not recommended and requires written parent/guardian consent.</u>
- 42.5 A Licensee shall maintain the full staff/child ratio for infants at all times.
- 42.6 Infants shall sleep in cribs and be placed on their backs when putting them down to sleep or in accordance with the recommendations of the American Academy of Pediatrics. An exception may be granted if the infant's health care provider documents in writing that the infant's physical or medical condition requires an alternative sleeping position and stipulates the specific sleeping position in which that infant must be placed.
  - 42.6.1 <u>A record shall be kept daily and retained for a minimum of ten (10) business days documenting that each infant was visually monitored every thirty (30) minutes when placed in the crib or playpen to nap/sleep to observe the infant for normal breathing, any signs of distress, and to be ready to assist and respond in case of emergency.</u>

## 43.0 Toilet Facilities (Rules 231-239)

- 43.1 <u>A Licensee shall ensure that a Center has enclosed toilet rooms inside the building on each floor where child</u> care has been approved. Each toilet room shall have at least one (1) sink with warm running water and one (1) operable window or mechanical ventilation.
  - 43.1.1 All door locks, if present, must be designed to permit staff to open the locked door readily and shall not be within the children's reach.
- 43.2 <u>A Licensee shall ensure that a Center serving toddlers, preschool, and school-age children has at least the number of toilets and sinks in the following ratios:</u>

Ages of Children	Ratio of # of Toilets to # of Children 1.2	
24 Months Through Preschool	1:10	
School-Age	1:15	
$\frac{1}{(454A)}$ Urinals shall be counted as one-half of a toilet for the purposes of this calculation provided the population served includes a significant number of males and that a minimum of two (2) flush toilets are available and accessible to both males and females.		
<sup>2</sup> (232D)Staff shall be counted in determining the number of toilets and sinks if the Center does not provide separate toilet facilities for staff.		

- 43.3 <u>A Licensee shall ensure that a Center serving only children under twenty-four (24) months of age has at least one (1) toilet and sink when fewer than twenty (20) children are served and at least two (2) toilets and sinks when more than twenty (20) children are served.</u>
- 43.4 For a Center licensed before the effective date of the January 1, 2007 regulations, the existing number of toilets and sinks shall be acceptable as long as the conditions of the original Environmental Health plan approval continue to be met.
  - <u>43.4.1</u> If the capacity or physical plant of a Center licensed before the effective date of the January 1, 2007 regulations changes for any reason, the Licensee shall be required to ensure that the toilets and sinks are in compliance with these Regulations.
- <u>43.5</u> <u>A Licensee shall ensure that potty chairs are not substituted for toilets and, if used, are placed in the toilet room. Potty chairs, when used, shall be constructed of plastic or other non-porous material and be cleaned with soap and water and sanitized after each use in accordance with these Regulations.</u>
- 43.6 <u>A Licensee shall provide non-bacterial liquid soap, toilet paper, and single service towels or hand drying device</u> in the toilet room(s) and make them accessible to the children.
- 43.7 <u>A Licensee shall ensure that toilet room(s) in a Center are maintained in a sanitary condition and cleaned daily</u> or more frequently if needed. All surfaces in a toilet room shall be smooth, cleanable, and non-absorbent.

### 44.0 Sanitation (Rules 240 & 241)

44.1 A Licensee shall ensure that areas and equipment specified in Subsection 44.2 are washed with soap and water, and then disinfected as required.

- 44.1.1 Because of the variety of products and strengths available, providing a generic bleach and water dilution ratio for sanitizing and disinfecting is no longer possible. An EPA-registered bleach product shall be used following the manufacturer's instructions for diluting the product for sanitizing or disinfecting, as well as for the contact time. These products and their instructions for use shall be available for review at any OCCL visit.
- 44.2 <u>A Licensee shall ensure that staff wash with a soap and water solution and then disinfect the following equipment, items, or surfaces, as indicated below:</u>

After Each Use	<u>At least Daily</u>	
Potty chairs which have first been emptied into a toilet	Toilet and toilet seats	
Sinks and faucets used for hand washing after the sink has been used for rinsing a potty chair	Sinks and faucets	
Diapering surfaces, as required in Regulation 47.4;	Diaper pails and lids	
Food preparation and eating surfaces such as counters, tables, and high chair trays	Drinking fountains	
Toys mouthed by children	Water table and water play equipment	
Mops used for cleaning shall be rinsed, disinfected, wrung dry, and hung to dry	Play tables	
Plastic Bibs (cloth bibs maybe used only once prior to laundering)	Rest mats that are not stored separately as specified in these regulations	
Thermometers	Cleanable, non-absorbent activity mats such as those used for infant tummy time	
	Smooth surfaced non-porous floors	

### 45.0 Hand Washing (Rule 243)

45.1 Licensee shall ensure that staff and children wash their hands with soap and running water, including when gloves have been worn, and use single service towels for drying hands, as follows:

Before and After	After	
Eating or handling food	Toileting or diapering	
Giving medications	Coming into contact with blood, fecal matter, urine, vomit, nasal secretions, or other body secretions	
Caring for a child who may be sick	Handling animals or their equipment or after coming into contact with an animal's body secretions	
Using a water-play or other sensory table/ container with other children	Playing in a sandbox	
	Outdoor play	
Using shared play dough or clay	Cleaning	
	Taking out the garbage	

### 46.0 Standard Precautions (Rule 244)

46.1 A Licensee shall employ standard precautions for protection from disease and infection. Staff involved in cleaning contaminated surfaces shall avoid exposure of open skin sores or mucous membranes to blood or blood-containing body fluids and injury or tissue discharges by using non-porous gloves to protect hands when cleaning contaminated surfaces. Spills of body fluids (i.e. urine, feces, blood, saliva, nasal discharge, eye discharge, and injury or tissue discharges) shall be cleaned up immediately, as follows:

- 46.1.1 Spills of vomit, urine, and feces on any surface including the floors, walls, bathrooms, tabletops, toys, and diaper-changing tables shall be cleaned with soap and water and then disinfected;
- 46.1.2 <u>Non-porous gloves shall be used for spills of blood or blood-containing body fluids and injury and tissue</u> <u>discharges on any surface, which shall be cleaned with soap and water and then disinfected. Blood-</u> <u>contaminated material and diapers shall be disposed of in a sealed plastic bag with a secure tie.</u>

## 47.0 Diapering (Rules 245-248)

- 47.1 A Licensee shall have an established procedure for checking diapers for wetness and feces at least hourly, visually inspected at least every two hours, and whenever the child indicates discomfort or exhibits behavior that suggests a soiled or wet diaper. Diapers and other clothing shall be changed when they are found to be wet or soiled. Diaper changes shall be documented with documentation retained for ten (10) business days. Soiled or wet clothing shall be changed and placed in a sealed plastic container or bag labeled with the child's name and returned to the child's parent(s)/guardians at the end of the day.
  - 47.1.1 The Licensee shall ensure that a supply of clean diapers and extra clothing are available for each child either by providing them directly or requiring the parent(s)/guardian(s) to provide.
  - <u>47.1.2</u> The Licensee shall ensure that soiled non-disposable diapers are not emptied or rinsed and are placed in a sealed plastic container or bag separate from a child's wet or soiled clothing, labeled with the child's name, and returned to the child's parent(s)/guardians at the end of the day;
- 47.2 <u>A Licensee shall ensure that a Center has a diaper changing area with a clean, washable, and non-absorbent</u> surface that shall not be located in the kitchen area. Disposable covers for the diaper changing area shall be used for each diaper change.
  - 47.2.1 There shall be a separate hand-washing sink with running warm water within five (5) feet of the changing area that is cleaned with soap and water and disinfected prior to any food preparation.
- <u>47.3</u> <u>A Licensee shall ensure that used disposable diapers are placed in a foot-activated container that is used exclusively for diapers, lined with a leak-proof or impervious liner, within arm's reach of the changing area, inaccessible to children, and sanitized daily.</u>
  - 47.3.1 Such diapers shall be removed from the Center daily or more frequently if needed to prevent accumulation of odors, and placed in a closed container that is outside the building and used for trash collection.
- 47.4 <u>A Licensee shall have an established procedure for changing diapers that is posted in the diaper changing area and includes at least the following items:</u>
  - 47.4.1 The Licensee shall ensure that staff members use a diaper changing area and dispose of disposable diapers and disposable covers in accordance with these Regulations;
  - <u>47.4.2</u> The Licensee shall ensure that staff members wash and dry each child during each diaper change with an individual disposable sanitary wipe or single service washcloth and wash their hands and the hands of the child with soap and water immediately after each diaper change; and
  - 47.4.3 The diaper changing area shall be cleaned with soap and water and then sanitized with a disinfectant solution after each use in accordance with these Regulations.

# 48.0 Food Service and Preparation (Rules 249-257)

- 48.1 Upon request by the Office of Child Care Licensing, a Licensee shall contact the Division of Public Health prior to opening a Center to determine whether the Center requires a Food Establishment permit.
- <u>48.2</u> <u>A Licensee of a Center that conducts a food operation which does not require a Food Establishment permit</u> shall not change that type of food operation to one which requires a Food Establishment permit, except as approved by the Division of Public Health.
- <u>48.3</u> <u>A Licensee shall ensure that a kitchen or food preparation area is provided with the necessary operable equipment (251A) to prepare, store, serve, and clean-up all meals and snacks for children and staff. There shall be a hand-washing sink in the food preparation area that is separate from the sink used for food preparation and dish washing.</u>
  - <u>48.3.1</u> <u>A Center that does not prepare food on site is exempt from this regulation. There can be no food preparation in the facility and all utensils and dishware must be single-service and discarded after each use.</u>
- 48.4 <u>A Licensee shall ensure that floors, walls, and counter surfaces that any food comes in contact with are easily cleanable and impervious to water to the level of splash.</u>
- 48.5 A Licensee shall ensure that a Center has refrigeration-with sufficient capacity to keep perishable food, including lunches prepared at home, cold to forty degrees F. or colder, and food stored in a freezer frozen at

zero (0) degrees F. or colder. A working thermometer shall be in all refrigerators, freezers, and freezer compartments. Freezer compartments in mini-refrigerators that are not used are excluded from this regulation.

- 48.6 A Licensee shall ensure that all food served to children in a Center complies with the facility's written policy on nutritional quality, is clean, wholesome, free from spoilage and adulteration, correctly labeled with contents and date of preparation, and safe for human consumption. Storage areas for food shall be cleanable and free of food particles, dust, and dirt. All food items shall be stored off the floor, separate from cleaning materials, and in closed or sealed containers that are labeled with contents and expiration date.
- 48.7 <u>A Licensee shall ensure that the kitchen or food preparation area is constructed and supervised to prevent</u> access by children unless staff is conducting a specific supervised educational activity within the kitchen or food preparation area.

# 49.0 Emergency Planning (Rules 276-278)

- <u>49.1</u> <u>A Licensee shall have a written emergency plan describing procedures for both natural and man-made disasters. The emergency plan shall include procedures for training staff for both natural and man-made disasters in at least the following areas:</u>
  - <u>49.1.1</u> <u>Disaster preparedness;</u>
  - <u>49.1.2</u> <u>Staff's specific responsibilities during a disaster including meeting the needs of children of all ages and abilities;</u>
  - <u>49.1.3</u> <u>Accounting for children and staff;</u>
  - 49.1.4 Relocation process (if appropriate); and
  - 49.1.5 Contacting appropriate emergency response agencies and parents/guardians.
- 49.2 Monthly evacuation drills shall be practiced from all exit locations at varied times of the day and during varied activities including nap time. Evacuation routes and a written evacuation plan of the Center shall be posted in each room that the children use. Each drill shall be documented and include:
  - <u>49.2.1</u> Information on the date and time of day of the drill;
  - 49.2.2 Number of children and staff members who participated;
  - 49.2.3 Exits used; and
  - 49.2.4 Total amount of time necessary to evacuate the Center.
- 49.3 <u>A Licensee shall develop a written plan describing procedures to shelter-in-place (staying indoors) at the child care center for up to twenty-four (24) hours due to a natural or man-made disaster that includes a list of emergency supplies including having a sufficient quantity of non-perishable foods, bottled water, and any equipment necessary to serve or prepare foods at the Center without the use of electricity and have and follow procedures for feeding children and staff during the extended stay at the Center.</u>

### 50.0 Firearms (Rule 279)

<u>A Licensee shall ensure that firearms and/or ammunition not be within the Center's premises at any time. This</u> regulation shall not apply to law enforcement officers in the performance of their official duties.

# 51.0 Pets (Rule 280)

A Licensee shall ensure that any pet kept by or located in the Center is cared for in a safe and sanitary manner and that proof of vaccination as prescribed by State Law is maintained on site. Poisonous or aggressive animals or animals that are known to be carriers of illnesses such as ferrets, turtles, iguanas, lizards or other reptiles, psittacine birds (birds of the parrot family), or are sick with a disease(s) that can be spread to humans may not be kept or brought into the Center.

# 52.0 Telephones (Rules 283-284)

- 52.1 A Licensee shall ensure that a Center has a working, publicly listed telephone with an operating voice mail feature that allows a caller to leave a voice mail message. Telephone calls from the Office of Child Care Licensing must be returned within two (2) business days. Changes to the phone number shall be provided to parents/guardians, staff, and the Office of Child Care Licensing within one (1) business day.
- 52.2 <u>A Licensee shall post emergency telephone numbers by telephones accessible to staff for ambulance or emergency medical services, police, and fire departments (911), Poison Control Center, and Child Abuse and Neglect Reporting Hot Line (currently listed as 1-800-292-9582).</u>

### 53.0 Transportation (Rules 297-308)

- 53.1 A Licensee of a Center that provides transportation for children shall ensure that the operator and the vehicle used to transport children are in compliance with all applicable Federal. State, and local laws and that children are transported in compliance with all applicable laws including state and federal child restraint laws. The operator of a vehicle transporting children for a Center shall be at least twenty-one (21) years of age, have a valid driver's license that authorizes the driver to operate the vehicle being driven, a criminal history background check confirming suitability to be alone with children for routine transportation to and from the Center and/or home, and a safe driving record. (297A) The driver shall not transport more persons, including children and adults, than the capacity of the vehicle.
  - 53.1.1 Use of a 12-15 passenger van to transport children is prohibited unless purchased or leased by the facility prior to July 1, 1998. Official proof of purchase or lease is required.
- 53.2 A Licensee shall develop, follow, and inform parents/guardians of the center's written transportation policy that complies with current Federal, State, and local laws regarding transportation of children and ensures that each child is secured at all times in an individual safety restraint system that is properly installed and appropriate to the age, weight, and height of the child while the vehicle, other than a school bus, is in motion. This policy shall have procedures to ensure that children are released only to person(s) authorized by the parent/guardian and. never left unattended in a vehicle used by the center.
  - 53.2.1 If a school bus is used for transportation, a child preschool age or younger shall be transported only when the bus is properly equipped with child safety restraints.
    - 53.2.1.1 An exception may be made when written permission is received from parent(s)/guardian(s) stating that they have been informed that the National Highway Traffic Safety Administration recommends that children in this age group always be transported in school buses properly equipped with child safety restraints and that they give permission allowing their child to be transported on a school bus unrestrained.
- 53.3 A Licensee shall ensure that any vehicle used to transport children shall:
  - 53.3.1 <u>Have and use an operable heater capable of maintaining a temperature of at least fifty (50) degrees F. in</u> the vehicle:
  - 53.3.2 <u>Have and use air-conditioning to reduce the interior temperature of the vehicle when it exceeds eighty-five</u> (85) degrees F; school buses are exempt from this regulations;
  - 53.3.3 Have a working telephone;
  - 53.3.4 Have a traveling first aid kit;
  - 53.3.5 Load and unload children at the curbside of the vehicle or in a protected parking area or driveway; and
  - 53.3.6 <u>Have locked doors, except for any emergency doors which are required to remain unlocked, whenever the vehicle is in motion.</u>
- 53.4 A Licensee shall obtain written permission from parents/guardians for any transportation provided by the Center. A licensee shall document arrangements with parent/guardians and their children's school regarding any transportation provided by the licensee to and from the child's school. A licensee shall inform parents/ guardians of the identity of each vehicle's operator or transportation company and require parents/guardians to specify any special need or problem of their child which might require special attention during transportation.

### 54.0 Field Trips (Rules 310-312 & 286)

- 54.1 A Licensee shall have a plan for field trips or routine program outings that includes procedure(s) documenting that all children are accounted for at all times and the transportation of children in the event of an emergency. Medical consent forms and emergency contact information for all children, a traveling first aid kit as described in these regulations, and a working telephone shall accompany staff and children on any trip or outing. Children shall have tags or other means of providing the center's name and telephone number.
- 54.2 A Licensee shall ensure that during field trips or routine program outings, staff/child ratios are maintained in a coordance with these regulations. For a routine program outing where children are always contained in a buggy/stroller, classroom ratios shall be maintained. Volunteers shall count toward the staff/child ratios for field trip or routine program outing purposes only if not accompanied by other children of any age who are not enrolled at the Center.
- 54.3 <u>Staff/Child Ratios for Field Trips/Routine Program Outings (Rule 313)</u>
  - 54.3.1 If three or more children are present and not always contained in a buggy or stroller, a minimum of two (2) staff must be present.

Age of Youngest Child in Group	Staff/Volunteer to Child Ratio
Under 24 months	<u>1:2</u>

2 – 5 years (not in kindergarten)	1:4
5 years or older and at least in kindergarten	<u>1:8</u>

54.4 <u>A Licensee shall ensure that staff and/or volunteering parents/guardians comply with transportation regulations</u> when transporting children on field trips.

# 55.0 Health Care (Rule 314)

Except in instances when the Licensee employs a registered nurse licensed in Delaware to provide health services, a Licensee shall have specific arrangements with a health care provider who will agree to provide consultation on both routine and emergency health care for children.

# 56.0 Child Health and Well-Being (Rule 315)

A Licensee shall have a written plan for the routine and emergency health care of children including procedures to be followed in case of illness and plans for accessing emergency services (315A) including method of transportation, notification of parents/guardians, and illness exclusions including reportable communicable diseases.

## 57.0 Child Health Appraisal (Rules 316 - 318)

- 57.1 A Licensee shall ensure that within one (1) month following admission, the Licensee has on file an ageappropriate health appraisal conducted within the last thirteen (13) months prior to admission for each child in attendance unless required by Law to be admitted without a health appraisal such as specified in the McKinney-Vento Homeless Assistance Act or any applicable local, State, and Federal Laws and regulations. Health appraisals shall be certified by a health care provider and updated yearly or in accordance with the recommended schedule for routine health supervision of the American Academy of Pediatrics. A one month grace period can be granted when a health appraisal cannot be obtained by the parent/guardian within a year of the last health appraisal. Documentation from the parent/guardian is required and shall be maintained in the child's file. The health appraisal shall include:
  - 57.1.1 <u>A health history and physical examination including growth and development and documentation of the results of any recommended or required screening/testing such as for blood-lead or tuberculosis;</u>
  - 57.1.2 Recommendations regarding required medication, restrictions, or modifications of the child's activities, diet, or care and medical information pertinent to treatment in case of emergency;
  - 57.1.3 Documentation of the immunizations administered shall be provided. For current immunization information the Licensee shall contact the Division of Public Health or refer to the CDC website currently listed as http://www.cdc.gov/nip/recs/child-schedule.htm.
    - 57.1.3.1 Unless required by law to be admitted without immunization(s) such as specified in the McKinney-Vento Homeless Assistance Act or any applicable local, state and federal law and regulation, a child shall be admitted to the Center only when age-appropriately vaccinated according to the most recent directive from the Division of Public Health unless a written plan has been established for updating the immunizations within a reasonable time frame and submitted to the Early Childhood or School-Age Administrator within fourteen (14) days of the child's admission.
- 57.2 <u>A Licensee shall ensure that for children in grades kindergarten or higher, a copy of the school-age health</u> appraisal must be on file at the center within 30 days of the child's enrollment or participation in the center as a school-age child. A school-age health appraisal does not need to be updated yearly.
- 57.3 A Licensee shall ensure that a child whose parent(s)/guardian(s) objects to immunizations on a religious basis or whose health care provider certifies that such immunization may be detrimental to the child's health will be exempt from the immunization requirement provided that the parent(s)/guardian(s) submits to the Early Childhood or School-Age Administrator a notarized statement explaining the exemption is in compliance with State Law.

# 58.0 Observation (Rule 319)

A Licensee shall ensure that each child is observed on arrival by a staff member trained in recognizing common signs of communicable disease, physical injury, other evidence of ill health, and signs of child abuse or neglect. Specific concerns and observations as well as the steps taken to assist the child shall be documented in written form and maintained in the child's file. Any person who suspects child abuse or neglect shall make a report to the Child Abuse and Neglect Hot Line.

### 59.0 Health Exclusion (Rules 320-326)

- 59.1 A Licensee shall not permit a child who has symptoms of illness specified below to be admitted to the Center or remain at the Center unless written documentation from a health care provider, or verbal with written follow-up, states the child has been diagnosed and poses no serious health risk to the child or to other children. The symptoms of illness for exclusion shall include, but not be limited to, any of the following:
  - <u>Temperature: infants four (4) months old and younger: equivalent to 100 degrees F. or greater even if</u> there has not been a change in behavior;
  - Temperature: children older than four (4) months: equivalent to 101 degrees F. or greater, accompanied by behavior changes or other signs or symptoms of illness until medical evaluation indicates inclusion in the facility:
  - Symptoms and signs of possible severe illness (such as unusual lethargy, uncontrolled coughing, inexplicable irritability, persistent crying, difficult breathing, wheezing, or other unusual signs) until medical evaluation allows inclusion;
  - <u>Uncontrolled diarrhea; that is, increased number of stools, increased stool water, and/or decreased form that is not contained by the diaper until diarrhea stops; If diarrhea is accompanied by fever, exclude for 48 hours following resolution of symptoms.</u>
  - Blood in stools not explainable by dietary change, medication, or hard stools;
  - <u>Vomiting illness (two (2) or more episodes of vomiting in the previous twenty-four (24) hours) or one occurrence if accompanied by a fever until 48 hours following resolution of the symptoms or until a health care provider determines the cause of the vomiting is not contagious and the child is not in danger of dehydration;</u>
  - Persistent abdominal pain (continues more than two (2) hours) or intermittent pain associated with fever or other signs or symptoms;
  - Mouth sores with drooling, unless a health care provider determines that condition is noninfectious;
  - Rash with fever or behavior change, until a health care provider determines that these symptoms do not indicate a communicable disease;
  - Purulent conjunctivitis (defined as pink or red conjunctiva with white or yellow eye discharge), until after twenty-four (24) hours after antibiotic treatment has been initiated;
  - Scabies, until twenty-four (24) hours after treatment has been initiated;
  - Pediculosis (head lice), until twenty-four (24) hours after treatment has been initiated;
  - Tuberculosis, until a health care provider states that the child is on appropriate therapy and can attend care;
  - Impetigo, until twenty-four (24) hours after antibiotic treatment has been initiated and lesions are dry;
  - Strep throat or other streptococcal infection, until twenty-four (24) hours after initial antibiotic treatment and cessation of fever;
  - Varicella-Zoster (chicken pox), until all lesions have dried and crusted (usually six (6) days);
  - Shingles, only if lesions cannot be covered by clothing or a dressing; if not exclude until lesions have crusted and are dry;
  - Pertussis, until five (5) days of antibiotic treatment;
  - Mumps, until five (5) after onset of glandular swelling;
  - <u>Hepatitis A virus, until one (1) week after onset of illness, jaundice or as directed by the</u> <u>Delaware</u> <u>Division of Public Health when passive immunoprophylaxis (currently, immune serum globulin) has</u> <u>been administered to appropriate children and staff;</u>
  - Measles, until four (4) days after appearance of rash;
  - Rubella, until seven (7) days after appearance of rash;
  - Herpetic gingivostomatitis (cold sores), if the child is too young to have control of oral secretions; or
  - Unspecified illness if it limits the child's comfortable participation in activities or if it results in a need for greater care than can be provided without comprising the health and safety of other children.
- 59.2 Temperatures for children under four (4) years of age shall be taken using a non-glass thermometer by the axillary method (under the arm) or by the temporal scanner thermometer (sometimes called a forehead scan). Oral temperatures may be taken on three and four year old children when a digital thermometer is used. Rectal and ear temperatures may be taken only by a licensed health care professional.
- 59.3 A Licensee shall ensure that if a child who has already been admitted to a Center manifests any of the illnesses or symptoms specified in these Regulations, the Licensee will remove the child from the group of well children to a separate area furnished with rest equipment and clean bedding that is not located in a kitchen or toilet area. The Licensee shall provide supervision, and meet the child's individual needs for rest, comfort, food, drink, and activity until the child can be picked up by the parent(s)/guardian(s) or suitably cared for elsewhere, or a health care provider indicates verbally or in writing that the illness/symptoms pose(s) no serious health risk to the child or to other children. All items used by an ill child, including rest equipment, bedding, utensils, and toys shall be cleaned and disinfected prior to being used by another child.

- 59.4 <u>A Licensee shall ensure that the child may return to the Center when the symptoms are no longer present or a health care provider indicates the child poses no serious health risk to the child or to other children.</u>
- 59.5 <u>A Licensee shall report any reportable communicable disease to the Division of Public Health in accordance</u> with Division of Public Health procedures. For current information on reportable communicable diseases, the Licensee shall contact the Division of Public Health or refer to the website currently listed as <u>http://</u> www.dhss.delaware.gov/dhss/dph/dpc/rptdisease.html.
- 59.6 A Licensee shall not permit a child with a reportable communicable disease, as specified by the Division of Public Health, to be admitted to or remain at the Center, unless written documentation from the child's health care provider states the child has been evaluated and presents no risk to the child or to others or (B) the Licensee has reported the illness to the Division of Public Health and has been advised the child presents no health risk to others.
  - 59.6.1 If there is conflict in the opinions of the health care provider and the Division of Public Health regarding the exclusion of a child, the Licensee shall follow the instructions of the Division of Public Health.
- 59.7 <u>A Licensee shall ensure that when a child has been diagnosed as having a reportable vaccine-preventable communicable disease, all children who have not been immunized against the disease are excluded from the Center in accordance with Division of Public Health procedures.</u>

# 60.0 Administration of Medication (Rules 327-336)

- 60.1 A Licensee shall ensure that only trained staff members who are at least eighteen (18) years of age and authorized in accordance with State Law, or health care providers, nurses or other qualified medical health personnel administer medication to children in a Center. Written permission from the child's parent(s)/ guardian(s) for each medication to be administered is required. Unused medication shall be returned to the parent/guardian when no longer needed by the child.
- 60.2 <u>A Licensee shall ensure that the parent(s)/guardian(s) of a child provide the following information for each medication given:</u>
  - 60.2.1 The name and birth date of the child
  - 60.2.2 Medication allergies
  - 60.2.3 Doctor's name and phone number
  - 60.2.4 Pharmacy name and phone number
  - 60.2.5 Name of medication
  - 60.2.6 Dosage (amount given)
  - 60.2.7 <u>Time or frequency (when given)</u>
  - 60.2.8 Route of administration (oral; eye, nose, or throat drops; topical)
  - 60.2.9 Medication expiration date
  - 60.2.10 End date
  - 60.2.11 Reason for medication and
  - 60.2.12 Any special directions.
- 60.3 A Licensee shall ensure that all prescription medication is:
  - 60.3.1 Stored securely and inaccessible to children;
  - 60.3.2 Refrigerated (if applicable) in a closed container separate from food;
  - 60.3.3 In its original container and properly labeled with directions for its administration:
  - 60.3.4 Current and not expired;
  - 60.3.5 Authorized by the child's health care provider; and
  - 60.3.6 Given only to the child whose name appears on the prescription as specified in the instructions on the container.
- 60.4 <u>A Licensee shall ensure that all non-prescription medication is:</u>
  - 60.4.1 Stored securely and inaccessible to children;
  - 60.4.2 <u>Refrigerated (if applicable) in a closed container separate from food;</u>
  - 60.4.3 In its original container, properly labeled with directions for its administration;
  - 60.4.4 Current and has not expired;
  - 60.4.5 Labeled with the child's name; and
  - 60.4.6 <u>Given as specified in the instructions on the container unless otherwise specified in writing by the child's health care provider.</u>

- 60.5 A Licensee shall keep a written record of medication administered to children recorded on the Medication Administration record (MAR) including medication dosage, time administered, by whom administered, any adverse effects observed, and any medication errors (such as failure to administer or change in instructed time and actual time administered). Adverse effects and errors in administering medication shall be immediately reported to parents/guardians and within one (1) business day to the Office of Child Care Licensing. Documentation of the error or adverse effects shall be maintained in the child's file.
- 60.6 Documentation of administration of any medications shall be placed in the child's file or in a central administration of medication log and kept while the child is enrolled in the center.

## 61.0 Child Accident and Injury (Rule 337)

- 61.1 <u>A Licensee shall ensure that when an accident or injury occurs to a child during the hours of care, that the Center's staff take the emergency action to protect the child from further harm, call emergency medical services if needed, and notify the child's parent(s)/guardian(s) maintaining a written record of when the parent(s)/guardian(s) was notified or of attempts to notify the parent(s)/guardian(s).</u>
  - 61.1.1 The Licensee shall maintain a written injury report in the child's file or a central log for the Center for each incident that includes the name of child, date of injury, description of injury, how it occurred, first aid or medical care provided, and parent/guardian signature.
  - 61.1.2 The Licensee shall report to the Office of Child Care Licensing an accident or injury that results in death or inpatient or outpatient treatment of a child as described in Section 13.0.

## 62.0 First Aid Kits (Rules 281, 282, & 312)

A Licensee shall have at least one (1) complete first aid kit in a location readily accessible to staff but not to children. A first aid kit shall be taken on field trips/program outings. Contents of the first aid kit shall include but not be limited to:

Items Required in Center First Aid Kits	Items Required in First Aid Kits Used on Field Trips/Program Outings	
Disposable nonporous gloves	Disposable nonporous gloves	
Scissors	Scissors	
Tweezers	Tweezers	
A non-glass thermometer to measure a child's temperature	A non-glass thermometer to measure a child's temperature	
Bandage tape	Bandage tape	
Sterile gauze pads	Sterile gauze pads	
Flexible roller gauze	Flexible roller gauze	
Triangular bandages or sling	Triangular bandages or sling	
Safety pins	Safety pins	
Eve patch or dressing	Eye patch or dressing	
Pen/pencil and note pad	Pen/pencil and note pad	
Instant cold pack	Instant cold pack	
Current American Academy of Pediatrics (AAP) standard first aid chart or equivalent first aid guide	Current American Academy of Pediatrics (AAP) standard first aid chart or equivalent first aid guide	
Small plastic, metal, or wooden finger splints	Small plastic or metal finger splints	
Non-medicated adhesive strip bandages	Non-medicated adhesive strip bandages	

	Plastic bags for cloths, gauze, and other materials used in handling blood.
	Bottled water
Plastic bags for cloths, gauze, and other materials used in handling blood	Liquid soap
	Any emergency medications needed
	List of emergency phone numbers Parents'/Guardians' home and work phone numbers, and the Poison Control Center phone number

## 63.0 Food, Water, and Nutrition (Rules 272. 339-355, 254)

- 63.1 <u>A Licensee shall ensure that drinking water is visible and always available to children in their classrooms and outdoors and supplied to them upon their request or available for self-service as appropriate.</u>
- 63.2 <u>A Licensee shall have a written policy concerning food service that is (G) provided to parents at enrollment and when updated that includes:</u>
  - 63.2.1 <u>Times of snacks and/or meals and a description of all food services that will be provided by the Licensee</u> and/or by the parent/guardian.
  - 63.2.2 Statements that meals and/or snacks provided by parents/ guardians shall be for the consumption of the individual child and may not be shared with other children. Foods brought from home for regular consumption or celebratory occasions must be clean and safe and comply with the facility's written policy concerning the content of foods provided by parents/guardians.The Licensee shall have written procedures to be followed to prevent spoilage of foods brought from home.
  - 63.2.3 For meals and snacks provided by the center, the Licensee's policy on whether additional servings of foods that meet the meal pattern requirements will be served to a child who is still hungry.
  - 63.2.4 <u>Procedures related to food allergies, religious dietary requirements, and other dietary requests or restrictions.</u>
- 63.3 <u>A Licensee shall ensure that staff responsible for food service has knowledge of nutrition, sanitary food</u> preparation, storage, and clean-up, and adhere to the Center's policy on food service.
  - 63.3.1 Staff responsibilities for food service activities shall not reduce staff/child ratios nor be allowed to interfere in other ways with the Center's program or supervision of children while performing food service activities.
- 63.4 <u>A Licensee shall submit to OCCL a sample two-week menu of meals and/or snacks provided by the Center</u> with their renewal application. A Licensee not providing meals and/or snacks shall submit a statement to that effect with their renewal application.
- 63.5 A Licensee shall ensure that menus of meals and/or snacks provided by the Center are planned in advance, dated, and posted in a prominent place. Menus noting actual food served shall be retained by the Center for thirty (30) days. Any changes made in actual food served on a particular date shall be documented on the menu on or before that date.
- 63.6 <u>A Licensee shall ensure that meals and snacks are provided by a Center except when one (1) of the following circumstances occurs:</u>
  - 63.6.1 <u>A written statement has been signed by a parent/guardian and kept on file indicating that the parent/guardian has chosen to provide food for the child;</u>
  - 63.6.2 The Licensee makes it known to all parents/guardians at the time of application for enrollment that meals and/or snacks are to be provided by parents/guardians and informs parents/guardians of the importance of sending meals and/or snacks that meet the nutritional needs of children.
  - 63.6.3 The Center has a field trip or a specific activity requiring special meal arrangements.
- 63.7 <u>A Licensee shall ensure that appropriately-timed meals and snacks are served in accordance with the following schedule based on the number of hours the child is present at the Center:</u>

Number of Hours	Meals/Snacks Required
2 hours - 4 hours	1 snack
4 hours - 6 hours	1 meal and 1 snack
7 hours – 11 hours	2 meals and 1 snack or 2 snacks and 1 meal based on time of child's arrival

12 hours or more	
12 hours or more	3 meals and 2 snacks
	5 meais and 2 shacks

- 63.8 A Licensee shall ensure that if adults choose to eat meals with children, they shall eat the same foods and beverages served by the center. If food is not provided by the center, adults who choose to eat with children shall model consuming nutritious food and beverages.
- 63.9 A Licensee shall ensure that meals and snacks provided by the Center are in accordance with the meal pattern requirements (see Appendix) which are adjusted according to the age of the infant and child. In order to satisfy basic child health needs of hunger or food insecurity, a licensee who provides meals and/or snacks shall provide one (1) additional age-appropriate serving to infants/children who express they are still hungry. Parents shall be informed of this policy.
- 63.10 <u>A Licensee shall ensure that parents who provide meals and snacks are informed of recommended nutritional</u> components and serving sizes for children's meals and snacks.
- 63.11 <u>A Licensee shall provide food based on the basic food groups as follows:</u>
  - 63.11.1 Milk: fluid pasteurized non-fat (skim) or low-fat (1%) cow's milk for children over two (2) years of age. Infants shall be fed formula or breast milk. Children one (1) to two (2) years of age shall be fed whole fluid pasteurized cow's milk when not on formula or breast milk;
  - 63.11.2 Proteins: meat, fish, poultry, eggs, yogurt, cheese, peanut butter, dried beans, peas, and nuts;
  - 63.11.3 Fruits and vegetables: include a variety of fresh, frozen, and canned vegetables and fruits without added sugar; and
  - 63.11.4 Grains: Whole grain and enriched products such as breads, cereals, pastas, crackers, and rice.
- 63.12 <u>A Licensee shall ensure that when juice is served, 100% unsweetened juice is used, and not a juice drink or cocktail.</u>
- 63.13 A Licensee shall ensure that children are encouraged but not forced to eat.
- 63.14 <u>A Licensee shall provide for the introduction of a variety of food textures, finger foods, and a cup and utensils</u> as appropriate in the training of self-feeding and nutrition education.
- 63.15 <u>A Licensee shall ensure that powdered milk is not used as a substitute for fluid milk for drinking purposes but</u> may be used in cooking.
- 63.16 A Licensee shall ensure that special, therapeutic diets are served by Center staff only upon written instructions by a health care provider. If the parent(s)/guardian(s) requests any modification of basic meal patterns (see Appendix, Meal Pattern Requirements for Infants and Meal Pattern Requirements for Children) due to a child's medical need(s) such as food allergies or food intolerance, the parent(s)/guardian(s) provide the Center with written documentation from the child's health care provider permitting the modification.
- 63.17 A Licensee shall ensure that if the parent(s)/guardian(s) requests any modification of basic meal patterns (see Appendix, Meal Pattern Requirements for Infants and Meal Pattern Requirement for Children) due to a family's food preferences or religious beliefs, the parent(s)/guardian(s) provide the Center with written documentation specifying which foods are unacceptable and the food substitutions allowed within the same food group.
- 63.18 A Licensee shall have a policy to address the needs of a child who is breastfed.
- 63.19 <u>A Licensee shall ensure that each individual child has his or her own utensils such as a fork, spoon, knife, dish, cup or bottle as appropriate to the age of the child, to eat with or be fed with. Such equipment shall not be shared with another child during feeding. All single service dinnerware or utensils provided for meals or snacks shall be discarded immediately after use.</u>

# 64.0 Feeding of Infants and Toddlers (Rule 360)

- 64.1 <u>A Licensee shall ensure that foods and beverages provided to an infant are served on demand or during a span of time consistent with the infant's eating habits according to the following guidelines:</u>
  - 64.1.1 A written statement specifying foods and beverages including specific formula or breast milk and a feeding schedule shall be obtained from the parent(s)/guardian(s) for each infant at least on a monthly basis. Staff shall be trained on the proper handling, storage, preparation, and feeding of breast milk and formula if applicable to their program.
    - 64.1.1.1 Mixing formula with cereal, juice, or any other food or beverage other than water in a bottle shall be considered a modification of a basic meal pattern and require written documentation from an infant's health care provider permitting the modification;
  - 64.1.2 <u>A daily written record of each infant's nutritional intake shall be documented and provided to the parent(s)/</u> guardian(s) daily. Any feeding problems experienced by an infant shall be discussed with his/her parent(s)/ guardian(s) before the infant's daily departure from the Center.

- 64.1.3 An infant shall be held for bottle-feeding when too young to use a feeding chair or other age-appropriate seating apparatus when fed. If an infant is able to hold his/her bottle and has established independency (a desire not to be held while fed), he/she shall be placed in a high chair or at a feeding table.
- 64.2 <u>A Licensee shall practice paced bottle-feeding (allowing the infant to take breaks) at all feedings. Infants shall be observed for signs of fullness, and shall be allowed to stop a feeding when full unless written documentation from an infant's health care provider permitting a modification is supplied.</u>
- 64.3 <u>A Licensee shall not feed formula to an infant exclusively receiving breast milk, without parental permission.</u>
  - 64.3.1 <u>A staff person shall not hold more than one (1) infant at a time for bottle feeding.</u>
  - 64.3.2 At no time shall an infant be placed in his or her crib or any sleeping, resting, or relaxing equipment with a bottle for feeding nor may a bottle be propped for feeding an infant;
  - 64.3.3 Bottles and infant foods shall be warmed for no more than five (5) minutes under running warm tap water or by placing them in a container of water that is no warmer than 120 degrees F. and shall not be warmed or thawed in a microwave oven. Bottles of breast milk shall be gently swirled to mix contents, and shall never be shaken;
  - 64.3.4 For infants four (4) to seven (7) months of age, semi-solid foods may be introduced as requested by parent(s)/guardian(s) and shall be required once an infant is eight (8) months of age unless written documentation from an infant(s) health care provider permitting a modification is supplied.
  - 64.3.5 Foods for infants shall be a texture and consistency that promotes safe and optimal consumption and served from a dish unless the entire contents of the jar will be served. Introduction to all new foods and beverages shall be made only with the parent(s)'/guardian(s)' permission.
  - 64.3.6 Cow's milk shall not be served to infants.
  - 64.3.7 Bottles and nipples maintained by Center staff shall be washed and sanitized before each use.
  - 64.3.8 Each infant's bottle shall be individually labeled with the infant's name and refrigerated immediately after preparation by Center staff or upon arrival if prepared by a parent/guardian.
  - 64.3.9 Unused bottles shall also be dated as to when prepared if not returned to the parent(s)/guardian(s) at the end of each day.
  - 64.3.10 Unused portions of formula or breast milk shall be discarded after each feeding that exceeds a period of one (1) hour from beginning of feeding.
  - 64.3.11 Formula provided by parents/guardians or by the Center shall come in a factory-sealed container.
  - 64.3.12 Refrigerated, unused, prepared formula shall be discarded after forty-eight (48) hours;
  - 64.3.13 Breast milk shall be fed only to that mother's own infant. Frozen breast milk shall be thawed under running cold water or in the refrigerator and used within 24 hours. Expressed breast milk shall be discarded if it is in an unsanitary bottle or has been unrefrigerated for more than one (1) hour. Refrigerated, unused, expressed breast milk that was never frozen shall be discarded after forty-eight (48) hours, or by three (3) months if frozen and stored in a deep freezer at zero (0) degrees F.
  - 64.3.14 Juices may not be served to children under one (1) year of age unless by written parental request.
  - 64.3.15 Center staff shall encourage the use of a cup when an infant is developmentally capable of drinking from or holding a cup.
- 64.4 Meal Components for Toddlers and Older Children (Rules 356 359)
  - 64.4.1 <u>A Licensee shall ensure that a breakfast provided and served by a center has at least one (1) age-appropriate serving-size item each from the milk, fruits and vegetables, and grain food groups as described in these Regulations.</u>
  - 64.4.2 <u>A Licensee shall ensure that a lunch or dinner provided and served by a center has one (1) age-appropriate serving-size item from each of the milk, meat or meat alternative, and grain food groups and two (2) items from the fruit and vegetable food group as described in these Regulations.</u>
  - 64.4.3 <u>A Licensee shall ensure that a snack provided and served by a center has at least one (1) age-appropriate</u> serving-size item from two (2) of the food groups as described in these Regulations. If milk or 100% juice is not included with a snack provided and served by the center, water shall also be served with that snack.
  - 64.4.4 <u>A Licensee shall ensure that the use of a cup is taught and encouraged for children after one (1) year of age.</u>

# PART IV EARLY CARE AND EDUCATION

# 65.0 Positive Behavior Management (Rules 361-363)

- 65.1 <u>A Licensee shall have a written statement in plain language regarding the positive behavior management of children. The statement on positive behavior management shall be posted in a prominent place in the Center and routinely provided to parents/guardians and staff.</u>
- 65.2 <u>A Licensee shall ensure that all staff use prevention strategies, appropriate redirection rather than restraint, and positive developmentally appropriate methods of behavior management of children which encourage selfcontrol, self-direction, positive self-esteem, social responsibility, and cooperation. Staff may not handle children roughly nor encourage or otherwise condone children hitting or disciplining each other.</u>
  - 65.2.1 The Center shall consult with professionals and with the parent(s)/guardian(s) to design effective positive behavioral interventions and to adapt behavior management practices for a child who has a special need(s), including a behavioral and/or emotional disability.
- 65.3 <u>A Licensee shall ensure that staff members model positive behavior management techniques and respectful</u> communication interactions when relating to children, other staff members, parent(s)/guardian(s), and visitors while at the Center.
- 65.4 <u>"Time-out", if used, shall be appropriate for the developmental age of the child, employed as a supplement to, not a substitute for, other developmentally appropriate, positive methods of behavior management, and not used with infants. "Time-out" shall be limited to brief periods of no more than one (1) minute for each year of a child's age. Before using "time-out", the staff member shall discuss the reason for the "time-out" in language appropriate to the child's level of development and understanding.</u>
  - 65.4.1 <u>A child removed from the group or room during a time-out shall remain under direct visual supervision at all</u> times and shall never be left unattended behind closed doors. Before rejoining the group or returning to the room, staff shall talk to the child about alternatives to the inappropriate behavior in a way that shows faith in the child's ability to make more positive decisions in the future.
- 65.5 A Licensee shall ensure that the following actions are prohibited:
  - 65.5.1 Corporal punishment inflicted in any way on a child's body including shaking, hair pulling, biting, pinching, slapping, hitting, kicking, or spanking is prohibited.
  - 65.5.2 Children shall not be yelled at, humiliated, frightened, or verbally, physically or sexually abused by staff.
  - 65.5.3 Disparaging comments about a child's appearance, ability, ethnicity, family or other personal characteristics is prohibited.
  - 65.5.4 Children shall not be deprived of food or toilet use as a consequence of inappropriate behavior.
  - 65.5.5 Children shall not be tied, taped, chained, caged, or placed in mechanical restraints as consequence of inappropriate behavior.
  - 65.5.6 Children shall not be punished for not going to sleep, toileting accident, failure to eat all or part of food, or failure to complete a prescribed activity.
  - 65.5.7 Withholding physical activity as punishment is prohibited.

# 66.0 Program Goals and Planning (Rules 374-384 & 189)

- 66.1 A Licensee shall ensure that the program in a Center provides physical care routines appropriate to each child's developmental needs. The curriculum goals and program of daily activities for each group of children shall be implemented by an assigned staff member in the position of Early Childhood Teacher, School-Age Site Coordinator, Early Childhood Assistant Teacher, School-Age Site Assistant, or Early Childhood Caregiver with approval and monitoring by the either the Early Childhood Administrator, School-Age Administrator, Early Childhood Curriculum Coordinator, or School-Age Site Coordinator when assigned such duty.
- 66.2 <u>A Licensee shall develop written goals for children's development and education. Goals shall include areas of physical, social, emotional, language/literacy, and cognitive development and be appropriate to the ages and developmental levels of the children in attendance at the Center.</u>
- 66.3 A Licensee shall have and follow a written lesson plan of varied, developmentally appropriate activities designed to help all children preschool-age and younger reach the goals described in Subsection 66.2. The lesson plan shall be current and posted for easy reference by parents/guardians and staff. Any changes made in actual lesson plan for a particular date shall be documented on the posted lesson plan on or before that date. The lesson plan shall include at least one (1) daily activity for each goal specified in Subsection 66. Activities that allow children to choose to participate with the whole group, part of the group, or independently shall be included. The plan shall reflect that the children have the choice to participate in at least four (4) activities each day. The time allotted for such activities shall be at least one-third (1/3) of the time the child is in attendance for a particular day. Adaptations and accommodations of activities, adult-child interactions, teaching strategies, and materials or equipment shall be made as needed for all children, including those with disabilities to enable them to reach goals described in IEPs, IFSPs, and Section 504 plans.

- 66.3.1 Lesson plans shall be based on best practices and accepted research in the field of early care and education and in alignment with principles and foundations of learning and development such as the Delaware Early Learning Foundations: Preschool, Delaware Early Learning Foundations: Infant/Toddler and also as set forth by the Delaware and/or United States Department of Education.
- 66.4 <u>A Licensee shall ensure that activities and materials reflect children's cultures and communities, including both</u> <u>familiar and new materials, pictures, and experiences.</u>
- 66.5 <u>A Licensee shall develop and follow a schedule for each group of children that is posted for easy reference by parents/guardians and staff. The schedule shall show blocks of time including periods for both active and quiet play or rest; indoor and outdoor activities; and both free choice and staff-directed activities.</u>
- 66.6 <u>A Licensee shall ensure that for toddlers and older children, indoor physical space is organized into identifiable</u> activity areas with daily or at least weekly opportunities for children to learn in the following areas and documented on the lesson plan;

Daily Activities	Weekly Activities	
Language and literacy	Cooking or Food Exploration/Healthy Habits	
Dramatic Play	Science and Nature Investigation	
Construction/Blocks	Music and Rhythm	
Creative Arts	- <u>Multi-Sensory Play</u>	
Manipulative/Mathematics/Problem Solving		

- 66.7 A Licensee shall ensure that each child including infants, according to his or her ability, is provided the opportunity for a minimum of twenty (20) minutes of moderate to vigorous physical activity indoors and/or outdoors, for every three (3) hours the child is in attendance between the hours of 7:00 am to 7:00 pm. This active play opportunity may occur in one or more blocks of time daily. Structured physical activities shall be adapted to allow inclusion of children of all abilities.
  - 66.7.1 Weather permitting, infants shall be provided with daily outdoor play which may include riding in a stroller or carriage, but must also include opportunities for gross motor development (such as unrestricted play on a surface that is safe and free of hazards, such as on a blanket, indoors and/or outdoors.
- 66.8 A Licensee shall ensure that screen time activities such as television, digital video display (DVD), gaming devices, tablet and phone viewing, computer, and video cassette viewing be supervised by a staff member and limited to programs, games, and websites that are age-appropriate and educational. Children shall be protected from exposure to inappropriate websites. Screen time activities are prohibited for children younger than two (2) years of age and require written permission from the parent/guardian of all other children. Screen time shall not exceed one (1) hour daily per child or group of children but may be extended for specific special events or occasions.

# 67.0 Documenting Children's Progress (Rules 385-386, 392, & 395)

- 67.1 A Licensee shall have an organized system for documenting the annual progress of individual children preschool-age and younger in relation to appropriate developmental and educational goals. The information gathered to document a child's progress shall be kept in the child's file and shared with the parent(s)/ guardian(s) at a conference. With the parent(s)'/guardian(s)' permission, information may also be shared with other professionals when referring the child for special services.
- 67.2 A Licensee shall ensure that with the approval of the Early Childhood Administrator or Early Childhood Curriculum Coordinator, individual plans are developed for each infant and toddler in care within thirty (30) days of the first day of attendance. The plan shall include both age and individually appropriate goals and describe specific activities and experiences to be provided by staff in support of these goals. Staff shall record these and note developmental milestones, accomplishments, and concerns. Plans shall be reviewed and updated at least three (3) times over a one (1) year period. This information shall be shared with the child's parent(s)/guardian(s).

# 68.0 Infant and Toddler Care (Rules 295, 390, 391, 393, & 410)

68.1 <u>A Licensee shall ensure that approved safety gates are provided and used in stairway areas where infants and toddlers are in care. Gates shall have latching devices that adults, but not children, can open easily in an emergency. Pressure or accordion gates shall not be used.</u>

- 68.2 <u>A Licensee shall provide low chairs and tables or infant seats with trays for table play and mealtime for children</u> no longer being held for feeding. High chairs or feeding tables with attached seats, if used, shall have a wide base and a T-shaped safety strap(s) that must be used.
- 68.3 <u>A Licensee shall provide a rocking chair or other comfortable adult-size seating for at least one-half (1/2) of the staff members on duty in the infant area.</u>
- 68.4 <u>A Licensee shall ensure that children under three (3) years of age do not have access to plastic bags.</u> Styrofoam objects/cups/bowls/toys, and objects with a diameter of less than one (1) inch.
- 68.5 <u>A Licensee shall ensure that walkers and other similar devices are not used unless prescribed by a health care</u> provider. A copy of the prescription or medical authorization shall be kept in the child's file.
- 68.6 Infants shall be provided with supervised tummy time two (2) to three (3) times per day for short periods of a few minutes, while the infant is awake in a safe, clean area such as on a blanket.
- 68.7 <u>A Licensee shall ensure that staff keep written daily records of an infant's feeding, sleeping, diapering, and other routine activities and share these with the infant's parent(s)/guardian(s) at the end of each day.</u>

## 69.0 Interactions with Children (Rules 394, 396, & 397)

- 69.1 <u>A Licensee shall ensure that staff interacts with infants providing the following opportunities throughout the day</u> and by utilizing activities and interactions such as those found in the Delaware Early Learning Foundations including the following:
  - <u>69.1.1</u> Offering frequent face to face interaction with infants when they are awake
  - 69.1.2 Being held and carried
  - 69.1.3 Limiting time spent, while awake, in any confining equipment such as a crib, infant seat, swing, high chair or play pen to less than one-half (1/2) hour during which time an age-appropriate activity shall be provided, immediately after which opportunities for freedom of movement in a sanitary area protected from foot traffic are provided;
  - 69.1.4 Providing opportunities for large muscle activities appropriate to the infant's developmental level such as supervised tummy times for short periods of a few minutes, while the infant is awake;
  - 69.1.5 Providing daily outdoor play opportunities as described in Section 66.7;
  - 69.1.6 <u>Talking with infants during play, feeding and routine care;</u>
  - 69.1.7 Reading to and looking at books with infants while holding or sitting close to them:
  - 69.1.8 Providing varied materials, sights, sounds and other experiences for infants to explore with their senses;
  - 69.1.9 Responding to infants' actions, sounds and beginning language;
  - 69.1.10 Giving names to objects and experiences in the infants' environment;
  - 69.1.11 Providing space and equipment to support infants' developing physical skills such as rolling over, sitting, scooting, crawling, and standing; and
  - 69.1.12 Providing materials and encouragement for infants' beginning pretend play alone, with other children, and with staff.
- 69.2 <u>A Licensee shall ensure that staff interact with toddlers at their eye level, and whenever appropriate, sitting on the floor with the toddlers, providing the following opportunities throughout the day, and by utilizing activities and interactions such as those found in the Delaware Early Learning Foundations including the following:</u>
  - 69.2.1 Offering frequent face to face interactions with the toddlers;
  - 69.2.2 Having conversations with toddlers during play, feeding, and routine care;
  - 69.2.3 Reading to and looking at books with toddlers individually and in small groups;
  - 69.2.4 Encouraging children to play with one another with adult help;
  - 69.2.5 Providing materials and encouragement for pretend play alone and with other children and adults;
  - 69.2.6 Providing varied materials, sights, sounds, and other experiences for toddlers to explore with all their senses;
  - 69.2.7 Providing opportunities for children to walk, run, climb, stack, balance, scribble, draw, and develop fine and large motor skills;
  - 69.2.8 Limiting time spent, while awake, in any confining equipment such as a crib, seat, swing, high chair, or play pen to less than one-half (1/2) hour immediately after which opportunities for freedom of movement in a sanitary area protected from foot traffic are provided;
  - 69.2.9 Responding to toddlers' words and actions with interest and encouragement;
  - 69.2.10 Giving names to objects and experiences in the toddlers' environment; and
  - 69.2.11 Supporting toddlers' development of independence and mastery of feeding, dressing, and other skills.

- 69.3 A Licensee shall ensure that staff interact with preschool-age children at their eye level, and whenever appropriate, sitting on the floor with the children, providing the following opportunities throughout the day and by utilizing activities and interactions such as those found in the Delaware Early Learning Foundations including the following:
  - 69.3.1 Offering frequent face to face interactions with children;
  - 69.3.2 <u>Having conversations with children during play, meals, and routine care;</u>
  - 69.3.3 Reading to and looking at books with children individually and in groups;
  - 69.3.4 Using rhymes, songs, and other ways to help children connect sounds and letters and develop other literacy skills;
  - 69.3.5 <u>Helping children develop mathematical and scientific concepts through play, projects, and investigations of the Center's environment;</u>
  - 69.3.6 Supporting the development of social competence through play and cooperative work with other children;
  - 69.3.7 Providing materials and encouragement for more extended and complex pretend play alone and with other children and staff;
  - 69.3.8 Providing varied materials, sights, sounds, and other experiences for children to investigate and talk about;
  - 69.3.9 Providing opportunities for children to walk, run, climb, stack, balance, scribble, draw, write, and refine fine and large motor skills;
  - 69.3.10 Responding to children's words and actions with interest and encouragement;
  - 69.3.11 Giving names to objects and experiences in the children's environment; and
  - 69.3.12 Supporting children's development of independence and mastery of skills.
- 69.4 <u>A Licensee shall ensure that staff offer activities that meet the widely differing needs and interests of school-age children providing opportunities, materials, and equipment as described in Part VI, School-Age Center Regulations.</u>

## 70.0 Equipment (Rules 401-409)

- 70.1 A Licensee shall provide developmentally appropriate equipment and materials in a quantity sufficient for a variety of indoor and outdoor activities for all children. Materials and equipment shall promote a variety of experiences and choices that support children's social, emotional, language/literacy, intellectual, and physical development.
- 70.2 <u>A Licensee shall ensure that for infants and toddlers under eighteen (18) months of age, developmentally</u> appropriate supplies and/or equipment in each of the following categories such as those listed below are provided in quantities as described in Subsection 70.1.
  - 70.2.1 <u>Sensory supplies and equipment: teething toys, busy boxes, baby mirrors, rattles, melody chimes, squeeze toys; or other comparable supplies or equipment;</u>
  - 70.2.2 Language/dramatic play supplies and equipment: picture books, toy telephones, tapes or CDs, hand puppets, washable stuffed animals and dolls, photographs, or other comparable supplies or equipment;
  - 70.2.3 <u>Manipulative supplies and equipment: squeeze and grip toys, boxes, sorting and stacking toys, three (3) or</u> <u>four (4) piece wooden inlay puzzles, puzzle blocks, simple threading toys, mobile pull toys, balls, or other</u> <u>comparable supplies or equipment;</u>
  - 70.2.4 Building supplies and equipment: soft lightweight blocks, toy cars, trains and/or boats, figures of animals and people, stacking rings and/or cups, nesting toys, or other comparable supplies or equipment;
  - 70.2.5 Building supplies and equipment: soft lightweight blocks, toy cars, trains and/or boats, figures of animals and people, stacking rings and/or cups, nesting toys, or other comparable supplies or equipment;
  - 70.2.6 \_\_muscle supplies and equipment: low climbers, slides, riding/rocking toys, foam or soft plastic balls, gym mats, play tunnels, or other comparable supplies and equipment; and
  - 70.2.7 <u>Music supplies and equipment: rhythm instruments, tape or CD player and CDs and tapes, toys with</u> <u>musical tones, musical mobiles and/or busy boxes, drums, xylophones and/or pianos, or other comparable</u> <u>supplies or equipment.</u>
- 70.3 <u>A Licensee shall ensure that for children over eighteen (18) months of age, developmentally appropriate</u> supplies and/or equipment in each of the following categories such as those listed below are provided in guantities as described in Subsection 70.1.
  - 70.3.1 Language/literacy supplies and equipment: books, flannel board, upper and lower case letters, pictures for discussion, materials for recognition, identification, and/or classification, poetry, puppets, audio-visual materials, show and tell items, or other comparable supplies or equipment;

- 70.3.2 Science and math supplies and equipment: plants and gardening equipment, aquarium with fish and/or other appropriate live animals, water table with supplies, sand table with supplies, cooking supplies, weather chart and/or thermometer, counting equipment, balance scale, or other comparable supplies or equipment;
- 70.3.3 <u>Manipulative supplies and equipment: puzzles, pegs and pegboards, lacing boards, building toys, stencils,</u> <u>dominoes, pounding bench, lotto games, or other comparable supplies and equipment;</u>
- 70.3.4 Large muscle equipment: rocking boat, wheel toys, climbers, slides, balance beam, barrels and/or large cartons, parachute, balls and beanbags, outdoor play equipment, gym mats, or other comparable supplies and equipment;
- 70.3.5 Building activities: unit blocks (minimum of four (4) sizes), transportation toys, farm animals, play people, work bench and tools, building toys, building logs, or other comparable supplies and equipment;
- 70.3.6 Art supplies and equipment: crayons, tempera paint, large brushes and newsprint, finger paint and finger paint paper, construction paper in assorted colors, paste or glue, blunt scissors, collage materials, non-toxic felt tip markers, easels, clay or play dough, or other comparable supplies and equipment;
- 70.3.7 <u>Music supplies and equipment: tape/CD player, tapes or CDs, piano and/or organ, guitar, rhythm sticks,</u> <u>drums, cymbals and bells, tape recorder, or other comparable supplies and equipment; and</u>
- 70.3.8 Dramatic play supplies and equipment: toy dishes, ironing board, telephones, occupational props and/or uniforms, dress-up clothes, housekeeping area (stove, sink, refrigerator), cradle or doll bed, doll carriage, dolls, puppets, play grocery store, post office or hospital, or other comparable supplies and equipment.
- 70.4 A Licensee shall ensure that toys, play equipment and other equipment used by the children are of sturdy and safe construction and free from hazards such as causing entrapment, and having rough edges, sharp corners, pinch and crush points, splinters, exposed bolts, small loose pieces and are free from recall.
- 70.5 <u>A Licensee shall ensure that furniture is durable and child-sized or adapted to children's use. Tables shall be at waist height of the intended child-user and the child's feet are able to reach a firm surface while the child is seated.</u>
- 70.6 A Licensee shall ensure that equipment and materials are selected or adapted to allow all children, including those with disabilities and other special needs, to benefit from the program.
- 70.7 A Licensee shall ensure that equipment and supplies are relevant to the cultural background and community of all children and foster awareness of other cultures and communities.
- 70.8 A Licensee shall prohibit toys that explode or fire objects.

# PART V ADDITIONAL PROVISIONS FOR NIGHT CARE

# 71.0 General (Rules 416-417)

- 71.1 Night Care may be provided by a Center licensed to provide only Night Care or as a component of a licensed <u>Center.</u>
- 71.2 <u>A Center licensed to provide only Night Care shall be exempt from the following regulations in **Part I**, <u>GENERAL PROVISIONS</u>:</u>
  - 71.2.1 Subsection 30.1 (Number of Staff) and
  - 71.2.2 Section 40.0 (Outdoor Area).

# 72.0 Staffing (Rules 428-430)

- 72.1 A Licensee shall ensure that staff members are awake at all times and monitor sleeping children.
- 72.2 <u>A Licensee shall ensure that a single staff member provides no more than sixteen (16) hours of child care</u> within a twenty-four (24) hour period with at least seven (7) consecutive hours of rest off the Center's premises. No other employment shall be permitted during the hours of rest.
- 72.3 <u>A Licensee shall ensure that when children one (1) year and older are sleeping at least one-half (1/2) of the required staff are physically present with the children and directly observing the children.</u>
- 72.4 A Licensee shall ensure that at least two (2) staff are present and with the children at all times when four (4) or more children one (1) year and older are present.
  - 72.4.1 When only one (1) staff member is present with the children, the Licensee shall have emergency procedures providing immediate access to emergency service and additional staff available at the Center within one (1) minute of being contacted.
  - 72.4.2 When only one (1) staff member is present with the children, the staff member shall have no other responsibilities than direct child care during that time.

# 73.0 Activities (Rules 431-432)

- 73.1 <u>A Licensee shall ensure that a program of activities is provided to children before bedtime.</u>
- 73.2 A Licensee shall ensure that each child is given individual attention at bedtime and upon awakening.
  - 73.2.1 The Licensee shall discuss with the parent(s)/guardian(s) any special preferences or habits of the child regarding bedtime and awakening and share this information with the staff member in charge of the child.

# 74.0 Security (Rules 418-419)

- 74.1 <u>A Licensee shall show evidence of a security program to ensure that access to children is limited to authorized persons.</u>
- 74.2 <u>A Licensee shall ensure that the exterior of the building is illuminated in accordance with Subsection 36.3.</u>

# 75.0 Sleeping Arrangements (Rules 420-423)

- 75.1 <u>A Licensee shall ensure that sleeping arrangements are structured so that children who are awake are cared</u> for in a separate area from sleeping children and that sleeping children are not disturbed.
- 75.2 <u>A Licensee shall ensure that children school-age and older do not share a dressing area with persons of the opposite sex.</u>
- 75.3 A Licensee shall ensure that each child is provided with sleeping equipment as specified in Section 42.0.
  - 75.3.1 For children For children sleeping four (4) or more hours at the Center during the evening or are sleeping overnight, the Licensee shall provide, as appropriate to their age, a crib or individual bed with a mattress that is covered with sheets and, for non-infants, a seasonably-appropriate blanket.
  - 75.3.2 The Licensee shall also provide a pillow with a pillowcase for a child in a bed.
- 75.4 <u>A Licensee shall ensure that each child has individual, clean, and comfortable sleeping garments.</u>

# 76.0 Bathing and Grooming (Rules 424-427)

- 76.1 A Licensee shall follow the parent(s)'/guardian(s)' preference regarding bathing the child as discussed with the parent(s)/guardian(s) and noted in the child's record.
  - <u>76.1.1</u> Each child shall be bathed individually and not placed together in a bathtub, shower, or portable bathing equipment.
    - 76.1.1.1 Bathing equipment shall be cleaned with soap and water and sanitized before each use and equipped to prevent slipping.
    - 76.1.1.2 <u>An infant shall be bathed in age-appropriate bathing equipment.</u>
    - <u>76.1.1.3</u> <u>No child may be bathed in a sink utilized for cleaning dishes and/or utensils.</u>
  - 76.1.2 Water temperature shall be checked to prevent burns or scalding, or for water that is too cold.
  - 76.1.3 Individual towels and washcloths shall be provided for each child.
- 76.2 <u>A Licensee shall ensure that no child is left unsupervised while in a bathtub or shower.</u>
  - 76.2.1 <u>A child capable of bathing alone shall be allowed to bathe in private with written permission from parent(s)/</u> guardian(s). A staff member shall respect that child's privacy but be immediately available to ensure the child's safety and to offer assistance when requested by the child.
- 76.3 A Licensee shall ensure that there is a night light in the bathroom, hallway and sleeping areas as dictated by the individual needs of the children.
- 76.4 <u>A Licensee shall ensure that combs, toothbrushes, brushes and other such personal items are marked with the owner's name and stored separately and used only by that child.</u>

# PART VI ADDITIONAL PROVISIONS FOR SCHOOL-AGE ONLY CENTERS

# 77.0 General (Rules 433 & 434)

- 77.1 School-Age Care may be provided by a School-Age Center that exclusively offers care, education, protection, supervision or guidance for school-age children before and/or after school, during school holidays, and/or summer months.
- 77.2 <u>A School-Age Center shall comply with all regulations contained in this document except for these designated</u> regulations in Part 1, General Provisions from which they are exempt:
  - 77.2.1 Subsections 43.2-13.5 (Number of Toilets);
  - 77.2.2 Subsection 36.13 (General Safety Practices Outlet Covers);

- 77.2.3 Subsections 63.18, 64.1 and 64.4.4, (Infant and Toddler Food and Nutrition);
- 77.2.4 Subsection 66.6 (Sensory Play);
- 77.2.5 Subsection 67.1 (Documenting Children's Progress);
- 77.2.6 Section 68.0 (Infant And Toddler Care);
- 77.2.7 Subsection 69.1 (Interactions with Infants);
- 77.2.8 Subsection 69.2 (Interactions with Toddlers);
- 77.2.9 Subsection 69.3 (interactions with Preschool-Age Children); and
- 77.2.10 Subsections 70.2 and 70.3 (Equipment);
- 77.2.11 Section 42.0 (Sleeping accommodations; unless there are children who nap/sleep at the school-age only center); and
- 77.2.12 School-Age only programs located in a public or private school are exempt from the covered trash can requirement found in Subsection 36.6.
- 77.3 A volunteer who is working as part of an educational degree-granting program and assigned to a School-Age Only Center must be fingerprinted for their educational institution and may not be alone with children unless qualified as specified in these regulations through Delaware First. The fingerprint verifications for these students must be on file at the facility.

# 78.0 School-Age Staff Positions (Rules 439-444)

78.1 School-Age Administrator. A Licensee shall ensure that a School-Age Administrator is at least twenty-one (21) years of age and is fully qualified as an Early Childhood Administrator with at least fifteen (15) clock hours of approved training in school-age care or meets the following education and experience qualification:

Education	<u>Area of Study/</u> <u>Major</u>	Regionally Accredited College/University Credits <sup>1</sup>	Experience <sup>2</sup>
At least a Bachelor Degree or Associate Degree from a regionally accredited college or university	All areas of study	Successful completion of at least fifteen (15) credit hours from a regionally accredited college/university with at least three (3) credit hours in each of the following areas: child development/learning, environment/curriculum, social emotional development, observation/ assessment; and one three (3) hour early childhood elective of the learner's choice	Eighteen months (18) experience working with children kindergarten through sixth grade in a group setting.
<sup>1</sup> Possession of an Administrator's credential issued by the Delaware Department of Education (DOE), its designee, or by another state's body authorized in that state as the professional development entity for its early childhood workforce may substitute for three (3) college/university credits. Possession of the early childhood or school-age administrator's credential alone does not qualify an individual as an early childhood administrator. <sup>2</sup> Three (3) months supervised student teaching of children kindergarten through sixth grade may substitute for six (6) months of the required experience.			

# 78.2 School-Age Site Coordinator. A Licensee shall ensure that a School-Age Site Coordinator is at least twenty (20) years of age and meets the following education and experience qualification:

Education	<u>Area of Study/</u> <u>Major</u>	Regionally Accredited College/ University Credits <sup>1</sup>	Experience <sup>2</sup>
At least a high school diploma or equivalent recognized by the Delaware Department of Education	Any	Successful completion of at least twelve (12) college/university credits in recreation, elementary education, school-age care, or school-age administration	Twelve months (12) experience working with children kindergarten through sixth grade in a group setting.

<sup>1</sup><u>Possession of a school-age credential issued by the Delaware Department of Education (DOE), its designee, or by another state's body authorized in that state as the professional development entity for its early childhood workforce may substitute for three (3) college/university credits.</u>

<sup>2</sup><u>Three (3) months supervised student teaching of children kindergarten through sixth grade may substitute for six (6)</u> months of the required experience.

78.3 School-Age Site Assistant. A Licensee shall ensure that a School-Age Site Assistant is at least 18 years of age and meets one (1) of the following education and experience qualifications:

Education	<u>Area of Study/</u> <u>Major</u>	Regionally Accredited College/ University Credits or quality- assured training	<u>Experience<sup>1</sup></u>	
High School Diploma or equivalent recognized by	All areas of study	Successful completion of three (3) credits in recreation, elementary education, school-age care, or school-age administration -Or-	Part-time employment for one (1) school year from September to June providing education/care to children kindergarten through sixth grade in a group setting -or-	
Delaware Department of Education		Forty-five (45) clock hours of quality- assured training related to the needs of the school-age children served	<u>Full-time employment during the</u> <u>majority of one (1) summer season</u> (June through August) providing <u>education/care to children</u> <u>kindergarten through sixth grade in</u> <u>a group setting</u>	
High School Diploma or equivalent recognized by Delaware Department of Education	<u>All areas of study</u>	Successful completion of at least a single 15 clock hour quality-assured training course on school-age care such as Delaware First's "Moving Youth Ahead." "Youth Development." "School-Age: Supporting Social Emotional Wellness." or "Child Development." within twelve (12) months of employment	Part-time employment from September to June for two (2) school years or full-time employment for one (1) school year providing education/care to children kindergarten through sixth grade in a group setting -or- Full-time employment during the majority of two (2) summer seasons (June through August) providing education/care to children kindergarten through sixth grade in a group setting	
<sup>1</sup> Supervised experience may be substituted for the required experience and will reduce it by one-half.				

# 78.4 School-Age Intern

78.4.1 A School-Age Intern must be at least sixteen (16) years of age (or fifteen (15) years of age if attending a vocational/technical high school's three-year (3) program in early childhood education or a traditional high school's career pathway program in early childhood with verification of enrollment maintained on file at the Center), at least four (4) years older than any child in his/her direct care, always work under the direct supervision of at least a School-Age Site Assistant, may not be alone with children, and may count in the staff/child ratio. A School-Age Intern must meet one of (1) the following qualifications:

### Education

Successful completion of at least three (3) college/university credits from a regionally accredited college/ university in recreation, elementary education, school-age care, or school-age administration.

<u>-or-</u>

Successful completion of at least a single fifteen (15) clock hour professional development training/class of quality-assured training such as "Moving Youth Ahead," "Youth Development," or "School-Age: Supporting Social Emotional Wellness" completed within twelve (12) months of employment.

<u>-or-</u>

Successful completion of the education requirement for any higher level position contained in these regulations.

78.4.2 While maintaining required ratios and group size, a qualified School-Age Intern may be alone with children when:

- 78.4.2.1 Walking children to or from a bathroom;
- 78.4.2.2 Walking children to or from receiving first aid treatment;
- <u>78.4.2.3</u> <u>Walking children to or from a bus stop;</u>
- 78.4.2.4 Walking children from one classroom/area to another within the Center; and
- 78.4.2.5 Supervising an ill child while waiting for pick-up by a parent/guardian.
- 78.5 School-Age Aide. A School-Age Aide must be at least sixteen (16) years of age (or fifteen (15) years of age if attending a vocational/technical high school's three (3) year program in early childhood education or a traditional high school's career pathway program in early childhood with enrollment documentation on file at the Center), always works under the direct supervision of at least a School-Age Site Assistant, may not be alone with children, and will count in the staff/child ratio only during the first twelve (12) months of employment as a School-Age Aide at a single center.

## 79.0 Staffing (Rules 445-451)

- 79.1 <u>A Licensee shall ensure that a School-Age Center has at least one (1) staff member who meets the qualifications for the position of School-Age Administrator. When a School-Age Administrator is responsible for more than one (1) Center, the School-Age Administrator is required to make, at a minimum, a continuous thirty (30) minute documented visit per week at each School-Age Center.</u>
- 79.2 <u>A Licensee shall ensure that a School-Age Center has at least one (1) staff member who meets the qualifications for the position of School-Age Site Coordinator when the School-Age Administrator is responsible for more than one (1) School-Age Center.</u>
- 79.3 <u>A Licensee shall ensure that a staff member with the qualifications of a School-Age Administrator or School-Age Site Coordinator is present at least fifty (50) percent of the hours of operation.</u>
- 79.4 <u>A Licensee shall ensure that a School-Age Site Coordinator is responsible for no more than two (2) School-Age Centers.</u>
- 79.5 <u>A Licensee shall ensure that a School-Age Center has at least one (1) staff member who at least meets the gualifications for and fills the position of School-Age Site Assistant.</u>
- 79.6 A Licensee shall ensure that when a School-Age Administrator or School-Age Site Coordinator is not present at the School-Age Center, an assigned staff member that at least meets the qualifications of School-Age Site Assistant as stated in these Regulations is present and specifically designated as responsible for the School-Age Center. This staff member shall have documented training in the day-to-day operations of the Center with an emphasis on the supervision of children and staff.

# 80.0 Outdoor Play Area (Rules 452 & 453)

- 80.1 <u>A Licensee shall have plans approved by the Office of Child Care Licensing for a safe outdoor play area. This outdoor space for running and games may be provided at the Center or by excursions to public or private playgrounds.</u>
- 80.2 <u>A Licensee operating a School-Age Center at a public or private school may use that school's playground as</u> the outdoor play area upon approval by the Office of Child Care Licensing.
- 81.0 Toilet Facilities (Rule 454)

- 81.1 A Licensee shall ensure that the School-Age Center has one (1) toilet and sink for every twenty-five (25) school-age children, based on licensed capacity.
  - 81.1.1 Urinals shall be counted as one-half (1/2) of a toilet for the purposes of this calculation provided that the population served includes a significant number of males and that a minimum of two (2) flush toilets are available and accessible to both males and females.
  - 81.1.2 Children shall be given privacy in toilet use unless assistance is required.

## 82.0 Transportation (Rule 455)

<u>A Licensee shall document arrangements with parents/guardians and their children's schools regarding any transportation provided by the Licensee to and from the School-Age Center.</u>

## 83.0 Food, Water, and Nutrition (Rule 456)

- 83.1 When provided and served by the facility, a Licensee shall ensure that at a minimum, a nutritious snack comprised of one (1) age-appropriate serving size item from each of two (2) of the four (4) food groups as described in these Regulations is served to each child in after school care. If milk or 100% juice is not included with a snack provided and served by the center, water shall also be served with that snack.
  - 83.1.1 If breakfast is not served at the School-Age Center, a nutritious snack shall be served to each child who is in before school care for more than two (2) hours.
  - 83.1.2 If milk or 100% juice is not included with a snack, water shall also be served with that snack.
- 83.2 <u>A Licensee shall ensure that drinking water is visible and always available to children in their classrooms and outdoors and supplied to them upon their request or available for self-service as appropriate.</u>

### 84.0 Child Care Activities (Rule 457)

- 84.1 <u>A Licensee shall ensure that a program of indoor and outdoor activities and supplies and equipment is provided based on the ages and developmental levels of school-age children served.</u>
  - 84.1.1 As described in Subsection 70.3, supplies and equipment shall be adapted to suit the different ages and interests of the school-age children, including books for all reading abilities, in (70.3.6) sufficient quantities to allow children the opportunity to freely choose activities or materials. There shall be a system of sharing items such as computers that are in high demand but cannot be supplied to all children.
  - 84.1.2 Children shall have the opportunity to take responsibility consistent with their ages for choosing, planning, carrying out, and evaluating their own activities including opportunities to experience a diversity of activities that reflect the (70.3.8) various communities, languages, and cultures of the children in attendance.
  - 84.1.3 The daily schedule and daily or monthly lesson plan for school-age children shall be posted and include the following:

Activities for School-Age Children			
Daily	Monthly		
Opportunities for moderate to vigorous active physical play such as active games, sports, dancing, running, jumping, climbing or exploring the environment; Opportunities for outdoor activities	Opportunities to participate in projects that require an extended		
after school. If weather conditions do not permit outdoor play, children shall be given opportunities for active physical play indoors; and	time period to complete in such topics as science, math, social studies, language arts, cooking, drama, creative arts, or music.		
Opportunities for socialization, conversation, relaxation, and quiet activities such as board or card games, reading, homework and studying.			

# **APPENDIX**

FOR EARLY CARE AND EDUCATION AND SCHOOL-AGE CENTERS (ECESAC) PROVIDING FOOD TO CHILDREN				
OCCL REQUIRED MEAL COMPONENTS				
MEAL COMPONENT	Ages 1 through 2	Ages 3 through 5	Ages 6 through 12	
BREAKFAST – Serve all 3 components (meat/meat alternate is optional).				
<u>1. Milk, fluid</u>	<u>1/2 Cup</u>	<u>3/4 Cup</u>	<u>1 Cup</u>	
2. Fruit or Vegetable	<u>1/4 Cup</u>	<u>1/2 Cup</u>	<u>1/2 Cup</u>	
3. Grain or Bread				
Bread	1/2 Slice	1/2 Slice	<u>1 Slice</u>	
<u>Cereal – Dry</u>	<u>1/4 Cup</u>	<u>1/3 Cup</u>	<u>3/4 Cup</u>	
<u>Cereal – Hot</u>	<u>1/4 Cup</u>	<u>1/4 Cup</u>	<u>1/2 Cup</u>	
4. Meat or Meat Alternative (Optional)				
Lean Meat, poultry or Fish	1/2 Ounce	<u>1/2 Ounce</u>	<u>1 Ounce</u>	
Cheese	1/2 Ounce	1/2 Ounce	<u>1 Ounce</u>	
Cottage Cheese	2 Tablespoons	2 Tablespoons	2 Tablespoons	
Large Egg	<u>1/2 Egg</u>	<u>1/2 Egg</u>	<u>1/2 Egg</u>	
Peanut Butter or other nut/seed Butters	<u>1 Tablespoon</u>	<u>1 Tablespoon</u>	2 Tablespoons	
Nuts or Seeds	<u>1/2 Ounce</u>	1/2 Ounce	<u>1 Ounce</u>	
Yogurt, Plain or Flavored	<u>1/4 Cup</u>	<u>1/4 Cup</u>	<u>1/2 Cup</u>	
LUNCH or SUPPER – Serve all	5 components.			
1. Milk, fluid	<u>1/2 Cup</u>	<u>3/4 Cup</u>	<u>1 Cup</u>	
<ol> <li><u>2. Fruit or Vegetable *</u></li> <li><u>3. Fruit or Vegetable *</u></li> </ol>	1/4 Cup total	1/2 Cup total	3/4 Cup total	
4. Grain or Bread				
Bread	1/2 Slice	1/2 Slice	<u>1 Slice</u>	
Grain or Pasta	<u>1/4 Cup</u>	<u>1/4 Cup</u>	<u>1/2 Cup</u>	
<u>Cereal – Dry</u>	<u>1/4 Cup</u>	<u>1/3 Cup</u>	<u>3/4 Cup</u>	
<u>Cereal – Hot</u>	<u>1/4 Cup</u>	<u>1/4 Cup</u>	<u>1/2 Cup</u>	
5. Meat or Meat Alternate				
Lean meat, poultry or fish	<u>1 Ounce</u>	<u>1 – 1/2 Ounce</u>	2 Ounces	
Cheese (No Cheese Food) <sup>1</sup>	1 Ounce	<u>1 – 1/2 Ounce</u>	2 Ounces	
Cottage Cheese	<u>1/4 Cup</u>	<u>3/8 Cup</u>	<u>1/2 Cup</u>	
Large Egg	<u>1/2 Egg</u>	<u>3/4 Egg</u>	<u>1 Egg</u>	
Cooked Dry Beans/Peas	<u>1/4 Cup</u>	<u>3/8 Cup</u>	<u>1/2 Cup</u>	
Peanut Butter or other nut/seed Butters	2 Tablespoons	<u>3 Tablespoons</u>	4 Tablespoons	
Nuts or Seeds	<u>1/2 Ounce</u>	<u>3/4 Ounce</u>	<u>1 Ounce</u>	

Г				
Yogurt, plain or flavored	<u>1/2 Cup</u>	<u>3/4 Cup</u>	<u>1 Cup</u>	
SNACK – Select 2 of the 4 components.				
<u>1. Milk, fluid</u>	<u>1/2 Cup</u>	<u>1/2 Cup</u>	<u>1 Cup</u>	
2. Fruit or Vegetable	<u>1/2 Cup</u>	<u>1/2 Cup</u>	<u>3/4 Cup</u>	
3. Grain or Bread				
Bread	1/2 Slice	1/2 Slice	<u>1 Slice</u>	
Grain or Pasta	<u>1/4 Cup</u>	<u>1/4 Cup</u>	<u>1/2 Cup</u>	
<u>Cereal – Dry</u>	<u>1/4 Cup</u>	<u>1/3 Cup</u>	<u>3/4 Cup</u>	
<u>Cereal – Hot</u>	<u>1/4 Cup</u>	<u>1/4 Cup</u>	<u>1/2 Cup</u>	
SNACK – Select 2 of the 4 components.				
Lean meat, poultry, or fish	<u>1/2 Ounce</u>	<u>1/2 Ounce</u>	<u>1 Ounce</u>	
<u>Cheese</u>	1/2 Ounce	1/2 Ounce	<u>1 Ounce</u>	
Cottage Cheese	2 Tablespoons	2 Tablespoons	2 Tablespoons	
Large Egg	<u>1/2 Egg</u>	<u>1/2 Egg</u>	<u>1/2 Egg</u>	
Cooked Dry Beans/Peas	<u>1/8 Cup or 2</u> Tablespoons	½ Cup or 2 Tablespoons	<u>1/4 Cup or 4</u> Tablespoons	
Peanut Butter or other nut/seed butters	<u>1 Tablespoon</u>	<u>1 Tablespoon</u>	2 Tablespoons	
Nuts or Seeds	1/2 Ounce	1/2 Ounce	<u>1 Ounce</u>	
Yogurt, Plain or Flavored	<u>1/4 Cup</u>	<u>1/4 Cup</u>	<u>1/2 Cup</u>	

**Cheese Food** - A processed cheese prepared by mixing one or more cheese ingredients with one or more dairy ingredients into a homogeneous plastic mass, which reduces the amount of cheese in the finished product. It must contain at least 51% of the cheese ingredient by weight, have moisture content less than 44%, and contain at least 23% milk fat. **Juice:** Only 100% juice may be served. Serving juice to children 1-2 years of age requires written parental permission.

CHILD AND ADULT CARE FOOD PROGRAM MEAL PATTERN REQUIREMENTS FOR INFANTS				
OCCL REQUIRED MEAL COMPONENTS				
Meal Component	Birth through 3 Months	4 through 7 months	8 through 11 months	
BREAKFAST – Serve th	ne following 3 componer	nts:		
<u>1. Breast Milk or</u> Formula	<u>4 – 6 fluid ounces</u>	<u>4 – 8 fluid ounces</u>	<u>6 – 8 fluid ounces</u>	
2. Infant Cereal	None	<u>0 – 3 Tablespoons</u>	<u>2 – 4 Tablespoons</u>	
3. Fruit or Vegetable or both	None	None	<u>1 – 4 Tablespoons</u>	
LUNCH OR SUPPER – Serve the following 4 components.				
<u>1. Breast Milk or</u> Formula	<u>4 – 6 fluid ounces</u>	<u>4 – 8 fluid ounces</u>	<u>6 – 8 fluid ounces</u>	
2. Infant Cereal	None	<u>0 – 3 Tablespoons</u>	<u>2 – 4 Tablespoons</u>	
3. Fruit or Vegetable	None	<u>0 – 3 Tablespoons</u>	<u>1 – 4 Tablespoons</u>	
4. Meat or Meat Alternate				

Lean meat, poultry, fish, egg yolk, cooked beans or peas	None	None	<u>1 – 4 Tablespoons</u>	
Cheese	None	None	<u>1/2 – 2 ounces</u>	
Cottage Cheese	None	None	<u>1 – 4 ounces</u>	
SNACK – Serve the following 2 components				
<u>1. Breast Milk or</u> Formula	<u>4 – 6 fluid ounces</u>	<u>4 – 6 fluid ounces</u>	<u>2 – 4 fluid ounces</u>	
2. Grain or Bread				
Bread	None	None	<u>0 – 1/2 Slice</u>	
Crackers	None	None	<u>0 – 2 Crackers</u>	

Juice: Infants may not be served juice unless by written parental request.

17 DE Reg. 1155 (06/01/14) (Prop.)